

Shriners' Cookbook Sales To Help Children With Medical Problems

READING (Berks Co.) — For almost 75 years, Shriners Hospitals for Crippled Children—a network of 22 pediatric specialty hospitals—have provided free, quality medical care for more than 530,000 children.

How, many people ask, can all care and services provided at Shriners Hospitals be totally without charge to the patient and family with no payments sought from insurance companies or government agencies?

According to Dennis Hagen, commander of the Rajah Temple Legion of Honor (LOH) located in Reading, the monies come from gifts, bequests, endowment fund, and annual dues and fundraisers by Shriner members.

One of these fundraisers is a cookbook put out by LOH.

"Nothing beats home cooking and the proof is right here in this cookbook," said Hagen, who is himself an accomplished cook.

The 124-page spiral-bound cookbook contains about 400 recipes. The recipes, which include soups, salads, appetizers, beverages, vegetables, main dishes, breads, rolls, and desserts, are printed on attractive ecru paper with easy-to-read burgandy print.

Profits of this cookbook will go toward one of the LOH projects called "Kicks For Our Kids." This is a program designed to supply each of the Shrine Hospitals and Burn Centers with a Super Nintendo set and a series of tapes for the children to use.

"We keep going around to the hospitals and upgrading the centers with new games," Hagen said of the 19 Shriners Orthopaedic Hospitals and three burn centers in operation across the U.S., Canada, and Mexico. Three of the hospitals are spinal cord injury centers, one being the Philadelphia unit.

Shriners Hospitals accept and treat any child up to their 18th birthday, if, in the opinion of the hospital's chief of staff, the child can be helped, and if treatment at another facility would place a financial burden on the family. Children of all races and religions are accepted and need not have any relationship to a Shriner.

The first Shriners Hospital was built in 1922. Since 1920, the hospitals have been involved in research. One of its most outstanding achievements was developing a method of "growing skin" from a tiny sample of a burn patient's own skin. In a celebrated 1983 case, this breakthrough enabled the burns institute to save the lives of two boys who were burned over 97 percent of their body surface, marking the first time a cultured organ had ever been used in a life-saving situation as well as the first time any human being was known to survive such a severe injury.

More than 530,000 youngsters have received free treatment at the Shriners Hospitals. Some of the most common orthopaedic problems treated at Shriners Hospitals are Scoliosis (curvature of the spine), Osteogenesis Imperfecta (brittle bone disease), hand and back problems, limb deficiencies and growth problems, orthopaedic problems of Spina Bifida with Myelodysplasia (paralysis of limbs due to faulty congenital development of the spine and spinal nerves), problems resulting from neuromuscular disorders, Legg-Perthes disease (development problems of the hip), rickets



What sets Shriners Hospitals apart from other healthcare facilities is that patients and their families and insurance companies have never been charged for medical services or treatment. Known as the "World's Greatest Philanthropy," the Shriners meet the expenses through an endowment fund, dues and fundraisers such as cookbook sales.

and orthopaedic problems of cerebral palsy. If you know of a child with an orthopaedic disability or burn injury, or if you would like more information about the hospitals, call toll-free, 1-800-237-5055.

The Shriners, who are perhaps best recognized for their colorful parades and distinctive red hats, requires that members have actively served and been honorable discharged from the Armed Services of the U.S., its allies or in active duty. The purpose of the LOH is to conserve the memory of those who made the supreme sacrifice in the service of their country, to foster a spirit of patriotism, and love of country and its flag.

Hagen said that this is the second cookbook the LOH has printed. The first cookbook went on sale in 1993 and was a complete sellout within weeks.

The cost of the new cookbook is \$9 plus \$4 for shipping and handling. Send check or money order to L.O.H. Cookbook, P.O. Box 2543, West Lawn, PA 19609.

Here are some recipes from the cookbook.

BAKED GERMAN POTATO SALAD

- 1 cup diced bacon
- 1 cup chopped celery
- 1 cup chopped onion
- 3 tablespoons flour
- 1 teaspoon salt
- ½ teaspoon black pepper
- ¾ cup sugar
- ¾ cup cider vinegar
- 1½ cups water
- ½ cup fresh parsley, chopped
- 2 teaspoons celery seed
- 2 quarts potatoes, boiled, peeled, and sliced ¼-inch thick (red ones are ideal)

Fry the bacon until crisp in a medium skillet. Remove with a slotted spoon and reserve. If there is not approximately ¼ cup of fat left in skillet, add additional bacon fat or vegetable oil to make that amount. Add the celery and onion; cook over medium heat for 3 minutes. Add flour, salt, and pepper; cook 2 minutes longer. Add the sugar, vinegar, and water all at once and, stirring with a whisk, bring to a boil and cook one minute. Add the parsley, celery seed, and reserved bacon. Combine; remove from heat.

Preheat oven to 375 degrees. Place potatoes in an oiled 13x8x2-inch casserole and pour the dressing over all. Mix very gently so potatoes aren't broken up. Bake for 45 minutes or until the middle of the casserole bubbles. Serves 8 to 10.

Rajah Temple Legion Of Honor 1996 COOKBOOK - 2ND EDITION



- ### DRIED BEEF AND CORN CHOWDER
- 3 ounces dried beef, cut up
 - ½ cup chopped onion
 - 3 tablespoons butter
 - 3 cups diced, peeled potatoes
 - 2 cups frozen corn
 - 1 cup water
 - ½ teaspoon Worcestershire sauce

½ teaspoon dry mustard
 ½ teaspoon salt
 ¼ teaspoon pepper
 4 cups milk
 ½ cup flour

Saute dried beef and onions in melted butter 3 minutes. Add potatoes and next six ingredients. Bring to a boil; reduce heat, cover, and simmer until potatoes are tender. Add 3 cups milk. Mix 1 cup milk with flour until smooth. Stir into soup. Cook, stirring constantly, until mixture thickens. Makes 6 (1½ cup) servings.

OLD-FASHIONED SOFT MOLASSES COOKIES

- 6 cups sifted flour
 - 1½ cups molasses
 - 1 cup sugar
 - ¾ cup corn oil
 - ¾ cup warm water
 - 1½ teaspoon vanilla
 - 2 teaspoons salt
 - 2 teaspoons baking soda
- Sift together dry ingredients. Combine sugar, molasses, corn oil, warm water, and vanilla in large bowl. Beat until well blended. Add dry ingredients, mixing to form a soft dough. Chill one hour. Roll out ¼-inch thick on a floured board, working with a small amount of dough at a time. Cut with a floured 2-inch cutter. Bake on a greased cookie sheet in a 375 degree oven for 10 to 12 minutes. Remove from sheet and cool. Store in tin with apple slices or a slice of fresh bread to keep cookies soft and moist.

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