

Fashion, Food, Healthful Lifestyles Focus Of Homemakers' Program



Gwen Owens

LEESPORT (Berks Co.) — Want to know how to dress for less, juggle family and career, cook a Thai dessert, trace the Pennsylvania Dutch heritage, and create a healthy lifestyle with an anti-cancer action plan?

You may learn all this and more at the Berks County Extension Spring Awareness Day on Tuesday, April 19, from 9 a.m. to 2:45 p.m. at the Berks County Ag Center.

Gwen Owens, News 8 anchor for WGAL TV 8, will tell how she manages to juggle a full-time career, two children, marriage, a long daily commute, and church and community activities.

Nancy Dibbs, mother of five children and a bank teller, will share her secrets for enhancing her and her family's wardrobes. She said, "I believe clothes are not an

investment, they are disposable and you should not pay much for them."

A variety of designer and brand name clothes that she purchased will be modeled during her humorous talk.

Nipa Hammond, a native of Thailand will talk about the culture and customs of families and demonstrate making a Thai dessert.

The message is clear from Ann Rollman, R.N. M.S.N., OCN, that lifestyle changes and preventive screening and testing may reduce your cancer risk. Research in cancer prevention and detection has changed remarkable during the last decade. Rollman will tell you how to create a healthy lifestyle with an anti-cancer action plan.

Claude Reich, PhD. will explore the roots of the Pennsylvania

Dutch in a slide presentation of tracing his heritage to southwest Germany.

Reservations are limited and due by March 31. The \$7 fee includes meal and program. Make check payable to Berks County Extension Homemakers Fund, and enclose a self-addressed stamped envelope for your ticket return. No one will be admitted without a ticket. Reservations should be mailed to Mary Binkley, 234 N. Galen Hall Rd., Wernersville, PA 19565.

New Eco-Textiles

From sheets and towels fashioned from cotton (actually grown in colors) to attractive floor mats made from recycled tire rubber, earth-friendly products are making their way into the home textiles market, reports *The Soap and Detergent Association*.

Other exciting developments include Fortrel Ecospun, a fiber made from 100% recycled post-consumer plastic, and a water-based Teflon Fabric Protector. The former is used in fiberfill for pillows, mattress pads and upholstered furniture, apparel and crafts. The latter is 100% solvent free. Earthwise is a yarn dyeing process that is professed to be free from heavy metals and formaldehyde. Colors are derived from vegetables, insects, berries and flowers.

Tires are not the only things on the reuse circuit. Manufacturers are producing lap shawls made from recycled wool, chindi rugs made from cotton shirt scraps and bath accessories from recycled glass.

SPREAD THE WORD!

HERSHEY
EQUIPMENT CO.

SYCAMORE IND. PARK
255 PLANE TREE DRIVE
LANCASTER, PA 17603
(717) 393-5807

To: All Hershey Equipment Employees
From: Donald C. Hershey
Subject: Big Dutchman Outperforms Competitors

After tabulating the results of many layer flocks nationwide, we now have positive proof that Big Dutchman systems outperform all major competing systems.

Unlike what competition has been claiming with absolutely no proof, we have all the facts to back up our statements.

Spread the word! Anyone considering a new building or remodeling an older house can be assured that Big Dutchman offers these advantages.

- ★ More Eggs Per Bird
- ★ Larger Eggs
- ★ Less Electrical Expense

- ★ Better Feed Conversion
- ★ Less Mortality
- ★ Cleaner Eggs

All these facts mean that a Big Dutchman system installed by Hershey will save money in operating expenses. The contract grower also receives a larger bonus payment!

Results are not from some small test house but are based on a blend of results from coast to coast, north to south.

DON'T WASTE YOUR MONEY!

More Eggs Per Bird And Better Feed Conversion Puts Money In Your Pocket!



Big Dutchman®

IF ITS WORTH YOUR INVESTMENT, TRUST IT TO HERSHEY

HERSHEY
EQUIPMENT CO.

SYCAMORE IND. PARK
255 PLANE TREE DRIVE
LANCASTER, PA 17603

(717) 393-5807

CONTRACTS
AVAILABLE FOR
LAYERS, PULLETS
AND BREEDERS.
CALL FOR DETAILS!

GOLDEN PRIDE'S FORMULA FOR HEALTH

Call Or Write

JESSE S. WEAVER

1431 Brunnerville Rd.

Lititz, PA 17543

717-626-5503

SOYBEAN ROASTING ON YOUR FARM



FULL-FAT ROASTED SOYBEANS For Maximum Feeding Value

- High energy, by-pass protein and palatability
- Toxic enzymes and molds destroyed
- Peak performance with retained oil and lecithin
- Improved Total Digestible Nutrients
- Ultimate rich peanutty flavor and aroma
- Dired as roasted
- Roast own grown beans - Avoid trucking and docking
- Economical and efficient for lower feed costs
- Ready for use or storage

Custom Roasting in PA and Surrounding States

David N. Groff
RD 3 Lewisburg, PA
(717) 568-1420

Schnupp's Grain
Roasting, Inc.
RD 6 Lebanon, PA
1-800-452-4004
717-865-6611

Horst Grain Roasting
3040 Penns Grove Rd.
Lincoln Univ., PA 19352
(Chester Co.)
(215) 869-8834

Roast-M-Matic
Grain Roasting
Sales-Service
Custom Work
Roast-Cool Unit Available