

Windowsill Herb Garden

This is the second article in a series on growing herbs. Gardeners find growing fresh herbs a rite

of spring.
Botanically, an herb is a seed plant. Herbs do not produce woody stems, but live long enough to develop flowers and seeds. Gardeners grow herbs to use in cooking, scenting, decorating and making medicines. The Brooklyn Botanical Garden "Handbook on Herbs" lists 73 different types of herbs, some of which are used in several ways. As your interest and needs increase, you can add variety to this

Easy to grow annuals herbs include ánise, basil, chervil, cori-ander, dill and summer savory. Biennials include caraway and parsley. Perennials include chives, fennel, lovage, marjoram, mint, tarragon, thyme and winter sa-

Strong herbs include winter savory, rosemary and sage. Herbs strong enough for accent include sweet basil, dill, mint, sweet marjoram, tarragon and thyme. Herbs for blending include chives, parsley and sweet savory.

The garden soil used for herbs does not have to be especially fertile. Use little or no fertilizer at planting. Several bushels of peat or compost for each 100 square feet of garden supplies most herbs needs. Heavily fertilized soil generally tends to produce excess foliage low in herb flavor. Only foliage herbs like chives, parsley and basil can be fertilized lightly.

Drainage is the single most important factor in growing an herb garden. None of the herbs listed above will grow in wet soils. If the garden area is poorly drained the soil will have to be modified for any chance of success.

To improve drainage, remove the soil to a depth of 18 inches. Place a 3-inch layer of crushed stone or similar material on the bottom of the excavated site. Before the soil is returned to the bed area, mix sand and some compost with it to lighten the texture.

Check the drainage of your soil by first filling a container. Make a drain hole in the bottom, and observe how fast water passes through the column of soil in the can. After making drainage improvements, refill the beds. Fill the area higher than the original soil line to allow for settling.

If your soil is too wet to work this spring, be patient. Working wet soil can destroy the soil for many years. Soil in good condition is called "friable." Friable soil is loose-textured and composed of many well-defined particles with plenty of pore space between them. Think of a bowl of popped corn - each popped kernel represents a soil particle and the spaces between are pore spaces.

When wet soil is worked, the soil solution (the water in soil particles) allows the mineral fractions of sand, silt and clay to slide or run together, destroying pore spaces between particles. Actually, the particles collapse, producing material similar to what you'd have if you rolled each kernel of popped corn flat with a rolling pin.

You can tell if your soil is too wet to work by forming a ball in your hand. If the soil sticks to your fingers, it is probably too wet. If, however, the ball of soil holds together when released, but falls apart when you gently tap it with your finger, it is friable, has a good mix of soil, moisture and air: and is ready to be worked.

Damaged soil structure is slow to recover. It takes a number of seasons to separate the mineral fractions again and increase the pore spaces. If your soil structure is poor, incorporate organic matter and add limestone according to soil test results. It is far easier to keep your soil in good condition than it is to rebuild it. So be extra careful this spring and don't work your soil when it is too wet.

## Spring Homemakers' Day

HUNTERDON, N.J.—Rutgers Cooperative Extension Home Economics advisory counsel will be sponsoring its 53rd Annual Spring Homemakers Day. It will be held on Wednesday, April 17 from 9:30-2:30 at Razberry's, Route 12, Flemington.

Guest speakers for the day will be Daryl Minch, family and consumer sciences educator from Rutgers Cooperative Extension of Somerset County. Ms. Minch will speak on "Clutter Control." Stefanie Stevens, a Hunterdon County historian, will speak on "Architecture in Hunterdon County."

The fee is \$15, which includes buffet luncheon, with checks made out to the "Home Ec Advisory Council." Mail to Rutgers Cooperative Extension, 4 Gauntt Place, Flemington, N.J., 08822. For more information, please call (908) 788-1342.

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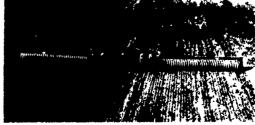


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