# Cream Of The Crop

#### (Continued from Page B6)

BROCCOLI DIP 10 ounce box chopped broccoli (or spinach) thawed

1 small onion, chopped 1 cup mayonnaise

8 ounce sour cream

1 package Mrs. Grass' Vegetable Soup Mix

Italian bread cut into 1 inch squares

Stir together first five ingredients. Use Italian bread to dip into mixture.

This recipe is a crowd-pleaser. My family and I enjoy reading Lancaster Farming.

Ruth Schaffer Dornsife

## COCONUT PIE

#### (Makes its own crust!)

4 eggs, beaten

<sup>3</sup>/<sub>4</sub> cup sugar or <sup>1</sup>/<sub>4</sub> cup honey <sup>1</sup>/<sub>2</sub> cup flour

2 cups milk

% cup melted butter

1½ cup coconut (may use less)

1 teaspoon vanilla

½ teaspoon cinnamon (optional)

Combine all ingredients. Mix well. Pour into one large or two small greased pie pans. Bake at 350 degrees for 35-45 minutes. If baked too long, you will have more a cake-like texture. Serve warm or cold.

#### Martha Newswanger Shippensburg

#### EASY MACARONI AND CHEESE

3 tablespoons butter

2½ cups uncooked macaroni

1 teaspoon salt

Pepper according to taste

l quart milk

4-5 slices Velveeta cheese or more if desired

Melt butter in a 3-quart baking dish. Pour macaroni into melted butter. Stir until butter coats macaroni. Sprinkle salt and pepper on top. Cut each cheese slice in fourths and scatter on top. Add cold milk. Bake uncovered at 325 degrees for 1½ hours or until golden brown and creamy.

This is often part of our Sunday special menu. The nine of us can finish off a S-quart dishful in a single meal.

I'm the 15-year-old (16 in July) daughter of John and Rosene Zimmerman. I have six younger siblings, 2 brothers, Jerry, 13; David, 11; and four sisters, Doris, 10; Joy, 8; Anita, 6, and Rosa, 2.

Up until a year and a half ago, we had a dairy herd. Now, Dad still farms and fattens steers and heifers. Mom bakes to sell May through December. And we all help in the vegetable patches we truch farm.

> Charlene Zimmerman Thompsontown



Marlene Freehling is from Armstrong County.

#### PINEAPPLE BUTTERMILK DESSERT

20-ounces crushed pineapple 2 3-ounce boxes apricot Jell-O 2 cups buttermilk

8-ounces whipped cream Put pineapple in saucepan and

bring to a boil. Add Jell-O and stir over heat until dissolved. Remove from heat and cool. Put ice cubes and water in sink

and put saucepan in sink to cool. When Jell-O and pineapple cool, it will become jelled. Add buttermilk, still leaving pan in sink of water. Mixture will thicken. Finally add whipped cream and pour into 13x9-inch glass dish and chill.

Once Jell-O has chilled, cut into squares to serve.

It's a very refreshing dessert on a hot summer night after a hard day's work on the farm.

I live on a 90-cow dairy farm in Armstrong County. The farm's name is Star-Lite Acres. My family farms 600 acres of ground.

My grandparents, Roy E. and Martha Bowser, own the farm, but my family, the Freehlings do the farming.

I enjoy helping on the farm in my sparetime. During the day, I work for a local surgeon. I'm not afraid to work and get dirty. I love to cook and bake.

I'd like to meet a single dairy farmer between the age 30-40 years old.

Marlene Freehling Kittanning

# PUMPKIN

CUSTARD PIE 6 egg yolks

- 21/2 cups brown sugar
- 2 cups cooked mashed pumpkin
- 2 tablespoons melted butter
- ¼ teaspoon salt
- 1 teaspoon vanilla
- 2 tablespoons flour

Mix above ingredients together well and add 5 cups of warm milk. Beat 6 egg whites and fold in. Pour in 4 regular pie crusts. Bake at 400 degrees for 10 minutes. Reduce heat to 350 degrees for 25-30 minutes.

> Susie Stoltzfus Christiana

BAKED FRENCH TOAST 1 8-ounce loaf of bread cut in 1-inch thick pieces 6 large eggs 1½ cup milk 1½ cup half and half 1 teaspoon vanilla ½ teaspoon nutmeg ½ teaspoon cinnamon Heavily butter 9-inch square pan. Fill pan with bread slices. Mix eggs milk half and half vanilla

eggs, milk, half and half, vanilla, nutmeg, and cinnamon. Pour mixture over bread slices. Cover and refrigerate overnight.

- Topping: % cup butter
- 1 cup bacter
- 1 cup brown sugar 2 tablespoons corn syrup
- c tablespools con syrup
- 1 cup chopped nuts

Mix butter, sugar, and corn syrup. Stir in nuts. Pour on top of prepared bread. Bake at 350 degrees for 40 minutes.

My name is Sadie Mae Stoltzfus. I love to bake and do crafts, also sewing. I go to market three days a week. I have a big yard and garden. It keeps me busy. I love the Lancaster Farming recipes.

Sadie Mae Stoltzfus Bird In Hand

#### HEARTY

HAMBURGER SOUP

- 2 tablespoons butter
- 1 pound hamburger
- 1/2 cup onions
- % cup peppers
- 1½ teaspoons salt
- 1/2 teaspoon pepper
- 1 cup diced potatoes
- 1 cup diced carrots 1/2 cup diced celery
- 2 cups tomato juice
- 4 cups milk
- % cup flour

Melt butter in a saucepan. Brown meat and add seasoning.

Cook until transparent. Add remaining vegetables. Cover and cook over low heat until vegetables are soft.

Combine flour with enough milk to make a smooth paste. Stir into the soup mixture and bring to a boil. Add remaining milk and heat. Do not boil.

Hi! My name is Lena Horst. I'm 11 years old. We live on a dairy farm in Lancaster County. I have to help milk our 40 cows.

This is one of our favorite soups.

Lena Horst Ephrata

#### MOM'S PINK DESSERT

1<sup>1</sup>/<sub>4</sub> cup sugar

l large can fruit cocktail % cup crushed pineapple (optional)

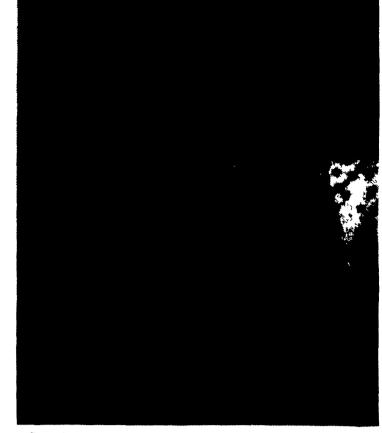
Boil the sugar, fruit cocktail, and pineapple together for five

Minutes. Add the following:

1 big box and 1 small box Jell-O (strawberry is good)

2 8-ounce packages of cream

cheese



Lancaster Farming, Saturday, June 10, 1995-87

Bonnie Ulmer and her family keep busy on their dairy farm in Cogan Station. OREO COOKIE

DESSERT

1 large (8 ounces) cream cheese

1 large (12 ounces) whipped

2 cups confectioners' sugar

Break up cookies (put on bot-

**Nancy Hershey** 

Manheim

tom). Save for few on top. Mix all

other ingredients, then blend in

MAPLE WALNUT CAKE

2 teaspoons maple flavoring

2 cups self-rising cake flour

Cream together butter, shorten-

ing, and sugar. Add egg yolks.

Gradually add flour, milk, and

maple flavoring. Add nuts; fold in

egg whites. Bake at 350 degrees

for one hour in a 13x9-inch

I farm in Central New Jersey

with my dad and brother. I raise

and breed lineback cattle. They

are really beautiful animals. I

hatch and raise all types of poultry

including Royal Palm turkeys. I

think farming is a wonderful way

of life. "Lancaster Farming" is my

(Turn to Page B8)

**Deidre Welisewitz** 

Flemington, N.J.

favorite newspaper to read.

3 cup peanut butter

30 Oreo cookies

1 cup milk

cream topping

cream topping.

1 cup milk

½ cup butter

2 cups sugar

greased pan.

% cup shortening

4 eggs, separated

1 cup chopped nuts

## YUMMY CHICKEN

CASSEROLE

1 chicken, cooked and diced

2% cups stuffing 8-12-ounces plain yogurt or sour cream

1 can cream of chicken soup

Combine butter and stuffing.

Line a 2-quart casserole with stuf-

fing mix. Reserve 1/2 cup. Sprinkle

chicken over stuffing. Combine

sour cream or yogurt, broth, and

soup. Spread over chicken.

Sprinkle with remaining 1/2 cup

stuffing. Refrigerate overnight.

Bake at 350 degrees approximate-

children own a dairy farm. We

milk 58 cows and have 100 young

calves and heifers. My husband

farms approximately 550 acres.

We raise alfalfa, corn, wheat, soy-

Our family loves living in the

country. Our children Seth, Sara,

and Rachel help a lot with farm

chores. We have one dog Dusty, a

Jack Russel Terrier, who is our

little baby. He loves to catch rats,

birds, and bees. He stays by our

side no matter what we do. He

rides in the tractors, wagons,

trucks, and even the wheelbarrow.

We have 10 cats. We love working

together. We are thankful each day

for health and strength to be able

**Bonnie Ulmer** 

**Cogan Station** 

to work hard on our farm.

beans, and pumpkins.

My husband and I and our three

ly 45 minutes, uncovered.

1/2 cup butter, melted

1 cup chicken broth

Jerry, Doris, Joy, and Charlene are the children of John and Rosene Zimmerman of Thompsontown. 1 large container of whipped cream topping 1<sup>1</sup>/<sub>4</sub> cup (1 can) canned milk.

Mix and cool. Dear friends at Lancaster Farming:

This is a recipe my mom made for Sunday School class meetings years ago. We like it and hope you do, too. It will serve a dozen or more.

My husband Joe and I continue farming as well as remodeling a neighboring old house during the winter and on rainy days. Along with our work with the Sugar Valley Church of the Brethren, we have been kept busy. We're thankful we're able to be busy. Best wishes.

> Doris Heggenstaller Loganton



Deidre Weilsewitz with friend Jennifer enjoys raising lineback cattle.