

# MILK

HELP YOURSELF 

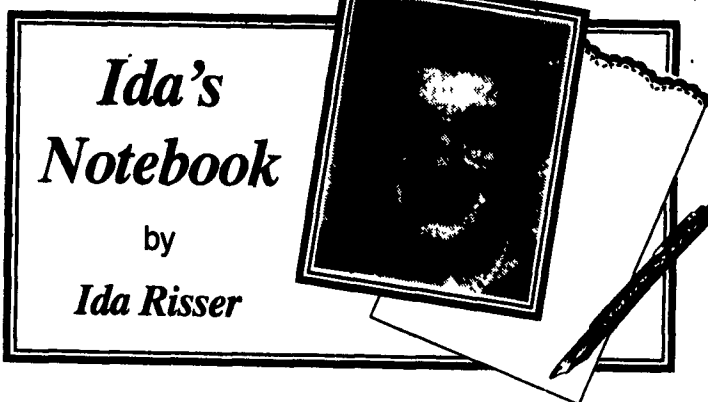
## Sarah Bedgar

(Continued from Page B12)

vesting for the past eight years. The milking herd of 78 cows was sold around Easter of this year. Her grandfather, Arthur Tracey, also rents the home and acreage where Sarah lives to raise replacement heifers on. In addition to her work at home, the energetic 15-year-old has worked part time at another local dairy farm.

Jessica Fritz, the Carroll County Dairy Princess, was selected as this year's Alternate Maryland Dairy Princess. Jessica has been a dairy maid for two years, and is active in the Junior Holstein Association, dairy bowl, FFA, and exhibiting Holstein cattle. She is president of the Carroll County Dairy Club.

The daughter of Daniel and Sharon Fritz of New Windsor, Jessica just recently returned from a three-week trip to Europe as a member of the national champion Maryland 4-H Dairy Judging team. She is a National Honor Society member, and plans to attend a four-



*Ida's Notebook*  
by  
*Ida Risser*

Some summers are dry but so far this year we have had plenty of rain. In fact, we've had so much that my garden vegetables are much larger than usual.

I've given away a dozen large heads of cabbage. The bean stalks are enormous and toppled out of their rows. The one item that is really too prolific is the roly-poly zucchini that I got from Burpee. I've given away these round green and white squash and still have too many for myself.

The damp soil is good for starting a new row of strawberries and the sweet potato plants are growing fine. Even the edible soybean plants are quite big compared to last year when a groundhog kept nibbling them down to the ground. Talking about rain, last week

my husband and I decided to spend two days at our camper on Jack's Mountain. We took the boat out on the nearby lake and fished all afternoon in an off and on drizzle. Actually, we did not get very wet as we had taken jackets along with us. Later, Allen slept on the life preservers while I caught seven pan fish. We had the large lake to ourselves until evening. That night it really rained and it sounded like rain on a tin roof as I remember from my youth. So, we packed up and came home earlier than planned.

Some hay in the meadow beside our house has been laying too long due to the weather. There is alfalfa to be put in the silo too but we need better weather. When it is dry we complain and when it is too wet we don't like that either.

year college and study dairy science or agriculture communications.

A fundraising auction during the evening netted \$575 for the Dairy Princess program. Three items went on the auction block: a

handpainted milk can, a baseball autographed by Cal "The Milman" Ripkin Jr., and a crystal vase of roses. Denny Rensburg served as auctioneer.

Judges for the pageant included June Se-

koll, of Culpeper, V A, editor of Farm Chronicle; Nina Burdette, a farm wife from Mercersburg; and Dave Paddon, National Holstein field representative for Western New York and Southern PA.

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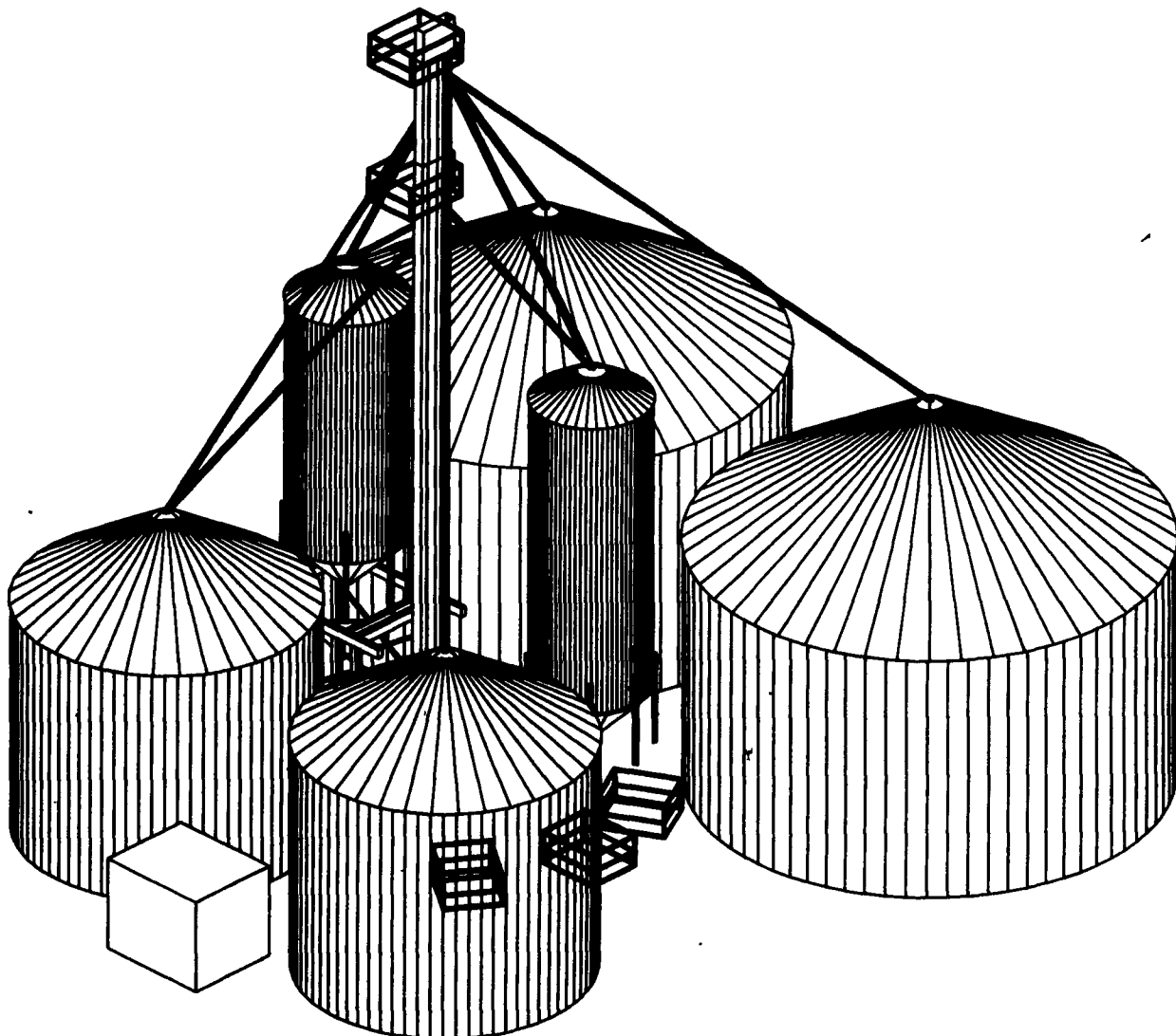
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