

# You Ask We Answer

This column is for readers who have questions but don't know whom to ask for answers.

"You Ask—You Answer" is for non-cooking questions. When a reader sends in a question, it will be printed in the paper. Readers who know the answer are asked to respond by mailing the answer, which will then be printed in the paper.

Questions and Answers to this column should be addressed to You Ask—You Answer, Lancaster Farming, P.O. Box 609, Ephrata, PA 17522. Attention: Lou Ann Good.

There's no need to send a SASE. If we receive an answer to your question, we will publish it as soon as possible.

**QUESTION** — Paul Early, R.R. 1, Box 632A, Annville, Pa. 17008 has a hopper to a wheelbarrow grass seeder that was made in the 1920s. He would like to hear from someone who has the wheelbarrow part or he would be willing to sell the hopper.

**QUESTION** — A Lehighton subscriber was given an appliance called Merit Quik Chef Fast Grille. She did not receive the card and plug with it. Does anyone know where she could purchase a plug or have the address of the company that makes the grill so that she could purchase some instructions?

**QUESTION** — A Lebanon reader would like to know where to purchase a Kistka, an instrument that resembles an old-time fountain pen that is used to apply the wax for egg decoration.

**QUESTION** — Betty Bixler, 2710 Maytown Rd., Marietta, subscribes to "Country Woman," but did not receive the Nov.-Dec. 1994 issue. The company is sold out. Betty is collecting the issues and will pay cost of the magazine and postage to someone who no longer wants their copy.

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## Cook's Question

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**ANSWER** — Jean Nestler, Halifax, wanted a recipe for Sally Lunn. Thanks to Susanna Bicher, Bethel; Carol Pretz, Middleburg; and others for sending a recipe for this old-fashioned bread. To envision the flavor of the era when this bread was served, Carol writes that Sally Lunn is a yeast bread that originated in Bath, England, where it was served hot with jam and butter. Thackery described a meal of "green tea, scandel, hot Sally Lunn, and a little novel reading."

### Sally Lunn

- 2 cups milk
- 1 cup shortening
- 1½ yeast cakes
- 3 eggs, beaten
- 4 tablespoons sugar
- 2 teaspoons salt
- 6 cups flour

Scald milk, add sugar, salt, and shortening. Cool to lukewarm and crumble in yeast. Stir in beaten eggs. Add flour and beat thoroughly. Cover and let rise until doubled in bulk. Place in a Sally Lunn ring mold or tubular pan. Let rise again until doubled in bulk. Bake at 350 degrees for one hour. Yields 16 large servings.

**ANSWER** — Louise Graybeal, Renick, W.Va., wanted a recipe for pancake syrup that is light in calories. Thanks to Gracie Troutman, Halifax, for sending a recipe.

### Homemade Syrup

- ¼ cup packed brown sugar OR 2 tablespoons brown sugar plus ½ teaspoon Sweet n' Low Brown
  - 1 teaspoon cornstarch
  - ¼ teaspoon cinnamon
  - ½ cup plus 2 tablespoons skim milk
  - 1 tablespoon liquid Butter Buds
  - ¼ teaspoon maple or vanilla flavoring
- Combine sugar, cornstarch, and cinnamon in a small saucepan, stirring constantly. Remove from heat; add liquid Butter Buds and flavoring, stirring until mixed. Serve warm.
- 2 tablespoons per serving = 35 calories or 22½ is Sweet and Low is used; 0 fat.
- Variation: Warm Apple Topping
- ¼ cup sliced green apples
  - ¼ cup orange juice
  - ¼ teaspoon nutmeg
  - 2 teaspoons brown sugar
  - ¼ teaspoon almond extract

Bring to a boil: apples, orange juice, and nutmeg. Cover and simmer for 5 minutes. Remove from heat and mash apples until smooth. Stir in sugar and almond extract. 2 tablespoons per serving = 14 calories, 0 from fat.

# FFA HAPPENINGS



Three Hans Herr FFA members recently attended a state legislative leadership conference. From left, Sen. Noah Wenger, Kurt Hershey, Gary Landis, Randy Brubaker, and Rep. Jere Schuler.

### FFA'ers At Leadership Seminar

Four members of Lancaster Mennonite High School's Hans Herr FFA recently attended The Lancaster County Cooperatives Council Youth Leadership Training Seminar, held in Doylestown. The students are sophomore

Darren Martin, son of Gerald and Carolyn Martin, Ephrata; sophomore Kurt Martin, son of Robert and Marilyn Martin, Strasburg; freshman Jared Miller, son of Larry Miller, Lancaster; and sophomore Scott Rohrer, son of Edwin and Linda Rohrer, Paradise.

The students, all from local

dairy farms, toured the Atlantic Dairy Cooperative headquarters and the Quality Control laboratories near Doylestown. Each student took a cooperatives exam and filled out an activities form as part of the training and competition that are necessary for involvement at the state level.

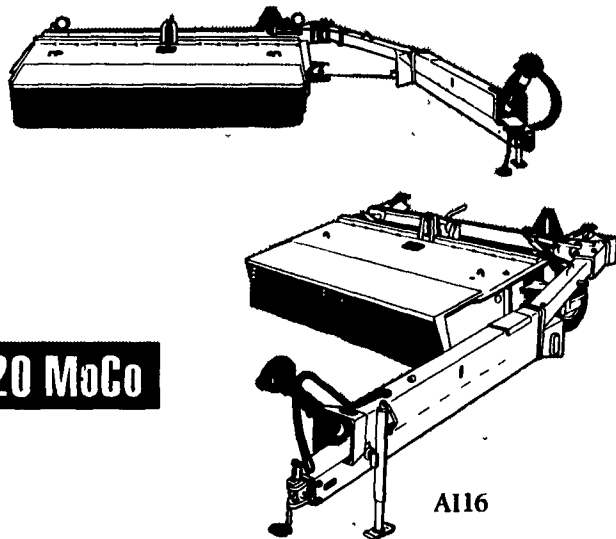
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