

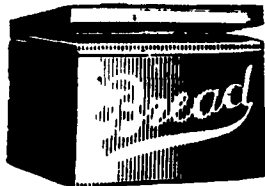


JANUARY 13-19, 1997

PLOUGH MONDAY, JAN. 13.

"BEST THING SINCE SLICED BREAD"

January 18, 1943, was when the sale of sliced bread was discontinued until the end of World War II. How much of a hardship was it? Prices had been going up and up, despite the scarcity of butter. (Most butterfat was being diverted to the manufacture of cheese.) Margarine was subject to a ten percent tax if it was artificially colored, so more and more Americans colored their own with vegetable dyes or used it white. Sliced bread had been around for only about a dozen years, first introduced by the Wonder Bread company of Battle Creek, Michigan, in 1930. Consumers were wary at first; sliced bread went stale quicker. But the convenience caught on



Man does not live by bread alone, even pre-sliced bread.

- Denis William Brogan (1944
 The American Character)

TIP OF THE WEEK

Buy a serrated bread knife, and let the loaf cool slightly before you slice it.

LEMON WALNUT BREAD

- 1/2 cup (1 stick) butter
- 1 cup sugar
- 2 eggs
- 2 scant cups flour, sifted
- 1 scant tablespoon baking powder
- 1/2 teaspoon baking soda
- 1/4 teaspoon salt
- 1/3 cup fresh lemon juice
- 1/2 cup buttermilk
- 1 cup chopped walnuts



Preheat oven to 350° F. Cream the butter and sugar, add the eggs, and beat. Sift dry ingredients into this and add lemon juice and buttermilk. Beat just enough to mix, then add nuts. Pour into a greased loaf pan and bake 50 to 60 minutes. Cool on a rack. Makes 1 loaf.



Always expect a thaw in January.

January thaw, July freshet.

Cumulus clouds smaller at sunset than at noon are signs of continued fair weather.

Got a Question?
 Every day the editors of *The Old Farmer's Almanac* answer a question on the Internet. All questions are archived there as well. On the World Wide Web, the address is <http://www.almanac.com>.

Lebanon Valley Livestock

Fredericksburg, PA
 Friday, January 3, 1997

Report supplied by Auction

STEERS: CHOICE 1250-1400 LBS. 67.00-69.50.
 HOLSTEINS: CHOICE 57.00-60.00.
 COWS: BREAKING UTILITY AND COMMERCIAL 34.00-37.00; CUTTER AND BONING UTILITY 28.00-32.00; CANNER AND LOW CUTTER 26.00-27.75; SHELLS 22.00 AND DOWN.
 FARM CALVES: #1 HOLSTEIN BULLS 60.00-70.00; #2 HOLSTEIN BULLS 45.00-55.00.

TUESDAY, JAN. 7, 1997

STEERS HIGH CHOICE AND PRIME 1200-1450 LBS. 68.00-72.00; CHOICE 1150-1450 LBS. 65.00-67.50; SELECT 62.00-64.00; STANDARD 57.00-59.00.
 HOLSTEINS: SELECT 48.50-53.25; STANDARD 40.00-46.00.
 HEIFERS: HIGH CHOICE AND PRIME 65.00-67.00; CHOICE 62.00-64.00; SELECT 55.00-60.00; STANDARD 45.00-50.00.
 COWS: BREAKING UTILITY AND COMMERCIAL 35.00-38.75; CUTTER AND BONING UTILITY 30.00-34.50; CANNER AND LOW CUTTER 25.00-29.75; SHELLS 20.00 AND DOWN.
 BULLS: YG#1 40.50-45.00.

FEEDER CATTLE: STEERS 40.00-44.00.
 CALVES: STANDARD AND GOOD 40.00-45.00; UTILITY 25.00 AND DOWN.
 FARM CALVES: #1 HOLSTEIN BULLS 75.00-89.00; #2 HOLSTEIN BULLS 65.00-74.00; BEEF X BULLS AND HEIFERS 60.00-85.00.
 HOGS: US#1-2 220-240 LBS. 50.00-51.00.
 SOWS: US#1-3 47.00-48.00; US#1-3 44.00-46.00; #2-3 38.00-40.00.
 BOARS: 30.00-35.00.
 SHEEP: HIGH CHOICE AND PRIME 90-95 LBS. 85.00-89.00.
 GOATS: LARGE 75.00; MEDIUM 49.00-51.00; SMALL 30.00-37.00.

34.75-40.00.
 HEIFERS: CHOICE FEW 945-1070 60.75-67.00; FEW SELECT 55.25-59.50.
 COWS: BREAKING UTILITY AND COMMERCIAL 32.50-38.75; FEW TO 42.00. CUTTER & BONING UTILITY 25.00-31.75; CANNER & LOW CUTTER 22.00-28.50; SHELLS 15.00-20.00.
 BULLS: YIELD GRADE #1 1180-1860 LBS. 40.00-45.25, ONE YIELD GRADE #2 37.50.
 FEEDER CATTLE: M#2 HEIFERS 20.00-39.00, FEW BULLS 20.00-32.00, #2 HOLSTEIN STEERS 25.00-33.50.
 CALVES: 174. STANDARD & GOOD 155-315 LBS. 25.00-57.50, 80-105 LBS. 15.00-24.00, UTILITY 55-115 LBS. 5.00-25.00.
 FARM CALVES: #1 HOLSTEIN BULLS 95-125 LBS. 70.00-90.00, #2 BULLS 85-115 LBS. 35.00-65.00 #1 HOLSTEIN HEIFERS 90-125 LBS. 112.50-135.00.
 HOGS: 67. BARROWS & GILTS COMPARED TO DEC. 18, 1996 STEADY, BARROWS & GILTS US 1-3 242-274 LBS. 51.00-54.00; SOWS U&S 1-3 335-485 LBS. 41.50-45.00, BOARS ONE AT 29.50.
 FEEDER PIGS 80. US 1-3 25-47 LBS. 100.00-135.00 PER CWT.
 SHEEP: 18. CHOICE SLAUGHTER LAMBS 60-120 LBS. 85.00-115.00, SLAUGHTER SHEEP 20.00-40.00.
 GOATS: 6. MATURE GOATS 42.00-64.00 PER HEAD.

Leesport Livestock

Leesport, PA
 Wednesday, January 1, 1997
 Report Supplied by PDA

CATTLE 299...SUPPLY INCLUDED 66 FED STEERS AND HEIFERS, 41 FEEDER CATTLE. COMPARED WITH DEC. 18...STEERS STEADY, COWS 1.00-2.00 LOWER.
 STEERS CHOICE 1005-1365 LBS. 64.50-69.50; SELECT 56.00-64.50.
 HOLSTEINS HIGH CHOICE AND PRIME 1345-1625 LBS. 64.25-66.25; CHOICE 1290-1665 LBS. 56.75-64.00; SELECT 51.00-58.00; STANDARD

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The risk of loss in trading futures and options on futures can be substantial. Futures and options trading may not be suitable for everyone. You should carefully consider the risks in light of your financial condition in deciding whether to trade.



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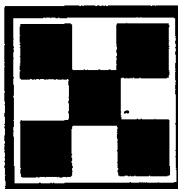


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