

Cook's Question

(Continued from Page B8)

ANSWER — Evelyn Snooks would like a recipe for sweet cauliflower pickles. Thanks to Stan's Kitchen for sending a recipe.

Pickled Cauliflower

- 2 heads cauliflower
- 4 teaspoons salt
- 4 cups sliced carrots
- 1 quart white vinegar
- 1 cup sugar
- ½ cup dried onion flakes
- 2 tablespoons mustard seeds
- 2 teaspoons turmeric
- 4 peppercorns

Cut cauliflower into large slices. Place in a large bowl; sprinkle with 2 teaspoons salt. Sprinkle 2 teaspoons salt over carrots in bowl. Let stand, covered, for 2 hours. Rinse under running water; drain well. Combine vinegar and remaining ingredients in saucepan. Bring to a boil; add carrots. Simmer, covered for 5 minutes. Add cauliflower. Simmer, covered for 6 minutes or until tender. Crisp pack vegetables into hot sterilized jars, adding boiling liquid, leaving ½ -inch headspace. Seal with 2-piece lids. Process in boiling water bath for 10 minutes. Yield: 4 quarts.

ANSWER — Gerri Rottkamp, West Hempstead, N.Y., asked why her canned crushed tomatoes and sauce are very acid tasting this year. Thanks to Ann Daniels, Shartlesville, who suggests she add a pinch of baking soda to the tomatoes. It will foam; let set 5 minutes and taste. If it is still bitter, repeat process until results are achieved. Ann said she read this solution in an old recipe for tomato soup and that this works for her. Thanks to Karen Kinnane, Shartlesville, who writes that tomatoes vary greatly in acidity. The newer varieties tend to be very low in acid and the USDA has even issued warnings about being extra careful when canning these varieties because they do not keep as well. Gerri evidently used a more old-fashioned tomato. The acid taste may be corrected by adding from one teaspoon to one tablespoon sugar to a jar of tomatoes before or after canning.

ANSWER — Faye Detter, Mechanicsburg, requested a recipe for schmeircase cheese. Check the Home On the Range section this week for a recipe.

ANSWER — Kathy Szarko, Landisville, purchased a pound of chestnut flour and wanted to know how to use it. Thanks to Mary Cerami, Jamison, who said that chestnut flour is finely ground dry nuts that is used as a flour substitute in making Torten (tortes). Here is her recipe.

Chestnut Torte Cockaigne

Have all ingredients about 70 degrees. Sift:

- 1 cup sugar
- Beat:
- 6 egg yolks
 - Add the sugar gradually and beat until very creamy. Add: Grated rind and juice of 1 lemon or of 1 small orange
 - 1 teaspoon cinnamon
 - 1 cup ground chestnut flour
 - ½ cup toasted almond extract
 - Whip until stiff but not dry:
 - 6 or 7 egg whites

The extra egg white makes a much lighter cake. Fold them lightly into the batter. Bake about 40 minutes in an ungreased removable-rim pan or loaf pan. Let cool in the pan. Spread with chocolate butter icing or bake it about 20 minutes in two 8-inch ungreased layer pans. Spread sifted confectioners' sugar or preferred filling.

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Lancaster Farming, Saturday, April 16, 1994-89

Want To Sell Homemade Food?

LEBANON (Lebanon Co.) — The Penn State Cooperative Extension will be offering a two-evening workshop, Food for Profit, on April 25 and May 2, from 7:00 to 10:00 p.m. at the Lebanon County Extension Office, 2120 Cornwall Road, Lebanon.

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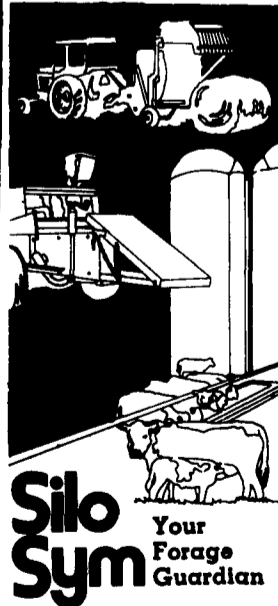
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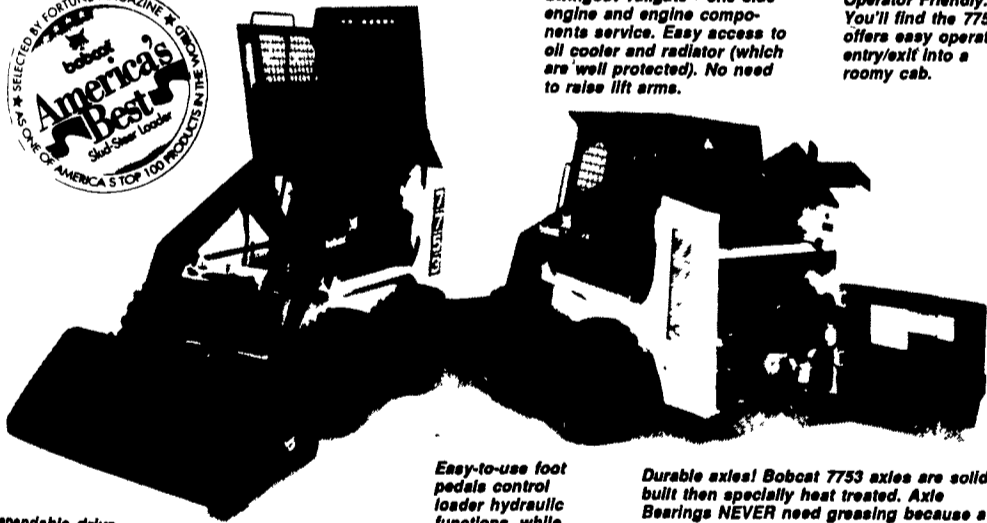
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