

Strengthen Your Family

Millions of Americans, young and old, are doing things to make their families stronger.

They're working to strengthen family ties because they feel stress is upsetting to the family. Everyday stress piles up as family members worry about many seemingly unavoidable problems. Family members can help each other deal with everyday tensions and strains. Building a strong family is

the best insurance against the devastating effects of family stress.

Every family, including yours, has its strong points. What are your family's strong points?

Here are a dozen tips to build a strong family:

Spend time with each other, do things together as a family.

Plan ahead with your family so things will happen and not just

happen.

Establish a reasonable balance between outside activities, work schedules, and your family.

Talk with each other and listen carefully to understand the other's

viewpoint.

Show each family member consideration and appreciation, especially in everyday ways.

Respect each person — his/her

Cranberry Credentials

Fresh cranberries contribute vitamin C and fiber to the diet.

They are low in calories and sodium, too.

ideas, thoughts, and feelings.

Develop pride in your family. Resolve problems and conflicts in a constructive way.

Help each other and be willing to let others help you.

Contact and build ties with other families.

Take part in community affairs and use community services.

Develop a spiritual focus within your family.

Grange Recognizes Deaf

CLARION — The Deaf Activities' Sign-A-Song contest had special meaning this year for Jennifer McCullon.

McCullon of Venango County said she dedicated her performance of "For All The World" to a friend who recently was killed in an automobile accident.

McCullon won first place in the Sign-A-Song competition on the opening night of the 121st Pennsylvania State Grange convention here. Also held was the Youth Department's Public Speaking contest with winners selected in three age groups.

The Sign-A-Song competition is held as part of the State Grange's Deaf Activities program and is a forum to demonstrate the ability to utilize sign language to songs.

"I dedicated this performance in remembrance of Mike because he was going to propose to his girlfriend and he truly wanted everything in the world," McCullon said. "I also like to sign and participate in this event because it gets you in touch with another culture and gives you a better understanding of what the deaf go through."

In the Public Speaking competition, Kirk Sattazahn of Berks County took first-place honors with a speech titled "Tomorrow's Yesterdays." Sattazahn discussed those who made discoveries that changed our lives - even when they were told they would never succeed.

"There was a man who drew cartoons and tried to sell them to everyone, but no one would buy them," Sattazahn told the audience of approximately 600 people. "That man was Walt Disney and I can't imagine the world without his work."

The Public Speaking contestants were judged on the content of the text, composition, voice qualities, stage presence, expressiveness, general effectiveness, time and their answer to an impromptu question.

Yuletide Magic Comes To Country Museum

MUMFORD, NY — The enchantment of the holiday season will animate the historic village as Genesee Country Museum reopens for the first time, December 3-5 and 10-12, to present a new holiday event.

"YULETIDE IN THE COUNTRY: A TOUR THROUGH CHRISTMAS PAST" will transport you to a special place in time where the holiday customs and traditions of the 19th century will be vividly portrayed before your very eyes. Capture the cheer, rejoice in song and savor the sights and sounds, as you meet the families, citizens and villagers as they prepare to spend the night before Christmas.

"YULETIDE" dramatically acknowledges the contributions made by various nationalities to the evolution of America's Christmas observances. The specially designed tour will lead you through the village as you experience several live performances of holiday time activities from the merriment of the Hamilton House, to the silent night at the Log Cabin, to the music of choirs as it fills Brooks Grove Church.

Street theatre, carollers, and Mr. "C.J. Wood's" dancers will round out the celebration. See the Village as you have never seen it before... filled with the festive spirit of a 19th century Christmas.

Tour size is limited and advance reservations are required. Admission is \$10 for adults, \$5 for children ages 6 through 17, children 5 and under are admitted free. Reservations forms and information are available by calling the museum at (716) 538-6822.

bobcat
DO IT ALL

With more than 30 attachments available, you truly can do it all with a Bobcat® machine. The rugged Bob-Tach mounting system makes changing attachments a snap. Write or call for free 32-page Buyer's Guide.

Melroe Company
P O Box 6019
 Fargo, ND 58108-6019 • (701) 241-8700

MELROE COMPANY
A BUSINESS UNIT OF JOHN DEERE COMPANY

Philadelphia Area
DELAWARE VALLEY BOBCAT
215-828-2800

Honey Grove, PA
NORMAN D. CLARK & SON INC.
717-734-3682

West Lawn, PA
CLARKLIFT SERVICES
215-670-2950

Bathlehem, PA
215-868-1481

Quarryville, PA
GRUMELLI'S FARM SERV.
717-786-7318

Lebanon, PA
EVERGREEN TRACTOR CO.
717-272-4641
1-800-441-4450

Mill Hill, PA
DUNKLE & GRIEB
717-726-3115

Muncy, PA
BEST LINE LEASING, INC.
717-546-8422
800-321-2378

Millinburg, PA
BS & B REPAIR
717-966-3756

Honesdale, PA
CHARLES H. SIEPIELA, INC.
717-253-3334

Towanda, PA
S.P.E. INC.
717-265-4440

Chambersburg, PA
CLUGSTON AG & TURF, INC.
717-263-4103

Hannover, PA
FINCH SERVICES
717-632-2345

Needmore, PA
CLUGSTON FARM EQUIPMENT
717-573-2250