THE "KING," THEN SPRING . . .

fter you've finished celebrating St. Patrick's Day on

March 17, it's time to listen to a little Nat "King"

Juan Capistrano.

Plan the whole year in the spring. - Chinese proverb

TIP OF THE WEEK

ginger root or a clove.

6 scallions, chopped

and chopped

1 cup bean sprouts

olive oil

sheets)

1 red bell pepper, seeded

2 cups sliced mushrooms

2 tablespoons extra virgin

1 tablespoon soy sauce

phyllo pastry (about 12

melted butter to brush on

**n**auté vegetables in olive

and let cool Preheat oven

to 400° F Fold a sheet of

oil until cooked Add

soy sauce and ginger

1/8 teaspoon ground ginger

springtime before your morning

coffee break — the vernal equinox

arrives at 8:55 A.M., EST. With the

Full Worm Moon on March 23,

those early worm castings are lur-

ing the first robins our way. If

you haven't got your seeds

ordered, time's a-wasting! The

swallows are returning to San

Cole (born March 17, 1919). On March 20, welcome

## Mercer Livestock

MERCER, PA MARCH 11, 1997

CATTLE 344... PDA ... Compared with last week's sale ... steers mostly steady. cows steady to 1.75 higher.

STEERS: few High Choice and Prime 1250/1425 lbs. 68.00-70.50, Choice 1000/1500 lbs. 65.00-69.75, few 1500/1680 lbs. 63.25-65.10, Select and Low Choice 61.00-66.00, Select 58.00-60.75, few Standard 45.75-56.50.

HOLSTEINS: few High Choice and Prime 1420/1510 lbs. 63.00-64.25, few Choice 1400/1500 lbs. 56.00-62.25, few Select 50.00-52.75, few Standard 40.00-45.00.

HEIFERS: couple High Choice and Prime 1070 & 1080 lbs. 69.25 & 70.25, Choice 985/1225 lbs. 64.00-68.00, Select 56.00-64.00, Standard 44.00-54.00.

COWS: Breaking Utility and Commercial 38.00-43.50, couple 45.50, Cutter and Boning Utility 33.00-40.75, Canner and Low Cutter 26.75-33.75. Shells down to 20.00.

BULLS: few Yield Grade No. 1 970/2015 lbs. 43.50-54.00, one No. 2 1020 lbs. 34.25.

FEEDER CATTLE: STEERS: few Medium Frame No. 1 550/825 lbs. 58.00-67.00, Large Frame No. 2 300/1065 lbs. 41.50-48.00; HEIFERS: Medium Frame No. 1 325/675 lbs. 53.00-63.00, 725/925 lbs. 46.00-65.00; BULLS: Large & Medium Frame No. 1 350/850 lbs. 50.00-72.00, Large Frame No. 2 400/995 Ibs. 39.50-42.50, few Medium Frame No. 2 465/610 lbs. 45.00-56.00. CALVES 111...VEALERS: Standard

and Good 70/95 lbs. 25.00-32.00, Utility 45/75 lbs. 10.00-26.00.

FARM CALVES: No. 1 Holstein bulls 90/130 lbs. 57.50-82.50, No. 2 85/150 lbs. 34.00-57.50; couple No. 1 Holstein heifers 100 & 105 lbs. 100.00 & 110.00, few No. 2 70/110 lbs. 30.00-85.00. Beef cross bulls and heifers 70/115 lbs. 32.00-95.00. HOGS 66...BARROWS AND GILTS:

few US 1-2 250/265 lbs. 48.00-50.25, US 1-3 220/260 lbs. 45.00-47.25, US 2-3 210/280 lbs. 43.75-44.85.

SOWS: couple US 1-3 490 & 525 lbs. 45.00 & 46.00, few Medium 250/350 lbs. 38.00-43.50.

FEEDER PIGS 0...NO MARKET TESTI

SHEEP 71...SLAUGHTER LAMBS: couple Choice 85 lbs. 125.00, 25/30 lbs. 140.00-160.00.

WOOLED LAMBS: Choice 60/90 lbs. 97.00-115.00.

FEEDER LAMBS: Choice 82.50-97.50. ♦ SLAUGHTER SHEEP: couple 29.00 & 35.00

GOATS 6...Couple Medium 40.00 & 47.50, few Large Kids 27.50-30.00. --- per head.

## Middleburg Livestock MIDDLEBURG, PA MARCH 11, 1997

CATTLE 491 ... SUPPLIED BY THE AUCTION ....steers & heifers 2.00 lower, cows 2.50 lower, bulls steady.

STEERS: High Choice and Prime 1250/1450 lbs. 69.50-71.75, Choice 64.50-69.00, Select 57.00-64.00, Standard 48.00-57.00.

HOLSTEINS: High Choice and Prime 1200/1400 lbs. 58.00-63.00, Choice 1200/1350 lbs. 52.00-58.00, Select 48.00-52.00, Standard 40.00-48.00

HEIFERS: High Choice and Prime 1050/1350 lbs. 68,00-71,00, Choice 1050/1250 lbs 63.00-68.00, Select 56.00-63.00, Standard 40.00-56.00.

COWS: Breaking Utility and Commer-cial 39.00-42.50, Cutter and Boning Utility 34.00-39.00, Canner and Low Cutter 28.00-34.00. Shells down to 20.00.

BULLOCKS: Choice 50.00-55.00.

BULLS: Yield Grade No. 1 1400/2200 lbs. 46.00-54.00, No. 2 1200/2000 lbs. 36.00-45.00.

FREDER CATTLE: STEERS: 400/500 ibs. 55.00-65.00, 600/700 ibs. 57.00-68.00; HEIFERS: 400/500 ibs. 45.00-55.00, 600/700 lbs. 48.00-60.00.

CALVES 241 ... FARM CALVES: No. 1 Holstein bulls 95/1101bs. 60.00-79.00, No. 2 95/120 lbs. 45.00-65.00; No. 1 Holstein heifers 100/110 lbs. 100.00-160.00, No. 2 90/100 lbs. 40.00-100.00.

HOGS 305 ... (03/10 & 11/97) ... Bulk of supply sold on Monday and reported by the auction. Barrows and gilts 1.50 to 2.00 lower.

BARROWS AND GILTS: US 1-2 220/260 lbs. 46.00-48.00, US 1-3 220/270 lbs. 45.00-46.50, US 2-3 210/270 lbs. 44.00-45.00.

SOWS: US 1-3 400/500 lbs. 38.00-42.00, 500/600 lbs. 42.00-46.00. FEEDER PIGS 46...US 1-3 35.00-45.00. --- per head.

SHEEP 70...SLAUGHTER LAMBS: High Choice and Prime 36/40 lbs. 180.00-196.00, Choice 30/40 lbs. 150.00-175.00.

SLAUGHTER SHEEP: 36.00-46.00. GOATS 39...Large 100.00-146.00, Medium 75.00-100.00, Small 40.00-60.00, Large Kids 40.00-60.00. --- per head.





**SPRING ROLLS** phyllo in half, lengthwise, add some of the vegetables, and roll up like an eggroll, turning a halfinch of the edges inward as you roll. Brush with butter and place on baking sheet. Repeat to use all ingredients. Bake about 15

minutes, then turn rolls over and bake for another 15 minutes Serve hot. Makes about 12 rolls.



Special Offer. Handy chart full of interesting weather proverbs Send \$3 to Weather Chart, Dept UF, The Old Farmer's Almanac. Box 520, Dublin,

13 If you're trying to quit smoking, suck on a bit of fresh (Mar. 21) means rain for forty days. The March sun causes

MARCH 17-23, 1997

PALM SUNDAY, MARCH 23.

JARMER'S

PROVERBS

St. Joseph's

19) clear, so

Day (Mar.

follows a

fertile year.

Rain on St.

Benoit's Day

ATHER

dust, and the winds blow it about.

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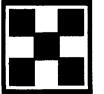
SOW

PRODUCE

Existing Farms

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