# Peachy Recipes <br> Mouthwatcring ripe summer 

peaches, harvested from late July through the end of September, make a delicious snack on their own. But, there are also many refreshing recipes. As with all good things, the better the quality of ingredients, the better the results. Use fruit at the peak of ripeness, pure not imitation flavor extracts, fresh eggs, and real dairy products.

GLAZED PEACH PIE
1 cup sugar
$1 / 4$ cup cornstarch
Dash salt
2 tablespoons water
1 tablespoon lemon juice
$21 / 2$ cups purecd fresh peaches
$31 / 2$ cups sliced fresh peaches 9 -inch baked pic shell
In saucepan, combine sugar, cornstarch, and salt. Stir in water, lemon juice, and pureed peaches. Cook over medium heat, stirring constantly until thickencd. Reserve $1 / 2$ cup glaze. Pour remaining glaze into baked pie shell. Top with sliced peaches and brush with reserved glaze. Chill at least 3 hours.

## Nancy Kramer Newnanstown

## PEACHY MILKSHAKE

$11 / 2$ cups peeled sliced fresh peaches
1 pint peach ice cream, softened
2 cups cold milk
Scoop of peach ice cream
Place peaches in blender container, cover. Purec until smooth. Add 1 pint ice cream in scoops. Blend until well combined. Add milk. Blend until smooth and frothy. Scrve immediately in tall chilled glasses each topped with a scoop of peach ice cream.

## CANNED PEACHES

IN APPLE JUICE
12 pounds firm, ripe peaches $21 / 2$ cups unswectened apple juice

Wash and drain peaches. Cut into halves; pit and pecl. Treat to provent darkening. Cook a few peaches at a time in water until heated thoroughly. Drain. Pack into hot jars, Icaving $1 / 2$ inch head space. Heat apple juice and pour over peaches, leaving $1 / 2$-inch head space. Remove air bubbles. Adjust caps. Process pints 20 minutes, quarts 25 minutes in boiling water bath. Makes about 5 quarts.

Deborah Filanowski
Schuylkill Co. Fair Cookbook

# Home On The Range 



PEACHY STRAWBERRY

## YOGURT SHORTCAKE

Shortcake:
$11 / 2$ cups butcermilk baking mix $1 / 4$ cup sugar
3 tablespoons butter
1 cup lowfat vanilla yogurt
2 eggs, beaten
Filling:
2 cups thinly sliced peaches 1 cup thinly sliced strawberries $1 / 4$ cup sugar
1 cup whipping cream
1 cup lowfat vanilla yogurt
Fresh mint, if desired
Preheat oven to 375 degrees. For shorctake, combine baking mix and sugar. Cut in butter until mixture resembles coarse crumbs. Stir in yogurt and eggs until dry ingredients are just moistened. Do not over mix. Spread batter into well-buttered, 9 -inch round cake pan. Bake 30 to 35 minutes, or until wooden pick inserted in center comes out clean. Cool in pan 15 minutes. Remove from pan; cool completcly on wire rack.
Meanwhile, for filling, combine peaches, strawberrics, and sugar. Cover and refrigerate. To serve, split shortcake in half horizontally. Whip cream until stiff peaks form; gently fold in yogurt. Place bottom layer on serving plate, cut side up. Top with half of the whipped cream mixture and half the fruit. Repeat layers ending with fruit. Garnish with mint. Scrve immediatcly.

## BROWN SUGAR

PEACH ICE CREAM
4 large peaches
11/4 cups firmly packed light brown sugar, divided-

1 tablespoon lemon juice
$11 / 2$ cups milk
3 cggs, beaten
$1 \frac{1}{2}$ cups whipping crcam
1 teaspoon vanilla extract Purce or fincly chop peaches. Stir in $1 / 2$ cup brown sugar and lemon juice, reserve. Combine milk, eggs and remaining $3 / 4$ cup brown sugar in medium saucepan. Cook over low heal, stirring constanlly, until mixture thickens and coats spoón, about 15 minutes. Stir in cream and extract. Chill. Stir peaches into cream mixture. Frecec in ice cream maker according to manufacturcr's directions.
Variation: For a peach swirl, fold the sweetened peaches into cream mixture after freczing in ice cream maker. Place ice cream in freezer for at least 1 hour before
scrving scrving.

## Recipe Topics

If you have recipes for the topics listed below, please share them with us. We welcome your recipes, but ask that you include accurate measurements, a complete list of ingredients and clear instructions with each recipe you submit. Send your recipes to Lou Ann Good, Lancaster Farming, P.O. Box 609, Ephrata, PA 17522. Recipes should reach our office one week before publishing date.
July
31- Summertime Vegetables
August
7- Canning With Less Sugar
14- Zuochini
21- T'omatoes


Dessert critics will go wild over these Peach-Toffee Shortcakes, which is the Featured Recipe for today.

PEACHES AND CREAM PIE
$1 / 1$ cup llour
$31 / 4$-ounce vanilla pudding (not instant)

3 tablespoons butter
1 cgg
$1 / 2$ cup milk
1 can sliced peaches
8 -ounces cream checse
$1 / 2$ cup sugar
3 tablespoons peach juice
Grease round 9 -inch pie pan. Bcat first 5 ingredients together for' 2 minutes. Pour into pan. Place sliced peaches (reserve the juice) on top of mixture in pan.
Mix cream checse, sugar, and peach juice. Beat for 2 minutcs. Pour within $1 / 2$-inch of cige of pan on top of peaches.
Sprinkle top with the following mixture:

1 tablespoon sugar
,1/2 tcaspoon cinnamon
'Bake at 350 degrecs for 30 to 40 minutes.

Schuylkill Co.
Fair Cookbook

## PEACHY RASPBERRY COB-

 BLER$1 / 2$ cups sliced fresh peaches 10-ounces frozen raspberrics, thawed and drained

3 tablespoons butter
1 teaspoon fresh lemon juice
1 cup prepared biscuit mix
2 tablespoons sugar
2 tablespoons butter
$1 / 3$ cup milk
Cinnamon-sugar (optional)
1 pint vanilla ice cream OR light cream

Combine peaches, raspberrics, 3 tablespoons butter, and lemon juice in 10 -inch skillet with lightly filting cover. Cover; cook over medium heat until simmering. Combine biscuit mix with sugar, cut in 2 tablespoons butcer. Add milk and stir to make a soft dough. Drop dough by spoonfuls onto simmering fruit mixture. Cook, uncovered, 10 minutes. Cover and cook 10 additional minutes, or until dough is thoroughly baked. Sprinkle with cinnamon-sugar, if desired. Serve warm, topped with vanilla ice cream, or pour on light cream.

PEACH CUSTARD CAKE
1 large can sliced peaches
$1 / 2$ cup sugar
$1 / 2$ ceaspoon cinnamon
1 cgg
$1 / 2$ cup peach syrup
1 cup cvaporated milk
$1 / 2$ cups flour
$1 / 2$ teaspoon salt
$1 / 2$ cup butler
Mix flour, salt, and butter until crumbly. Pat evenly into a butered 8 -inch square pan. Drain all syrup from peaches, reserving $1 / 2$ cup. Place peach slices on bottom of crust; sprinkle with sugarcinnamon mixture. Bake at 375 degrees for 20 minules.
Beat egg slightly; add peach syrup and cvaporated milk. Pour over peaches and bake 30 minutes longer.

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ANGEL FOOD JELL-O CAKE
1 angel food cake
6-ounces strawberry-banana Jell-O
1 large can sliced peaches
4 bananas, sliced
1 large package instant vanilla pudding
4 cups whipped cream topping
Cut angel food cake into 1 -inch slices. Put on bottom of $13 \times 9 \times 2$-inch pan. Poke holes in cake with fork.
Make Jell-O as directed, but use juice from peaches instead of cold water. Pour over cake, then put pcaches and bananas on top.

Make pudding. Spread over peaches and bananas. Next, put whipped topping over pudding. Sprinkic with maraschino cherrics.

Helen Koch
Sċhuylkill Co. Fair Cookbook
(Turn to Paga B8)

## Featured Recipe

Been craving something new to satisfy your sweet tooth? Try delicious Peach-Toffee Shortcakes, a rich, flavorful variation on the favorite classic strawberry shortcake. This new delight combines traditional shortcake with fresh fruit and a creamy, crunchy topping for the perfect taste sensation.
Firsh, blend Bisquick baking mix, milk, brown sugar and butter for quick and delicious homemade shortcakes. Then it's time for the piece de resistance - Peach-Toffee Topping -an irrestible combination of | chocolate-covered toffee bars, peaches, caramel topping and whipping | cream.

## PEACH-TOFFEE SHORTCAKES

$21 / 2$ cups Bisquick baking mix
$1 / 2$ cup milk

- 3 tablespoons packed brown sugar

3 tablespoons butter, melted
Peach-Toffee Topping (below)
Heat oven to $425^{\circ}$. Mix baking mix, milk, brown sugar and butter until soft dough forms. Turn dough onto surface dusted with baking mix; roll in baking mix to coat. Shape into ball; knead gently 8 to 10 times. Roll $1 / 2$ inch thick. Cut with 3 -inch cutter dipped into baking mix. Bake on ungreased cookie sheet 8 to 11 minutes or until golden brown. Cool 10 minutes. Split each shortcake crosswise. Fill and top shortcakes with Peach-Toffee Topping. 6 servings.

Peach-Toffee Topping
$1 / 2$ cups whipping (heavy) cream
$1 / 4$ cup caramel ice-cream topping (room temperature)
2 tablespoons powdered sugar
2 bars (1.4 ounces each) chocolate-covered toffee, crushed
2 to 3 peaches, cut into $1 / 2$-inch pieces ( 2 cups)*
Beat whipping cream, ice-cream topping and powdered sugar in chilled bowl until stiff. Stir in crushed toffee bars and peaches.
*1 package ( 16 ounces) frozen sliced peaches, thawed, drained and cut into $1 / 2$-inch pieces, can be substituted for the fresh peaches. Hint: Placing toffee bars in freezer for several hours makes them easier to crush.

