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GEORGE WASHINGTON'S RICE PUDDING

- 1 cup uncooked rice
- 3 cups milk
- ½ teaspoon salt
- 3 tablespoons butter
- ½ cup sugar
- 1 teaspoon vanilla
- ½ cup seedless raisins
- 4 eggs, beaten
- 1 teaspoon ground cinnamon
- Combine rice, milk, and salt.

Bring to a boil, cover, and cook over low heat until rice is tender and has absorbed most of the milk, about 45 minutes. Add butter, sugar, vanilla, raisins, and eggs. Turn into a buttered 2-quart casserole. Sprinkle with cinnamon. Bake at 350 degrees for 20 minutes. Yields 6 servings.

Louise Graybeal
Renick, W.V.

CHINESE FRIED RICE

- 1 cup regular long-grain rice
- 6 large eggs
- ½ teaspoon salt
- Salad oil
- ¼ pound cooked ham, diced
- ½ cup frozen peas, thawed, drained
- 1 tablespoon green onions, chopped
- 1 carrot, shredded
- Cook rice according to package directions. In medium bowl, with fork, beat eggs and salt slightly; set aside.

In non-stick 12-inch skillet over medium heat, in 2 tablespoons hot oil, gently stir in rice until rice is well coated with oil. Push rice to one side of skillet.

In same skillet over medium-high heat, heat 1 tablespoon oil until very hot; pour in eggs. Cook, with spoon, stirring quickly and constantly, until eggs are the size of peas. Add rice and heat. Stir in ham, peas, and carrots. Heat thoroughly. Sprinkle with green onion.

Sarah Clark
Breezewood

CHEROKEE CORN-RICE CREOLE

- 1 pound ground beef
- 1 teaspoon cooking oil
- ¼ cup chopped onion
- 1½ teaspoons salt
- ¼ teaspoon pepper
- Dash garlic salt
- ¼ teaspoon thyme
- ¼ teaspoon oregano
- ½ small bay leaf crushed
- 2 cups cooked tomatoes
- 10½-ounce can cream of mushroom soup
- ½ cup regular uncooked rice
- 16-ounce can corn
- 3 tablespoons butter, melted
- ¼ cup grated cheese
- 4 stuffed olives, sliced
- Cook beef in oil until light colored. Add onion and cook until transparent. Add remaining ingredients except cheese and olives. Mix well and spoon into a 3-quart baking dish. Top with grated cheese and cook covered at 350 degrees for 45 minutes. Remove from oven and garnish with olives. Yields 6-8 servings.

Louise Graybeal
Renick, W.V.

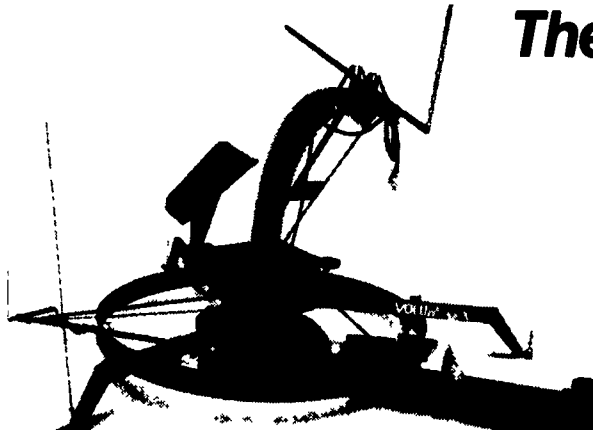
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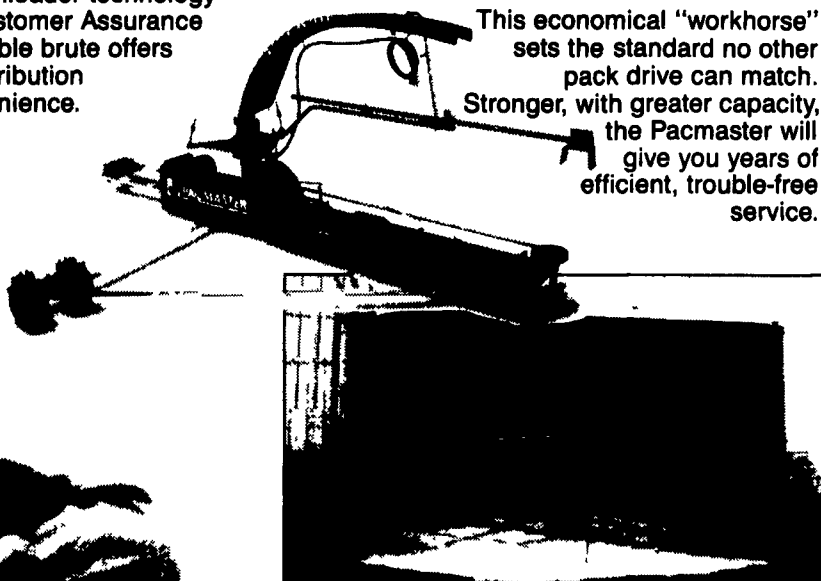
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