

**Family Living  
Focus**  
**Jane Mecum**  
Perry Co. Extension



# Landis Valley Celebrates Harvest

LANCASTER (Lancaster Co.) — Harvest Days come alive at Lancaster's Landis Valley Museum complex on Saturday, October 12, 11 a.m. - 5 p.m. and October 13, noon - 5 p.m. More than 75 traditional Pennsylvania German harvest time activities, music, wagon rides, craft demonstrations home cooked food, an old-fashioned auction and other social activities will engage visitors.

October 12 at 4:45 p.m.; lively music featuring The Lancaster Co. Folk Music and Fiddlers' Society; and the special appearances of "Aunt Fanny" spelling audiences with her authentic Pennsylvania German humor. The popular horse-drawn wagon rides are sure to capture everyone's fancy.

will also be teaching seed saving. Harvest Days at Landis Valley appeals to all ages. An admission is charged — \$7 for adults, \$6 for ages 60+ and \$5 for ages 6-12. The fee includes entrance to the entire museum. No discounts or coupons for admission are honored during the event. Most demonstrations are under cover; the event takes place rain or shine.

The Heirloom Seed Project offers gardeners the opportunity to purchase heritage seeds and the Seed Catalog or discuss heirloom seeds they may want to donate to the museum. Project volunteers

The museum is located 2.5 miles NE of Lancaster on Route 272/Oregon Pike, a marked exit off Route 30 and Route 222.

## Ten Ways To Raise A Little Monster

Everywhere you look, there is a test you can take to determine how skilled you are at doing something. When you're all finished with the test, you are able to tell if you either are a super person, just so-so, or need so much help that you need to send away for a self-help book!

Most tests focus on building positive relationships, but here is one with a different approach; a test to figure out "If You Are Raising A Little Monster."

All you need to do is read over the following 10 questions and write down how many times you could response "yes."

1. Do you use words like "clumsey," "slow," or other names to describe your child?
2. Do you find yourself growling or saying "shut up" at your child on a regular basis?
3. Do you talk badly about your child in front of the neighbors or your child's friends?
4. Do you criticize what your child does, especially when you feel he or she could have done better?
5. Are you busy doing other things while your child tries to tell

you something?

6. Do you jump in and take over for your child because you can do it better or faster?
7. Do you make fun of or call your child names when he or she has a personal accident?
8. Do you talk "rough," "mean," or just plain rudely to your child?
9. Do you yell or scream at your children if they don't act as quickly as you think they should?
10. Do you find yourself punishing your child before you find out his or her side of the story?

What is your score? If you answered yes to five or more questions, congratulations, you are on your way to raising a little monster! If you think life with your two, three, or four-year-old isn't easy, watch out, because life will be getting a lot more difficult.

Now, every parent is guilty of doing all of these things at one time or another. But, as a parent, it is important that you realize that doing several of these behaviors on a regular basis can have a direct impact on a child's self-esteem. Children who are exposed to name calling, humiliation, yelling, and inappropriate punishment will generally act out with bad beha-

The 37th annual Harvest Days is one of Lancaster County's finest festivals. Celebrating the farming traditions and crafts of the Pennsylvania German heritage, this event showcase historical customs from 1750-1900. The largest Pennsylvania German museum in the country, Landis Valley is rated by AAA.

Additional highlights include the "Old-Fashioned Auction" of handmade wares on Saturday, viors. This negative approach, if continued, can result in having a more rebellious child.

Toddlers and pre-schoolers are great copy cats. They learn how to act from watching others, especially their parents. They will use your language and behaviors with other children and adults. They model both the positive and negative behaviors.

How do you keep your child from becoming a little monster? Try sharing your time, showing interest in what your child may be doing, and listening to even their smallest concerns. Use positive statements to frame your criticisms. It is also important to put yourself in your child's place occasionally to see life from a kid's point of view.



Making a hay fork by hand is among the many, many crafts visitors can enjoy watching craftspeople demonstrate at Harvest Days, Oct. 12 and 13, at Landis Valley Museum.

## 100-Year-Old

(Continued from Page B4)

"I don't eat much sweets — candy occasionally," he said. "I cook noodles for my dog," he said. Although Gabel enjoys recalling

the past, he doesn't lament the passing of time. His neighbor, Henry Zimmerman, said, "Wayne has a positive attitude toward life and change. I think that's what keeps him young."

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