

Lisha Mummert

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ited an area nursery school to talk with pre-schoolers about milk and dairy products. A cheese promotion and sampling was well received by customers at a local hardware store. And congratulating show winners with ribbons at both the Adams County and Shipensburg district 4-H roundups was a special pleasure for Lisha, who showed cattle as a young 4-H member.

"We also had a dairy promotion at the Caledonia golf course," relates Lisha of a somewhat different sort of commodity event shared with the apple promotion program. "We handed out cheese to the golfers. They really seemed to enjoy it and it was a lot of fun to do."

"Do you really live in a castle?" a wide-eyed little girl asked Lisha during a visit she and Jayne Hess did with children of migrant farm workers employed in the county. Guests at the Brethren Home at

New Oxford were equally friendly and receptive as she shared dairy tips.

But despite her training and experience with promotion, Lisha admits to being surprised at one unexpected request at an appearance — that she give autographs. She quickly regained her composure and complied, signing her name on dairy recipe leaflets she had been sharing.

Though Lisha has a busy college schedule for the next few months, she plans to continue her dairy promotion with newspaper articles and appearances that can be scheduled on weekends. Her princess role dovetails with Lisha's major studies in college, focusing on communications and marketing, with a lesser emphasis on health and fitness courses. As a field hockey player, she moved to Western Maryland College two weeks prior to the start of classes for pre-season practices and continues to run several miles daily

for training.

Fitness and sports were an important part of Lisha's high school years. She played on New Oxford High School's field hockey, basketball and track and field teams. Lisha was equally comfortable in student leadership roles, elected for several years to the student council, serving as its secretary when she was a junior, and vice-president in her senior year. She was also president of the varsity club, and chosen by fellow students for such honors as sophomore princess and homecoming queen.

"I was lucky to be able to do all the things I could during high school," Lisha says with appreciation for her family's support. "I think it's good to be involved in your school and your community."

That family support continues with Lisha's added responsibilities as dairy princess. Her mother assists with her dairy promotion events, while other family members, like 16-year-old brother

Ladd, have helped fill-in for her at milking time. Helping with milking the Yellow Buttercup Farms 150-head Holstein herd has been her prime farm responsibility, along with the care of the neatly-kept farmsteads lawn and gardens. A second brother, Lane, is a student at Franklin University of Electronics, Columbus, Ohio.

With last-minute dairy princess pageant preparations finished, Lisha will turn her full attention to the demands of college and its related activities. While the school is only about an hour from the Mummert farm and she does come home most weekends, Lisha admits to missing her mother's cooking, being with the family and their pet cocker spaniel.

Lisha enjoys traveling and meeting people and hopes to be able to participate in the college's two-credit, "January term" program. An intense, few-week cultural and travel opportunity for students, the January term program

range from foreign exchange visits to specialized courses in specific studies. In her junior year at high school, Lisha visited France and Spain with a group of students from her French class. She enjoyed the European culture and was especially impressed with the amount of walking, rather than automobile use, to get from place to place in the cities.

Most of her traveling for the next few months will be closer to home, as Lisha visits Adams County classrooms, retail centers, and agriculture events. With her interest in athletics and the outdoors, she is already looking forward to the dairy promotions at local ski areas.

For Adams County Dairy Princess, Lisha Mummert, a busy schedule is probably only going to get busier for awhile.



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