



JULY 3-9, 1995

INDEPENDENCE DAY, JULY 4.

RAISE A TOAST

On July 4, whether with a glass of spring water or something stronger, we raise our glasses and drink to the health of our nation. Oddly, the custom of drinking one's health may have come from the frequent violence associated with drinking. (The ancient Greeks used poisoned wine for political gain, but a host who wanted to reassure his guests would pour from a common decanter and take the first sip, literally, to his guests continued health.) In modern times, Americans have made grand speeches in honor of Uncle Sam, Old Glory, or the Star-Spangled Banner. One common toast was, "To the Stars and Stripes, each of them representing a state, each a diamond in a necklace of gems." The term "toasting" took its name from the ancient Roman custom of dropping a burned piece of toast into a cup of wine. The charred bread reduced the acidity, rendering an inferior, vinegary wine into a more palatable drink.



When the wine is in, the wit is out.

TIP OF THE WEEK

To help your body beat the heat, drink plenty of fluids and minimize your intake of protein-rich foods.

ORANGE SMOOTHIE

- 3 ounces frozen orange juice concentrate
- 1/2 cup water
- 1/2 cup milk
- 1/4 cup corn syrup, or sugar
- 1/2 teaspoon vanilla
- half a dozen ice cubes



Blend all ingredients in a covered blender until smooth. Makes 2 servings.



THE OLD FARMER'S WEATHER PROVERBS



The first Friday in July is always wet.

Ne'r trust a July sky.

When mists rise in low ground and soon vanish, it's a sure sign of fair weather.

In summer, when many stars twinkle, clear weather is indicated.

If the full Moon rises red, expect wind.

Westminster Livestock

Hagerstown, Md.
June 27, 1995

Report supplied by auction

SLAUGHTER COWS: 1.00 HIGHER! UTILITY 40.00-44.75; HIGH DRESSING 45.00-46.50; CANNERS 36.00-40.00; SHELLY 36.00 DOWN.

BULLS: 4 HEAD. YG#1 1550 LBS. 51.25; YG#2 1100-1300 LBS. TO 48.75. FED STEERS: 40 HEAD, GOOD DEMAND! HIGH CHOICE TO PRIME 1100-1500 LBS. 63.00-65.25; 4 HIGH DRESSING 66.50-68.50; LOW CHOICE 60.00-63.00; HIGH CHOICE HOLDS 1500 LBS. TO 58.00.

FED HEIFERS: 20 HEAD. HIGH CHOICE 1100-1200 LBS. 63.50-65.00; CHOICE 1000-1200 LBS. 60.00-63.00. VEAL CALVES: CHOICE 200-300 LBS. 81.00-90.00; GOOD 65.00-75.00; CULLS 85-110 LBS. 37.00-45.00; 50-80 LBS. 28.00-38.00.

FARM CALVES: HOLSTEIN BULLS #1 95-115 LBS. 85.00-106.00; #2 80-100 LBS. 65.00-85.00, SOME 50.00-65.00; HOLSTEIN HEIFERS #1 95-120 LBS. 165.00-185.00; #2 75-90 LBS. 100.00-140.00; BEEF X BULLS TO 117.00, HEIFERS TO 100.00.

BUTCHER HOGS: 80 HEAD, 1.00 HIGHER. US#1&3 225-260 LBS. 44.50-45.10; 270-285 LBS. 40.00-41.00; 190-220 LBS. 39.00-42.75.

SOWS: 25 HEAD, 1.00 HIGHER. 300-500 LBS. 26.00-28.00; 500-700 LBS. 29.00-31.00.

BOARS: 7 HEAD 400-700 LBS. 22.00-23.00.

STOCK CATTLE: PRICES HIGHER. STEERS MEDIUM AND LARGE FRAME 300-500 LBS. 63.00-77.00; 500-700 LBS. 55.00-65.00; 800-900 LBS. 55.00-64.00.

HEIFERS: 300-500 LBS. 55.00-66.00;

500-700 LBS. 51.00-61.00; 700-800 LBS. 50.00-58.00.

BULLS: 200-400 LBS. 65.00-80.00; 400-600 LBS. 60.00-68.00; 600-800 LBS. 50.00-59.00.

LAMBS: 80 HEAD. CHOICE 100-120 LBS. 87.00-92.00; 80-100 LBS. 80.00-90.00; 40-80 LBS. 77.00-91.00; GOOD 40-90 LBS. 70.00-79.00.

SHEEP: 22.00-35.00, YEARLINGS TO 49.00.

GOATS: LARGE 68.00-95.00, MEDIUM 40.00-63.00; SMALL FLESHY 30-40 LBS. SMALL 10.00-30.00.

PIGS AND SHOATS: BY THE HEAD FROM TESTED HERDS, 20-35 LBS. 18.00-28.00; 40-60 LBS. 20.00-30.00; BY THE POUND, FEW SMALL LOTS 60-90 LBS. 48.00-51.00.

Lebanon Valley Livestock

Fredericksburg, PA
Tuesday, June 27, 1995

Report supplied by Auction

STEERS: 32 HEAD. HOLSTEINS CHOICE 1350-1560 LBS. 56.50-59.75; SELECT 1160-1510 LBS. 53.50-55.75; STANDARD 1140-1425 LBS. 49.50-53.50.

HEIFERS: NONE. COWS: 121 HEAD. BREAKING UTILITY AND COMMERCIAL 42.00-44.75; CUTTER AND BONING UTILITY 38.75-42.00, CANNER AND LOW CUTTER 35.75-38.75, SHELLS 35.00 AND DOWN.

FEEDER CATTLE: NONE. BULLS: 6 HEAD. YG#1 1270-1750 LBS. 49.75-54.00; YG#2 1305-1620 LBS. 46.00-48.00.

CALVES: 180 HEAD. GOOD 80-105 LBS. 40.00-45.00; STANDARD AND GOOD 70-100 LBS. 35.00-40.00; UTILITIES 40-65 LBS. 30.00-40.00; #1 HOL-

STEIN BULL CALVES 90-120 LBS. 100.00-115.00; #2 HOLSTEIN BULL CALVES 100-110 LBS. 85.00-105.00; #1 HOLSTEIN HEIFER CALVES 80-90 LBS. 140.00-165.00; #2 HOLSTEIN HEIFER CALVES 70-80 LBS. 65.00-80.00; BEEF X CALVES 95-115 LBS. 85.00-92.00.

HOGS: 85 HEAD. US#1-2 237-255 LBS. 46.50-47.50; #2&3 220-263 LBS. 42.00-45.25.

SOWS: 48 HEAD. YG#1&3 305-595 LBS. 28.00-30.50; #2&3 490-675 LBS. 26.00-27.50; MEDIUMS 405-470 LBS. 28.00-29.00.

BOARS: 7 HEAD, 575 LBS. 21.00; GROUP WEIGHING 280 LBS. 25.00.

LAMBS: 6 HEAD. GOOD AND CHOICE 70-85 LBS. 65.00-75.00.

North Jersey Livestock

Hackettstown, NJ

Report Supplied by Auction

Tuesday, June 27, 1995

Report supplied by auction

CALVES .14-1.80.
COWS .25-.49.
EASY COWS .15-.36% .
FEEDERS 300-600 LBS. .34-.94.
HEIFERS .38%-.57% .
BULLS .39-.53% .
STEERS .30-.61% .
HOGS .38-.44.
ROASTING PIGS EACH 21.00-45.00.
SOWS .24-.25.
SHEEP: .12-.61.
LAMBS EACH 9.00-87.00.
LAMBS PER LB. .56-1.23.
GOATS EACH 10.00-137.50.
KIDS EACH 10.00-67.00.
TOTAL: 996 HEAD.



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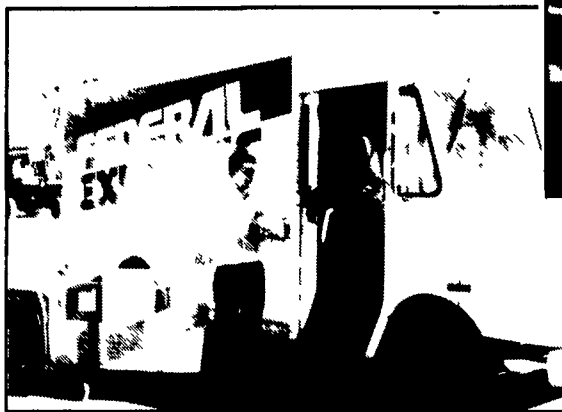
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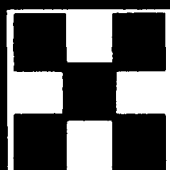
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