

Is Oatrim The Answer?



(Continued from Page B9)

LEESPORT (Berks Co.) — Oatrim has recently appeared on the list of ingredients in some packaged food.

Developed by the Agricultural Research Service scientist, oatrim is in a growing number of brand foods, and the flour-like product can also be purchased commercially.

Oatrim—a fiber-rich fat replacer made from oats may have a role in reducing the risk of heart disease. An 11-week study found that oatrim dramatically reduced oxidation of fatty acids in 24 men and women. Oxidation of fats circulating in the blood is believed to trigger the process that leads to blocked arteries. So a reduction in oxidation could lower the risk of heart disease.

Eating foods containing oatrim significantly lowered blood cholesterol and systolic blood pressure and improved glucose tolerance, which reduces the risk of diabetes. Also, oatrim holds promise in weight reduction: volunteers in the study lost weight despite every effort to keep weight constant.

These capsules clean the arteries, strengthen heart muscles and purifies blood. No conflict with medication, \$15 per month in case lots.

QUESTION — Jack Gaul, Pipersville, would like to know where to get information on a Standard Monarch garden tractor.

QUESTION — Louise Graybeal, Renick, W.Va., would like to purchase an electric milker for one milch cow.

QUESTION — Ada King, 5131 Amish Rd., Kinzers, PA 17535, would like a book called "Shoo-Fly Girl" by Lois Lenski.

QUESTION — Naomi Stoltzfus, Leola, would like to know where to buy rolls of dacron and cotton material that is 1-inch wide in dark or light colors.

QUESTION — Jean Nestler, Halifax, would like to know of someone who can put new handles on old butchering knives.

QUESTION — Millie Donmoyer, Annville, wants pattern directions for making baskets out of telephone books.

QUESTION — Janice Kurtz, Millerstown, acquired a plastic Aqua-Matic Jet powered blender from the 1950 era manufactured by Aqua-Matic Products Co., Oceanside, N.Y. Kurtz needs the nozzle and hose assembly but when she wrote to the address, her letter was returned with addressee unknown. Anyone have the present address or parts?

QUESTION — Kathy Helsel, Woodbury, would like to know how to make vanilla-scented ornaments to paint or decorate.

QUESTION — Leslie Heullitt, Rock Cave, W.Va., is looking for a mail-order company that sells feedgrade ground kelp from 50-pound bags. She also would like a small manure fork called the original apple picker.

QUESTION — Leo Rodgers, Tamaqua, is looking for an operator's manual for a New Holland stack wagon model #1012 and for a Massey Ferguson Model #120 baler.

QUESTION — A reader would like a formula for the old green and red paint used on old wooden farm implements. The paint looks like it was very thin and soaked into the wood.

QUESTION — Terry Lerew, Gardners, wants information regarding miniature bottle gourds or tiny birdhouse gourds. They need to be 1-4-inches in size. Lerew would like an inexpensive source to buy those already dried and cleaned or a source for seeds and information on how to do it herself.

QUESTION — John Randall, Holcomb, N.Y., lost the ad in which someone advertised portable scales with 5,000 pound capacity in this paper in January.

QUESTION — BJ Stoltzfus, Mohnton, would like to know where to find a horse hair wood stove brush, not a broom type.

QUESTION — Milton B Moyer, Hummelstown, would like to know where to purchase spike oil, an antiseptic for dressing wounds.

QUESTION — Robert DeLong, Walden, N.Y., would like to know where to purchase Falu rod-farg paint, which is made in Sweden. It is a superior water-based red paint, ideal for barns, which previously was available from a company in Georgia.

QUESTION — Esther Nolt, Newmanstown, would like to know where she can buy a set of Jungle Doctor books written by Paul White. She enjoyed these books as a child and would like to get them for her children.

QUESTION — A Turbotville reader would like to know where to find literature or an owner's manual for Van Berkel's original hand crank meat slicer from U.S. Slicing Machine Co. It was made in 1912 in La Porte, Ind.

QUESTION — Bill Sherwood, Beavertown, is looking for a kid's wagon made by Sherwood Company with the name Sherwood printed on the side.

QUESTION — Sandra Laughman, Hardin, Mo., wrote that she read about a woman who creates pickled fabrics. Sandra would like information on the procedure and ingredients to use.

ANSWER — Lois Babcock wanted to know where to buy brown tweed men's socks with a red heel, which are used to make cloth monkeys. Thanks to Elizabeth Lowery, Auburn, N.J., who writes that a catalog called, What on Earth, sells both ready-made monkeys and socks for making them. Write to 2451 Enterprise East Parkway, Twinsburg, Ohio 44087. Phone number is 1-800-441-2242 for G1930 Sock Monkey Kit for \$7.95 includes instructions. Thanks to Doris Brenize, Shippensburg, who writes that she buys the socks by the dozen at Nelson Knitting Co., Rockford, IL 61105. And thanks to Mrs. Irwin Martin, Newmanstown, who writes that she has three pair of the socks that Lois may have if she sends her address. Call Mrs. Martin at (717) 949-3427.

ANSWER — Margaret Strause, Leesport, writes that D. Newsom can receive a free list of church and community cookbooks available by writing to Corner Cupboard Cookbooks, Box 171, Zionsville, IN 46077.

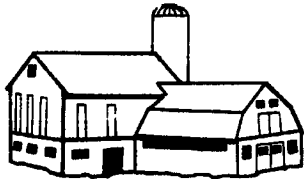
ANSWER — Ralph Bennett writes that information on an old accordion can be obtained from Stanley Darrow, director of Acme Accordion School, 322 Haddon Ave., Westmont, N.J. 08108. Darrow has a museum of accordians.

ANSWER — Bernie Petry, Columbia Crossroads, wanted the address for the Smith (Turkey) Call Company in Pennsylvania. He needs information on a T-12 turkey that they make. Thanks to Janene Mickel, R. 1, Box 1977, Beach Lake, who writes that her husband wrote a book on turkey call makers and is able to answer many questions. Write to Smith Game Calls, Jim Smith, Rt. 1, Box 75, Summerville, PA 15864. Phone (814) 856-2211.

Beitzel's Spraying - Since 1961



WHITEWASHING with ADVANTAGE FARM WHITE



- Dries whiter than other white wash
- Is compatible with disinfectants and fly sprays
- Washes off windows & pipeline easily

AIRCLEANING

with compressed air is recommended to blow down dust and cob webs and to keep white wash from building up.

CERTIFIED COMMERCIAL APPLICATORS

— Licensed — Insured —

5 Trucks for Air Cleaning & White Washing
Radio Dispatched Trucks

Serving South Eastern Pa. and More.

BEITZEL'S SPRAYING

Box 31 • Witmer, PA 17585

717-392-7227
1-800-727-7228

Call For Appointment



AMERICAN DAIRY ASSOCIATION®



Petersheim's Cow Mattresses

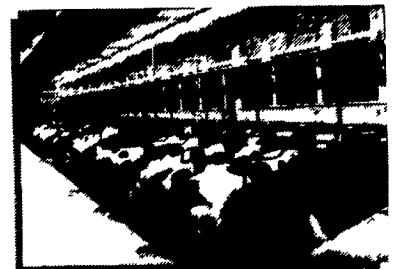
Rubber Filled Cow Mattresses

117 Christiana Pike (Route 372)
Christiana, PA 17509

The Answer to Cow Comfort



- Fits Any Stall
- Reduces Bedding Costs
- Polypropylene Bag Filled with Rubber
- Sewn Every 4" To Prevent Shifting
- Easier For Cows To Get Up And Down
- NEW! Non-woven 50 oz. Top Cover - Less Abrasive



ALSO: Custom Loop Stalls For Existing Barns

INSTALLATION AVAILABLE. CALL FOR DETAILS

SAM PETERSHEIM 610-593-2242

C.S. Supply
RD 1, Mill Hall, PA 17751
717-726-6760