

A Victory For Dairy Farmers

MESHOPPEN (Wyoming Co.) — According to Arden Tewksbury, manager of Progressive Agriculture Organization (Pro Ag), the American Journal of Public Health reports that diets high in margarine and similar foods substantiates what Pro Ag has been claiming for several months.

According to the Health Journal, the trans fatty acid found in margarine and other similar foods are probably worse than saturated fats. Tewksbury said, the Journal quotes Dr. Walker Willett, a Harvard researcher, as claiming parents are making wrong decisions for themselves and their children

bu substituting margarine in their diets.

A Pro Ag official said, the Community Nutrition Institute reported in their House organ (nutrition week) on March 12, 1993 that the 1987 Harvard Nurses study found that women who consumed four or more teaspoons of margarine a day had a risk of heart disease 50 percent higher than women whose margarine intake was limited to once a month. Those odds went to 70 percent by increasing the intake of margarine.

According to the Search for Health Journal, Dr. Mary Enig and others at the University of Maryland have been concerned about

the link between vegetable fat and the acceleration of breast and colon cancer.

Tewksbury said the real problem doesn't appear to be vegetable oils per say — but when hydrogen is bubbled through these oils to make them solid, a new fat is formed, called trans-fat. This trans-fat is not a natural fat and could be responsible for destroying good cholesterol.

In addition, according to Tewksbury, the May 28, 1993 issue of the C.N.I.'s (Consumer's Nutritional Institute) Nutrition Week has called on McDonald's and other fast food changes to eliminate their present cooking oil and return to the old cooking oil of animal tallow.

The Pro Ag leader feels the new revelation will place the dairy farmers on a level playing field

with the vegetable industry.

Furthermore, the revelation by the Health Journal comes at a time when such companies as Milk Made Inc. in New York are introducing new substitute fluid milk drink such as Cool Cow. Tewksbury concluded by saying a local

veterinarian has been claiming for years, that hydrogenated oils are a real culprit to our consumers and "Certainly, now is the time for the dairy industry to continue to supply our American Consumers with the most pure milk and milk products possible.



Plans Under Way For Beaver-Lawrence Pageant

WESTFIELD (Beaver Co.) — The 20th annual Beaver-Lawrence Dairy Princess Pageant will be held June 25 at Westfield Grange. Festivities begin at 7:30 p.m. with a cheese social. The pageant will start at 8:00 p.m. and will be followed by an ice cream social.

Previous Dairy Princesses will be present to celebrate twenty

years of combined dairy promoting in Beaver and Lawrence Counties.

There are four contestants for the pageant this year. They are Jennifer Brown, the daughter of Kenneth and Judy Brown of Volant; Gwendolyn Harman, the daughter of Wendell and Katherine Harman of New Castle; Roberta McConnell, the daughter

of John and Lois McConnell of Volant; and Farin Weltner, the daughter of Albert and Carol Weltner of Georgetown.

Before the pageant each contestant will be interviewed by a panel of three judges. During the pageant the contestants will either give a presentation or a speech, and answer an impromptu question.



Contestants for the Beaver-Lawrence Dairy Princess Pageant are from left, Farin Weltner, Gwendolyn Harman, and Roberta McConnell. Missing from photo is Jennifer Brown.



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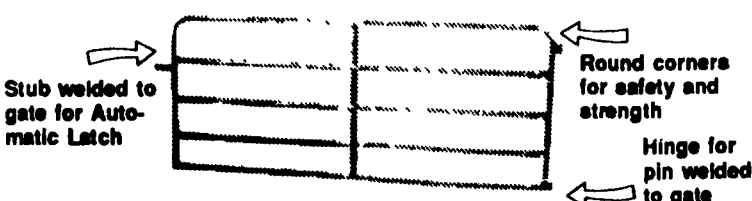
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