

The other week my husband and I drove to the Pennsylvania State Farm Show. It is nice to get out of the house in wintertime and mingle with other people. We certainly could do that when we finally got there. I would not be surprised if some first-time visitors decided not to go again as many had to sit more than hour in a barely moving line of traffic in order to park.

We parked at the Harrisburg Community College and took the shuttle bus to the front entrance of the Farm Show Complex. As we are senior citizens, we did not have to pay bus fare. This year the bus was not even crowded in the

morning.

My husband tells me that he attended the Farm Show in downtown Harrisburg in the 1920's. At that time it was held in several buildings near Mulberry Street. He took a baby beef to the show and says that it was a treat to get "Polar Bear" bars of ice cream. Even then baked potatoes were a featured food.

The present buildings are so large that I had to hunt for some of the things that I wanted to see. There were so many rabbits and so much poultry. The quilts in the Family Corner were especially beautiful. I simply cannot imagine doing all of that quilting as the patterns were intricate. The number

of apiary products displayed also surprised me and of course I was interested in the vegetable displays.

If you got tired, there were both cooking and flower arranging demonstrations to attend. However, I walked most of the day and only saw a few people that I knew out of the big, big crowd. Sometimes, I feel like missing a year so that things will seem new to me again.

Rachel Tanis

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BRAZILIAN COFFEE

Yield: 4 1/4 cups

- 1 cup strong coffee
- 1 square (10 oz.) unsweetened chocolate
- 1/4 cup sugar
- 1/8 teaspoon salt
- 3 cups milk

Melt chocolate in coffee over low heat in a 2-quart saucepan. Stir in sugar and salt until dissolved. Add milk gradually stirring constantly. Heat to serving temperature. Beat with a rotary beater until frothy.

CINNAMON CAFE AU LAIT

Yield: 4 cups

- 2 cups milk
- 1/8 teaspoon cinnamon
- 1/16 teaspoon cloves
- 1/16 teaspoon allspice
- 2 cups hot double-strength coffee
- Cinnamon sticks

Heat milk in heavy saucepan over low heat, beating constantly until hot and foamy. Stir spices into hot coffee. Pour milk and coffee simultaneously into a pitcher so that milk and coffee blend as they are poured. Serve in cups garnished with a cinnamon stick.

FRENCH ONION SOUP
5 cups thinly sliced onions
1 clove garlic, finely chopped
1/4 c. butter
8 teaspoons beef flavor bouillon
6 -3/4 inch thick slices French Bread, buttered & toasted
6 -8x4 inch slices Swiss cheese, cut in halves crosswise
5 1/2 cups water

In large pan, cook onions and garlic in butter until golden brown. Add water and bouillon; bring to a boil. Reduce heat; cover and simmer 30 minutes to blend flavors. Place soup in 6 ovenproof bowls. Top each serving with bread slice and cheese. Broil until cheese melts. Serve immediately. Makes six servings.

Safety Tips

Perhaps no child is as lucky the one who lives on a farm in a rural area where open fields and hills offer sledding fun and frozen ponds great for skating—But play it safe and be snow-smart.

• **Sledding down snow-covered hills** and across icy fields where you have little control over direction and can't stop may result in injury or death if you crash into covered fences, embankments, tree stumps or other obstacles hidden in the snow. The road at the bottom of a sledding hill presents a special danger. Motorists will have difficulty seeing you whisking toward the road on a fast-moving sled and even more difficulty stopping quickly on snow and ice if you enter the roadway.

• **Overexposure to cold and the onset of frostbite** can ruin a day of winter fun. Don't ignore the warning signs. Take frequent breaks to warm up so you will enjoy the winter activities more later rather than risking injury or a trip to the hospital.

• **Farm ponds and manure lagoons** may look safe for skating, but make sure the pond ice is at least six inches thick. Scout the entire surface for weak spots, mark and avoid them. Never skate on a manure lagoon since it contains manure solids and chemicals that do not freeze evenly.

• **Muddy feed lots are another winter hazard.** When entering these enclosed areas at chore time, young children, older adults—for that matter anyone—can easily lose their footing and get stuck in deep mud and then be trampled by livestock.

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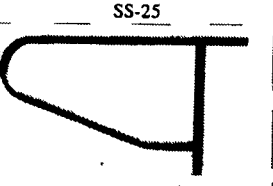
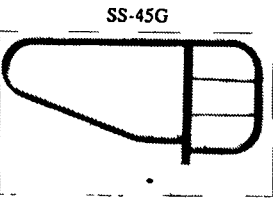
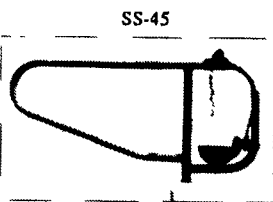


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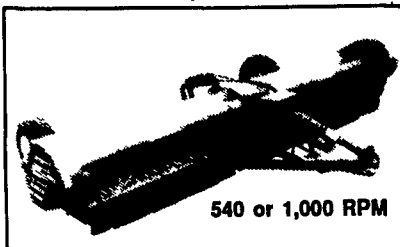
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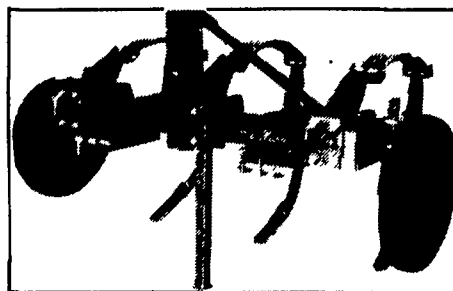
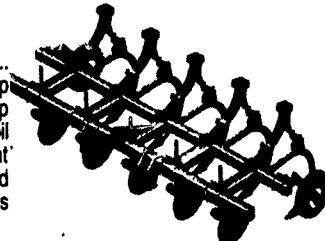
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