

New Cookbook Features Amish Cooking

PHILADELPHIA — Numerous stories, histories, and cookbooks have been written about the Amish. Their unique way of life — simple, yet rich in tradition fascinates people everywhere.

Now a new book, "Amish Cooking," has been released by Running Press Book Publishers.

The book has much more than 50 authentic recipes. It's pages are filled with vibrant photography of food, people and places. Jillian Stewart edited by book. Amish photography is done by Mel Horst, and food photography by Neil Sutherland and Peter Barry.

A history of the Amish is interspersed with anecdotes that bring to life the food, culture, and traditions of the Amish.

The hard-cover cookbook is available at book stores for \$12.98. It may be mail ordered by calling 1-800-345-5359.

Here is a recipe from the cookbook.

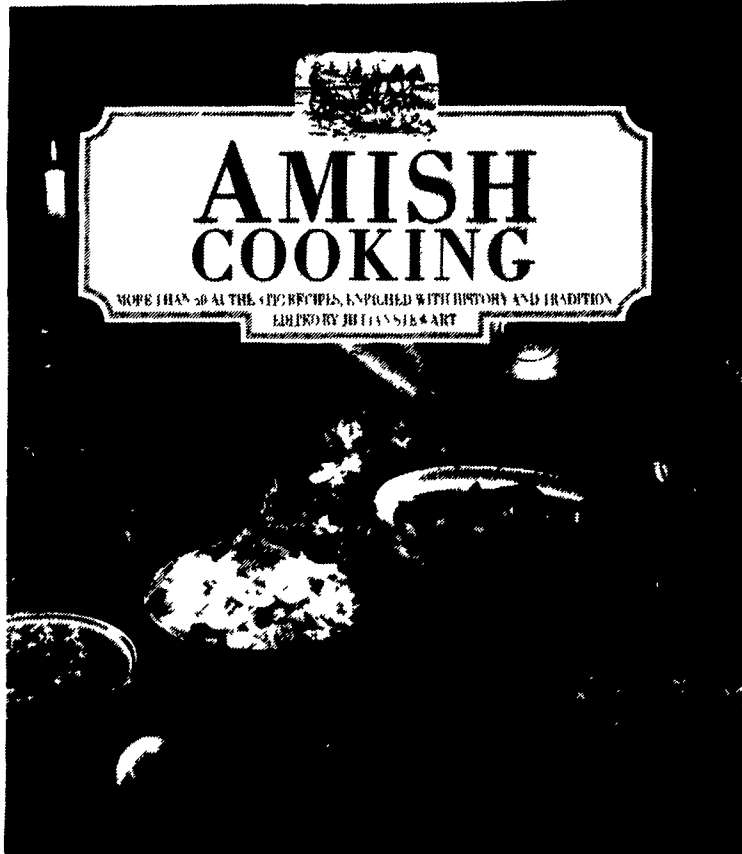
STREUSEL BREAD

- 1/2 cup butter
- 1/2 cup sugar
- 1 package active dry yeast
- 1/2 cup lukewarm water
- 1 cup milk
- 2 eggs, beaten
- 2 1/2 - 3 cups bread flour

Topping:

- 1 1/2 cups soft bread crumbs
 - 1 teaspoon cinnamon
 - 3 tablespoons brown sugar
 - 2 tablespoons butter, melted
- Cream the butter and sugar together in a large bowl. Dissolve the yeast in lukewarm water and leave until frothy, about 5-10 minutes.

Scald the milk and gradually add the butter and sugar. When



"Amish Cooking" presents more than 50 authentic recipes for variety of appetizers, main courses, and desserts. Numerous anecdotes and period photographs, along with historical background, bring to life the food, culture, and traditions of the Amish.

slightly cooled, add the eggs and the yeast mixture. Mix well, then work in the flour to make a thick batter. Add more flour if the batter is too runny. Beat the mixture with a spatula or wooden spoon; it will be too soft to knead by hand. Cover the bowl and leave the batter in a cool place for about one hour to rise until doubled in bulk.

Grease two deep pie dishes,

large loaf pans or brioche pans and spoon in the batter to fill just over halfway. Mix together the topping ingredients and sprinkle over the top of each bread. Leave in a warm place for about 20 minutes to rise again. Preheat oven to 400 degrees. Bake the loaves for about 20 minutes or until golden brown. Serve with butter or jam. Makes two loaves.

How To Arrange Furniture With A Good Floor Plan

(NAPS)—If your back muscles ache from just the thought of rearranging furniture, then sit back in your favorite, most comfortable chair, put up your feet and let your fingers do the work. Avoid time-consuming, not to mention back-breaking, mistakes by creating a floor plan.

"You can create a room arrangement without moving a single piece of furniture," explained Margi Daniels, design consultant for La-Z-Boy® Chair Co. "Save time and muscle by doing what professional designers do—make mistakes on paper."

1. Put pencil to paper.

By using scaled-down representations of furniture pieces known as "templates" arranged on a grid, you can create your own floor plan. All you need is graph paper, a pencil, a ruler and scissors.

2. Measure it up.

Begin by measuring your room. Using a one-quarter inch equals one foot scale, draw the perimeter of the room on your graph paper. Using this same scale, add in the details of the room—doors, windows, fireplaces, built-ins, electrical outlets, telephone jacks and other existing architectural features. Next, measure any existing furniture pieces you wish to incorporate into your room arrangement and, using scaled-down furniture templates, plot these pieces on your graph paper floor plan. Now you can see how much room

you have and what types of new furniture pieces are needed.

3. Find a focus.

Before moving anything on your grid, identify the room's focal point, such as a fireplace or a window with a pleasing view. If the room doesn't have a natural focal point, substitute an interesting furniture piece or group of accessories to create an eye-catching focus. Use this focal point as the cornerstone on which to build your furniture arrangement.

4. Move it.

Now, it's time to have some fun. Let your creative juices flow. Experiment with different room arrangements by moving the furniture templates around on the graph paper.

"You may discover you have new furniture needs," explained Daniels. "Perhaps a couple of occasional chairs or an attractive recliner would complement your sofa and create a cozy conversation area. Create templates for these new pieces and incorporate them into your room plan."

5. Direct traffic.

According to Daniels, a successful room arrangement combines comfort with a convenient traffic flow. Notice the paths people take into and out of a room, and position furniture accordingly. Also, divert traffic around conversation areas rather than through them. A good rule of thumb is to allow two to three feet

of space between furniture for comfortable movement.

6. Create balance.

Finally, be aware of visual balance. For example, when decorating a large room, try creating multiple centers of activity by moving furniture away from the walls. Also, avoid placing all of your tall or weighty furniture pieces on the same side of the room.

Successful decorating doesn't happen by accident. It is the result of good planning. With the right tools and a little creativity, you can decorate like the professionals and all you may break is a pencil, not your back.

To receive a free La-Z-Boy Decorating Guide with grid and ready-made furniture templates, call 1-800-MAKE-A-HOME.

Phone Number For American Agri-Women

YORK (York Co.) — An incorrect phone number appeared with the article on American Agri-Women last week. Anyone wanting information about American Agri-Women should contact Gail McPherson at (717) 382-4878.

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