

Rhubarb And Strawberry Time

(Continued from Page B6)

GRAMMY GROFF'S RHUBARB STRAWBERRY PIE

½ cup sugar
½ cup brown sugar
2 tablespoons flour
½ teaspoon vanilla
2 cups rhubarb, chopped
½ cup strawberries
1 egg
10-inch unbaked pie shell
Mix together ingredients. Place in unbaked pie shell.
Crumb topping:
½ cup butter
¼ cup flour
½ cup brown sugar
Mix ingredients and spread evenly over pie. Bake at 400 degrees for 30 to 35 minutes.
Kitchen Kettle

DIET STRAWBERRY CHEESECAKE

2 tablespoons butter
½ cup graham cracker crumbs
8-ounces low-fat cottage cheese
½ cup evaporated skim milk
2 envelopes unflavored gelatin, divided
2 tablespoons sugar, divided
½ cup orange juice
½ teaspoon grated orange rind
2 egg whites
¼ teaspoon salt
2 tablespoons water
1 cup fresh strawberries, crushed
Preheat oven to 400 degrees. Melt butter in a 9-inch cake pan. Add crumbs, mix and press into the bottom of pan. Bake 5 to 7 minutes.
Remove and cool.
Puree cottage cheese in blender,

add milk and stir until smooth. Chill.

In a saucepan, mix 1½ envelopes of gelatin and 1 tablespoon sugar. Add juice and rind. Heat over low heat, stirring constantly until gelatin is dissolved. Remove from heat. Let stand at room temperature.

In medium bowl, beat egg whites with salt until stiff. Fold in gelatin and cottage cheese mixture. Pour over crumbs. Refrigerate until set before adding glaze.

Glaze:
Mix remaining ½ envelope of gelatin with the 2 tablespoons water. Heat until gelatin is dissolved. Stir in strawberries.

Pour mixture over cheesecake and spread with spatula. Refrigerate until firm.

Yields 8 wedges. Calories 128, Cholesterol 15, protein 8, fat 4.

B.J. Light
Lebanon

CHICKEN KABOBS WITH RHUBARB GLAZE

2 cups rhubarb, diced
½ cup sugar
½ cup water
2 tablespoons vinegar
1 tablespoon cornstarch, dissolved in 2 tablespoons water
1 tablespoon Kitchen Bouquet
Grated rind of ¼ orange
¼ cup brown sugar
2 tablespoons orange juice
Cook rhubarb, granulated sugar and water for 5 minutes, until rhubarb mixture is soft. Combine cooked rhubarb with remainder of sauce ingredients. Bring to a boil and simmer one minute, stirring. Brush on kabobs while broiling or grilling.
Kitchen Kettle

COD WITH RHUBARB MUSTARD GLAZE

5 ounces rhubarb jam
½ teaspoon garlic, minced
4 cod fillets
2 scallions, sliced
1 tablespoon prepared mustard
Mix the glaze ingredients and brush over cod while grilling.
Kitchen Kettle

RHUBARB CHERRY JAM

6 cups chopped rhubarb
4 cups sugar
21-ounce can of cherry pie filling
6-ounces cherry flavored gelatin
Mix together rhubarb and sugar. Let stand overnight. Cook mixture until rhubarb is tender about 30 minutes. Stir in pie filling and gelatin. Bring to a boil; cool. Pack in containers and refrigerate or freeze.
Tina Forry
Palmyra

(Turn to Page B8)

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