B8-Lancaster Farming, Friday, January 7, 1994



If you are looking for a recipe but can't find it, send your recipe request to Lou Ann Good, Cook's Question Corner, in care of Lancaster Farming, P.O. Box 609, Ephrata, PA 17522. There's no need to send a SASE. If we receive an answer to your question, we will publish it as soon as possible.

Answers to recipe requests should be sent to the same address.

QUESTION - Carole Nace, Mifflintown, would like a recipe for chocolate trifle.

QUESTION --- Rose Futrell, Cape May, N.J. wants a recipe for pumpkin cheese cake that includes cognac.

QUESTION - Bette Lawrence, Honesdale, would like a recipe for pear jam or pear jelly that uses green tomatoes as an ingredient.

QUESTION — Samuel Musumeci, Woodstown, N.J., has a non-cooking question, which he hopes readers can answer. He would like to know where to purchase coal to use in an old forge

QUESTION — Mel Martin, Penn Yan, N.Y., wants a recipe for regular old-fashioned pretzels.

QUESTION - Pat Elligson, Millers, Md., would like a recipe for kinklings, a deep fried large raised type donut. She had some at the Frederick Co. Fair and would like the recipe.

QUESTION - Mrs. Dixie Fix, Harrisonville, would like a recipe for bananas in red syrup such as those served at the Ponderosa dessert bar.

QUESTION - Lois Martin, Waynesboro, would like a recipe for stack cake that is similar to a fruit cake without nuts.

QUESTION - Mimi Stoltzfus, Lewisburg, would like a recipe for honey-mustard pretzels such as those sold by Snyders.

CORRECTION - In the Dec. 18th issue, a recipe for peanut butter bars appeared without the amount for peanut butter. Thanks to Elizabeth Oberholzer, Chambersburg, who wrote that she experimented with the recipe until she found the perfect amount and everyone loved the bars. Here is the correct recipe.

PEANUT BUTTER BARS

2 cups crushed graham cracker crumbs

2 cups peanut butter

2 cups confectioners' sugar

¼ cup butter

Mix together ingredients like pie crust mix. Chill at least 1 hour. Form into small balls. Dip in melted coating chocolate. While dipping, keep chocolate on low heat. Place on wax paper and chill overnight. Store in tight container.

ANSWER — Thanks to Dorothy Monie, Newville, who has a suggestion for the Chambersburg reader who had questions about her Hitachi bread making machine. Dorothy also has a Hitachi. She has poor results using any other yeast then Fleishmann's Rapid Rise. She tried bulk and other brands.

She uses 1 package Fleishmann's for 1 large loaf bread that she bakes on either bread or bread rapid cycles. Raisin bread is baked on the mix bread cycle. She does not thing that bread baked on the delayed time cycle is as good. The recipes that came with the machine work well.

ANSWER — A New York reader wanted a recipe to make venison sausage. Thanks to John Shank for sending a recipe. He has an extensive brochure with many recipes, hints, directions and items needed for those interested in making their own sausages or curing their own meat. He does not use sodium nitrite or saltpeter in his recipe for cure mix. To receive a copy, send \$1 and your name and address and say that you read this in Lancaster Farming; otherwise, it costs \$5. Venison Polish Sausage 21/2 pounds fine ground venison 2½ pounds medium ground pork 2 teaspoons ground white pepper 2 teaspoons monosodium glutamate 1 teaspoon black pepper 1 teaspoon ground marjoram 2 teaspoons garlic powder Liquid smoke, optional 1 cup water 6 teaspoons sait 2 teaspoons sugar Hog casings Mix meat and all ingredients by hand for 5 mintues. Stuff into hog casings. Place n refrigerator overnight, not to exceed 12 to 16 hours. Cook in water at 160 degrees until internal tempertaure of sausage reaches 155 degrees. Cool in water until internal temperature is below 90 degrees. Store in refrigerator. Use within 10 days or freeze.

Breakfast Favorites

EGGS ARNOLD *

2 English muffins, split and

8 slices smoked turkey ham

In a saucepan, bring 2 to 3

inches of water to boiling. Reduce

heat to keep water simmering.

Break cold eggs, 1 at a time into

custard cup or saucer. Holding

dish close to water's surface, slip

eggs, 1 by 1, into water. Cook

about 3 to 5 minutes, depending on

desired doneness. With slotted

spoon, lift out eggs. Drain in spoon

or on paper towels and trim any

slices turkey ham, 1 poached egg,

and 2 tablespoons mustard sauce.

MEXICAN COFFEE

hot coffee, stir with a cinnamon

stick, top with a dollop of whipped

cream, dust with powdered

For each serving, pour a cup of

Top each muffin half with 2

tough edges, if desired.

3/3 cup mustard sauce

4 egg

toasted

(Continued from Page B6)

MICROWAVE POACHED EGGS

3 cup water

4 eggs

Pour water into 1-quart bowl or baking dish. Break and slip in eggs. Gently prick yolks with tip of knife or wooden pic. Cover with plastic wrap. Cook on full power about 11/2 to 3 minutes. If necessary, let stand, covered, until eggs asre completely cooked and yolks begin to thicken but are not hard, about 1 to 2 minute. Lift out with slotted spoon.

BISQUICK MIX

8 cups flour

1% cups dry milk 5 tablespoons baking powder

tablespoon salt 1 cup shortening

Mix together ingredients. Store in tight container in freezer. Substitute for any recipe requesting Bisquick.

Stan Kitchen Dallas

ANSWER -

for a good black walnut cake. Thanks to Grace W., Nancy Slonaker, Granville Summit; D. Hoover, Reinholds; a Frederick, Md. reader, and others for sending recipes. **Black Walnut Chiffon Cake**

chocolate.

2 cups flour

1½ cups sugar

- 3 teaspoon baking powder
- teaspoon salt
- Combine dry ingredients in mixing bowl and add: 1/2 cup salad oil
- % cub water
- 7 unbeaten egg yolks
- 2 teaspoons vanilla

Beat until smooth. Add:

1/2 cup black walnuts, finely chopped Beat until very stiff:

7 egg whites

1/2 teaspoon cream of tartar

Stir egg whites gently into first mixture. Pour into ungreased tube pan. Put into 300 degree oven. Slowly increase heat to 350 degrees. Bake 1 hour and 10 minutes.

Black Walnut Cake

- 2 cups granulated sugar
- 1/2 cup butter
- 3 egg yolks
- 3 egg whites, beaten
- cup milk 1
- 2 cups flour
- 1 cup black walnuts, chopped
- 2 teaspoons baking powder
- Mix all ingredients except egg whites. Fold in egg whites

last. Spoon into 2 8-inch layer cake pans. Bake about 30 minutes at 375 degrees.

Mary Henderson's Black Wainut Cake

Grease a tube pan. Set oven at 250 degrees and put a pan of water in oven to keep the cake moist.

- % pound black walnuts
- 2 pounds raisins
- ½ cup wine
- Mix and set several hours or overnight. Use a little flour to dust the fruit just before adding to the cake mixture. Add:
 - 3/4 pound butter (do not substitute)
 - 2 cups sugar
 - 3½ cups flour
 - 1 teaspoon nutmeg

GINGER PEACH SAUCE TOPPING FOR WAFFLES

¹/₄ cup butter 2-3 teaspoons fresh chopped

ginger 4 medium fresh peaches or 2

cups frozen, thawed, drained

¹/₃ cup syrup

1 tablespoon cornstarch

1 tablespoon water

In medium saucepan, melt butter, cook ginger for 1 minute. Add syrup and peaches, mix well and bring to a boil. Combine water and cornstarch, stir into hot mixture. Cook stirring constantly until mixture thickens.

Yield: 2½ cups. Serves 4.

LIGHT 'N' CRISP WAFFLES

2 egg yolks

- 2 cups milk
- 2 cups all-purpose flour tablespoon baking powder 1
- ¹/₄ teaspoon salt
- % cup oil

2 egg whites, stiffly beaten Preheat waffle maker. Beat in all ingredients except egg whites in mixing bowl. Beat on low until moistened then increase to medium, mix until smooth. By hand, gently fold in beaten egg whites. Pour ½ cup on griddle $2\frac{1}{2}$ -3 minutes.

SILVER DOLLAR

- PANCAKES ¹/₂ cup low-fat cottage cheese
- 2 eggs
- 2 tablespoons flour
- 1/4 teaspoon cinnamon
- 1/4 teaspoon salt

Place all ingredients in blender; cover. Blend at high speed, about 30 seconds. For each pancake, pour 2 tablespoons batter onto hot, lightly greased griddle. Cook on both sides until golden brown. Top as desired.

ZESTY GRIT CASSEROLE 1 cup quick hominy grits

1/4 cup shredded cheddar cheese

4 ounces chopped green chilies

In a large bowl, stir together

grits and boiling water. Allow

mixture to set for 2 to 3 minutes to

thicken slightly. Stir in remaining

ingredients. Pour into greased

11/2 -quart casserole. Bake in pre-

heated 350 degree oven until knife

inserted near center comes out

clean, about 45 to 50 minutes. Let

stand 10 minutes before serving.

BLUEBERRY MUFFIN

COFFEE CAKE

tablespoon chopped cilantro

4 cups boiling water

1/4 cup butter

3 eggs, slightly beaten

1/2 teaspoon garlic salt

6 eggs

Cream butter and sugar. Add eggs, one at a time, mixing well. Add flour and nutmeg. Add dusted fruit. Pour into tube pan. Bake 3 hours at 250 degrees

ANSWER — Cindy Dohoda, Schellsburg, wanted a recipe for a good rolled chocolate cookie to cut with cookie cutters. Thanks to Louise Rapp, Easton, for sending a recipe. **Chocolate Christmas Cookles**

2 cups sugar

1 cup butter

4 eggs

- 1/2 cup baking cocoa
- 3 cups flour

% teaspoon baking soda mixed in a little vinegar

Mix all ingredients and chill. Roll out on floured surface. Cut into shapes. Bake on cookie sheet for 8-10 minutes in 325 degree oven.

CKK ¹/₂ cup skim milk 1/3 cup butter, melted 3¼ cups flour ³/₄ cup sugar 2 tablespoons baking powder 1/2 teaspoon salt 4 cups fresh blueberries In a small bowl, beat eggs. Add milk and butter, mix well. Set aside.

In a large bowl, stir together flour, sugar, baking powder, and salt. Add egg mixture and stir just until well blended. Gently fold in blueberries.

Pour into greased 13x9x2-inch pan. Bake in preheated 350 degree oven until cake tester inserted near center comes out clean, about 35-40 minutes. Serve warm or cold.