



Mifflin County's Dairy Princess Mandy Stewart (seated) poses with her court. (Back Row) Bethany Wingert, Natalie Byler, Marlene Smith, Bridget Gearhart, Candace Glick, and Megan Goss. (Front Row) Laura Peachey, Alisha Glick, Ashley Ranck, and Diane Yoder.

Mandy Stewart Reigns In Mifflin

GAIL STROCK

**Mifflin Co. Correspondent
BELLEVILLE (Mifflin Co.)**

— What does Jack's adventures up the Bean Stalk have to do with dairy product promotion?

Plenty, according to Mandy Stewart, Mifflin County's new Dairy Princess!

Drinking lots of milk, Mandy explained in her skit presentation during the dairy princess competition, gave Jack the strength to climb the bean stalk, run from the gaint and chop down the bean stalk. Unfortunately, Jack had sold his cow for the magic beans. Now, Mandy concluded, Jack wants his cow back because good strong muscles and bones from drinking milk are worth more than golden coins and a singing harp.

Mandy's skit presentation helped her win the title of Mifflin County Dairy Princess at the pageant recently at Saint John's Lutheran Church in Belleville. A large crowd turned out to see three

girls compete for the title. Each contestant presented a speech and a skit and were asked the same impromptu question

Mandy Stewart, 19, is the daughter of John Stewart of Lewistown and Lucretia Keister of Bellefonte. She graduated from Lewistown Area High School in 1995 and is now a student on the dean's list at Penn State, majoring in elementary education. A member of the Vira 4-H Dairy Club, Mandy owns and shows several dairy cows which she houses at Goss's dairy farm in Vira.

Marlene Smith of Belleville and Bridget Gearhart of McVeytown will serve as dairy princess alternates.

Marlene Smith, 16, is the daughter of Martin J. and Mary L. Smith. She is a sophomore at Indian Valley High School where she is a member of the German Club, the German student forum, the science club, and soccer team. She's also a junior librarian and a

member of the Sacred Heart youth group.

Seventeen-year-old Bridget Gearhart is the daughter of Donald and Eileen Gearhart. A junior at Mount Union High School, Bridget plans to attend West Chester University to major in music and elementary education. She is active in many high school organizations, is president of her church youth group, and served as an alternate dairy princess last year.

Mifflin County's 1996/97 dairy princess Diane Yoder gave her farewell speech during the program. She made 183 appearances to promote dairy products, including 63 school presentations. Diane is a sales representative for Fisher Honey, Lewistown.

Natalie Byler, Candace Glick, Laura Peachey, all of Belleville, Megan Goss of Vira, and Bethany Wingert of McVeytown will serve as dairy maids. Alisha Glick of Belleville, Ashley Ranck and Stephanie Meinnert, both of Lewistown, will serve as Dairy Misses.

Anyone interested in knowing more about the dairy princess program can contact the committee chairperson Mrs. Ed (Cheryl) Glick of Belleville.

Earlier in the month, Mary L. Smith entered her Black Walnut Cake with Buttercream icing in a dairy bake-off competition. Her real dairy recipe follows.

Black Walnut Cake

- 3/4 cup butter
- 1 1/2 cup sugar
- 3 eggs
- 1 cup milk
- 1 teaspoon vanilla
- 2 1/2 cup flour
- 3 teaspoon baking powder
- 1 teaspoon salt
- 1 1/2 cup black walnuts

Mix all ingredients together and bake for one hour at 300 degrees F in a greased and floured 9"x13" cake pan.

Buttercream Icing

- 3/4 cup butter
- 2-3 tablespoons solid vegetable shortening
- 1 teaspoon vanilla
- 1/4 teaspoon salt
- 4 cups confectioners sugar (add 1 cup at a time)
- 4 tablespoons milk

Blend butter, shortening, vanilla and salt together until creamy. Add sugar one cup at a time. Add milk to thin. Blend all until smooth. Spread on cake that has cooled.



Virginia Smith (seated) takes a bite of her mother's Black Walnut Cake with Buttercream Icing — an entry in Mifflin County's Dairy Bake-Off Contest. Her mother, Mary Smith (standing), is joined by Mifflin County's 1995/96 Dairy Princess Diane Yoder.

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