

## Ida's Notebook

Ida Risser

A new year and a new start. And yet, I would suppose that despite our best intentions most of us will continue in our old ways. Habits are so hard to break.

Maybe we go to bed too late or get up too late in the morning. But it is so nice to have some quiet time at the end of the day. Maybe we eat a bit too much, but again, it does taste so good.

It is so easy to talk before you think about how the words will affect someone else. Just the other day, I thanked a neighbor for the "little loaf of bread." Now I certainly didn't mean to emphasize

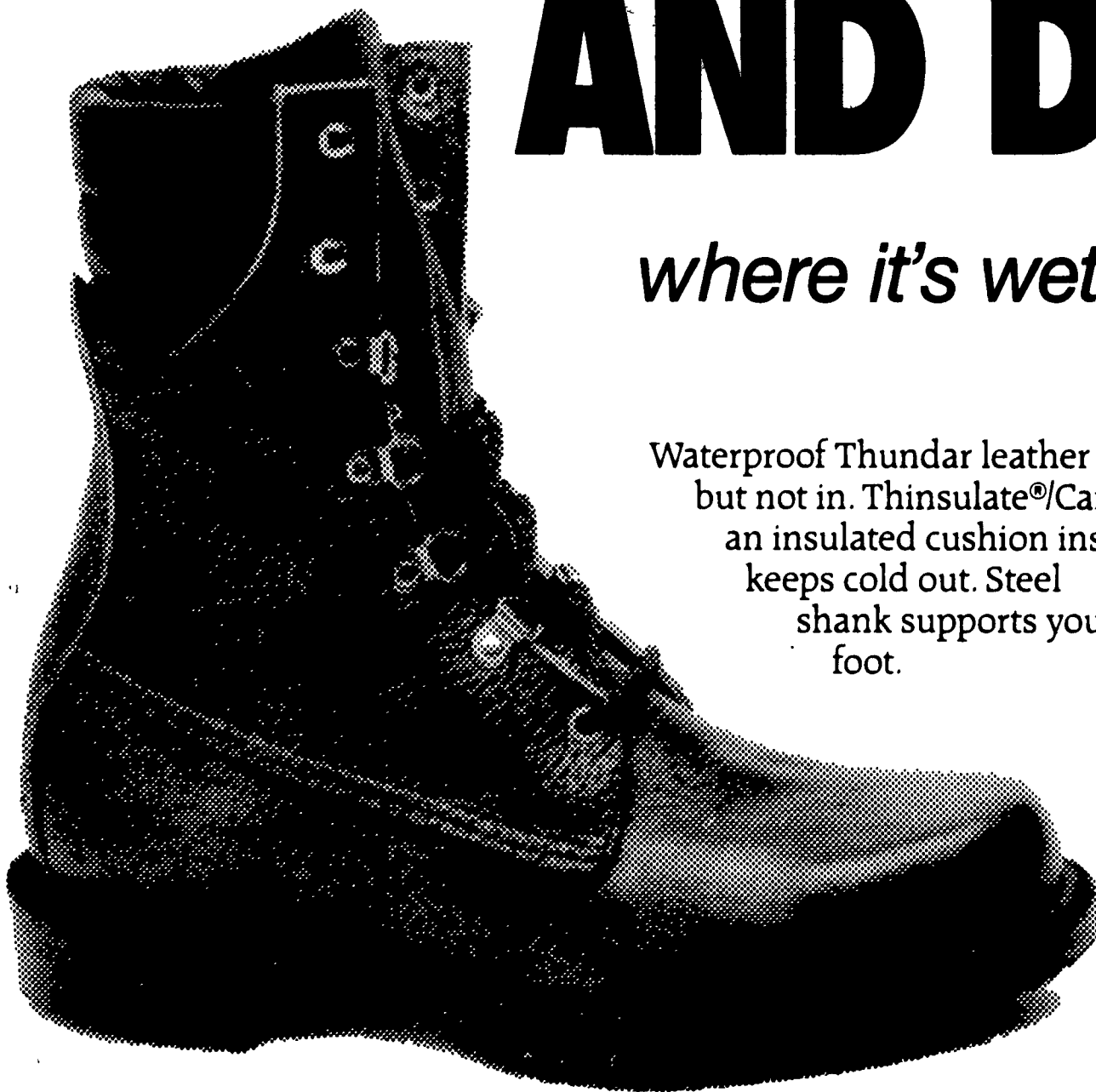
the word "little" but it sounded that way. You can't take the words back once they are spoken.

Last week I had the opportunity to take care of our two grandsons for two days, I may have been a bit out of practice to care for a two-week-old but he was a good baby for me.

The three-year-old and I played a lot of games as he just had a birthday and received many pre-

sents. He wanted the same books read to him over and over again despite the fact that he had lots to choose from.

We do not have the chance to see most of our grandchildren grow up as they are scattered over the country. So, we are thankful to have some nearby and we hope the new year will bring more good things than bad things.



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