# Pigs, Pork, Family Keep

(Continued from Page B2)

sharp — she can recite volumes of poetry — arthritis prevents her from getting around. Anna Marie takes her lunch every morning and Herb brings her to the house every night for supper. Anna Marie and several of the grandchildren clean

Anna Marie said that she began pork promotion about six years ago. She doesn't need a set promotion to get her message across. Her words of advice to every one is "Eat more pork. It's lean. It's good for you."

She said, "The biggest mistake when cooking pork is to overcook

it. Pork should only be cooked to an internal temperature of 160 degrees; otherwise, it may become tough or stringy.

A slightly pink color in fresh roasted or grilled pork means tender, juicy eating.

Readers may send for free recipes featuring pork. Send a selfaddressed stamped envelope to Recipe Folder, 1631 Grimm Rd. Kutztown, PA 19530.

Here is one of the Schicks' favorite recipes that is quick and easy to

MICROWAVE PORK ROAST 2-3 pound boneless loin

Sprinkle with Hatfield's Meat Seasoning. If desired, fill loin with sauerkraut, grated apples, pureed prunes or stuffing desired. Place in glass dish with fat side down. Cover with plastic wrap. Microwave at 70 percent power for 7½ minutes per pound. Half way through the cooking time, turn meat fat side up for the remainder of cooking time. (Make sure the loin is weighed after it is filled to determine the exact measurement because cooking time must be exact). Remove pork from microwave and let set 15 minutes before cutting — this resting time is important as meat continues to cook.



The Schicks' grandchildren surround Anna Marie's mother who is 92 years old.



## Berks Society 3

Group 3 of the Berks County Society of Farm Women held its February meeting at the home of Sonya Moyer, Koch Road, Boyertown. Fourteen members responded to the roll call question, "What is your favorite love song?'

Several upcoming dates were noted: March 28-30th anniversary party of Group 5 at Conrad Weiser High School; April 6-Bingo at Berks Heim; May

23—Annual Spring Rally at Dickinson College in Carlisle.

A "pound auction" was held at the conclusion of the business meeting with the proceeds given to the American Heart Association.

The March meeting will be held on Monday, March 27, at the home of Leona Stauffer, Indian Lane, Boyertown. The theme for the evening will be "Show and

## Berks Society 6

Members of the Berks County Society of Farm Women Group #6 toured the Kiwi Plant in February. After the tour the group enjoyed lunch at the Yellow House Hotel and held their meeting.

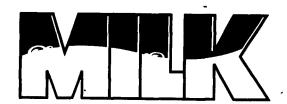
Members were asked to bring ideas for a trip to the next meeting.

The group was invited to a 30th anniversary for Group #5 at Conrad Weiser High School, March 28, at 7:30.

The March meeting will be held at the home of Barbara Kelchner,



her husband. "When he's not around, things don't go well."



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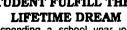
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