



Have You Heard?

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Lancaster Extension
Home Economist

Have A Safe Halloween

Halloween traditions — dressing up in costumes, carrying jack-o'-lanterns, telling stories around a fire, and trick-or-treating — have been around for centuries. This is one of the oldest celebrations we have, reflecting tradition and revelries, that has evolved over 2,000 years and through many cultures.

There is no real trick to making Halloween a treat for the entire family. However, the responsibility for a safe and enjoyable occasion is shared by adults and children. The dangers are not from witches or spirits, but rather from falls, pedestrian and car accidents, and deliberate Halloween hazards.

Will your child's costume be safe? Buy or design costumes so youngsters can walk easily without tripping or falling. Baggy pants, long skirts or wide capes can become entangled in bushes, hedges or fences.

Costumes should be lightweight and fit properly. However, they should be large enough so warm clothing can be worn underneath if it is cold outside.

Comfortable, sturdy, well-fitted shoes are a must. Clumsy, floppy clown feet, heavy boots, dad's old garden shoes and mom's high

heels may contribute to falls and spilled treats.

Whiskers, beards, wigs and hats should be fastened securely and designed so they do not get into youngsters' faces, obscuring vision.

All costumes should be highly visible. Light and bright colors are preferable. At dusk and at night, reflective tape or trim is needed. Place it on the arms and legs or feet or across the chest and back for greatest visibility.

Buy flame-resistance costumes or make them from flame-resistant material. Look for the marking on the end of the material bolt or on the box the purchased costume is in.

Carrying flashlights will help children see better and be seen more clearly. Never allow anyone to walk using a lit candle for a light.

Masks can obstruct a child's vision. Facial make-up is safer, more colorful, and more comfortable. If masks are worn, they should have openings for the nose and mouth, and large eye holds for good visibility.

Plan and discuss the route trick-or-treaters intend to follow before they leave home. Do not allow young children to travel alone or unsupervised. They should be



Farm Women Societies Lancaster Society 26

Lancaster Society of Farm Women 26 met at the home of Polly Kreider for their October meeting.

Joan Hershey led in the devotions and prayer. Vice president Lois Brubaker conducted the business meeting.

Deb Kreider spoke on the joys of making ice cream. She is the daughter of Polly Kreider.

The November meeting is scheduled to be held at the home of Joan Hershey for a craft night.

accompanied by an adult or responsible older child. Set a time limit if children are old enough to go with their friends, and know the names of the companions older children are with.

Review all appropriate trick-or-treat safety precautions, including pedestrian/traffic safety rules. Insist that youngsters are good manners, are courteous, and say "thank-you" for treats received.

To insure a safe and enjoyable trick-or-treat outing, I urge parents to: Give your children an early meal or a filling, nutritious snack before they go out, so they will not be tempted to eat candy or other treats before they get home. Insist that treats be brought home for inspection before anything is eaten. Wash fruit and slice it into small pieces. Report anything that appears suspicious about treats to the police, and when in doubt, throw it out.

York Society 26

York County Farm Women 26 met October 12 at Deb's Restaurant for lunch. There were 17 members and one guest in attendance.

Twelve members will be attending the York County Convention on November 4 at Wisheaven Hall.

Officers were elected for 1994 and 1995. Doris Beshore will serve as president.

The next meeting will be No-

vember 9 at Two Brothers Restaurant on Robinhood Drive.

York County Farm Women 26 met September 14 at Deb's restaurant in Newberrytown for lunch. The business meeting was held at Paddletown Church. President Ruth Traver was in charge. Ruth Willis was hostess and Martha Huston was in charge of entertainment.

Donations were sent to the Heart and Cancer Funds, Salvation Army and 6 fire companies.

Lancaster Society 20

Lancaster Farm Women #20 met October 7 at the home of Barbara Stone with Marie Foose and Freda Wimer as co-hosts. For the scripture Barbara read from the 4th chapter of I John followed by the poem "Whispers of Love." All joined in praying the Lord's Prayer and the salute to the flag. The guest speaker was Senator Armstrong who gave some enlightening views on some prominent subjects.

The president, Nancy Axe, presided at the business meeting after the roll call at which time the

members paid their dues and they were asked to give suggestions for 1994. The Sunshine Committee reported 5 cards and 2 bouquets were sent the past month. Dolly Keen was congratulated on her 80th birthday. The Bake Sale at TownsEdge was \$142.00. Count was taken of those going to the County Convention, November 6, at the Farm and Home Center. The meeting closed by singing "Brighten the Corner" to meet the next month with Dorothy Crawford instead of Pauline Reinhart.

Lancaster Society 18

Anna Esbenshade was hostess to the October meeting of Farm Women Society #18 at Calvery Fellowship, 502 Elizabeth Drive, Lancaster.

Twenty members and two guests attended. President Ruth Rohrer in charge. Dorothy Brubaker had devotions. Roll call question was "What legislative change would you like?" The

program, "Canada's Maritime Provinces," with Pa Farm Women was given by Edna Buckwalter and Ruth Rohrer.

Thirty five members and friends took a bus trip to Fort Hunter Mansion and a boat ride on "The Pride of the Susquehanna."

In November member will entertain husbands and guests at the Gathering Place, Mt. Joy.

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