Top Lancaster DHIA Cows

(Continued from Page D5)

	T .				n		7	_	r
25	RH	4-3	305	26,352	2.9	777	3.4	889	
GORDON & CAROLE HOOVER		• • •	J 03	20,007		.,,	J		
HERSHVALE FARMS 77	RH	4-4	305	23,507	3.3	777	3.2	743	
94	RH	4-0	305	21,207	3.7	779	4.1	0/1	
KAT LIN FARM			205	01 007	2 7	770	4.1	871	
VALERI	RH	3-11	305	25,850	3.0	779	3.9	1002	
EARL N LANDIS	914A		300	20,502					
SKI VIEW FARR	RH	3-1	305	23,981	3.3	780	3.9	941	
GINARY SKY VIEW FARN	GR-H	5-10	305	26,890	2.9	781	3.1	020	
RUNNING SPRINGS FÁŘÍN	an II	E 10	205	26 000	2.0	701	2 1	828	
Juliet	GR-H	4-2	299	25,016	3.1	781	3.3	831	
KEVIN S SNOKER				,,,,,					
LILY	GR-H	6-5	305	23,009	3.4	783	4.0	928	
KEN + LISA WIKER	•								

DOMNI ACKED L	RH	6-8	305	25,523	3.0	777	4.1	1056
NOC E CHOI BY PHE	All	0-0	303	23/323	3.0	•••	•••	
ANOS E STOLTAFUS HONEY	GR-H	3-0	305	24,270	3.2	777	3.6	873
JOHN L LANDIS - 231	GR-H	.4-0	305	25,835	3.0	775	2.7	700
CARL L MARTIN SAMBA	RH	4-0	305	22,985	3.4	774	4.4	1012
RED KNOB FARN 829	GR-H	6-0	305	24,167	3.2	773	3.7	903
DAVID & ROBIN DUM - 245	RH	8-0	305	23,729	3.3	773	3.9	934
NEVIN S HORNING		5-7		23,124	3.3	771	4.3	984
CALYX PARKE H RANCK JR	GR-H			•				
KITTY EDWIN J LANDIS	RH	11-6		25,494	3.0	770	3.7	955
GLORIA BALMER BROTHERS	GR-H	3-6	305	25,820	3.0	770	2.7	710
77	GR-H	3-7	305	25,574	3.0	770	3.5	884

Directory Reveals Local Farm Harvests

CITIALY LADRE I.

CREAMERY (Montgomery Co.) — Everyone knows that summer is the season for fresh strawberries, sweet corn, tomatoes, and all thoses other fruits and vegetables. But who knows when to buy locally grown produce? Where to pick you own berries or flowers? How to purchase meats directly from the producers? Or where to get straw for the home garden?

With the help of a new, free

directory of local farms, anyone can have this information at their fingertips.

"Fresh from Montgomery County Farms" is a listing for the 1993 growing season of 40 area producers. Included are the farm names, address and phone, general location, farm-grown products, services, and hours. An availability schedule and county map are also provided.

The directory is a product of

Montgomery County Cooperative Extension based at the County 4-H Center on Route 113 in Creamery.

"Our directory makes it as easy for consumers to be at the right place at the right time," said Nancy Stevens, director of the Montgomery County Extension office. "For some people, it'll be the first time they've bought directly from the field. They'll be the most surprised when they discover the var-

iety, the fresh flavors, and the farm experience."

Stevens points out that by buying from farmers, consumers can
learn more about agriculture and
the families that make a living off
of the land, first settled 300 years
ago. Helping maintain open space
in the county is another benefit.
And on a final, very practical note,
Stevens said it's easier to get kids
to eat more fruits and vegetables
when they are fresh and taste
better.

Copies of "Fresh from Mont-

gomery County Farms" are available at any of the county information centers (Abington, Ambler, Ardmore, Hatboro, Lansdale, and Pottstown), at the county courthouse lobby in Norristown, and the public libraries. A copy is also available by sending a selfaddressed, stamped legal size envelope to Montgomery County Cooperative Extension, P.O. Box 20, Route 113, Creamery, PA 19430. It is available in large quantities to organizations, churches, or employers. For more information, call (215) 489-4315.

Catch Bugs From Bugs

UNIVERSITY PARK (Centre Co.) — Dr. Charles Pitts has been all over the world. During his travels, he's seen a number of exotic diseases transmitted by insects.

The United States is not immune from bug-borne sicknesses, but it's not an area of medicine that many American health care professionals receive specialized training in.

To enhance awareness of such diseases, Pitts, professor of entomology in Penn State's College of Agricultural Sciences, teaches medical entomology. The undergraduate course was offered for the first time this spring. Pitts says if there is sufficient interest, he will continue to offer it.

"Many students who took the course are pre-med majors," said Pitts, who taught a similar course for 15 years at Kansas State University. "But the course also is useful for anyone who plans to travel or work internationally. The world is getting smaller and smaller, and his knowledge will be helpful in assessing and managing the risks of going overseas."

Students learn about some of the well-known diseases prevalent around the world, such as mosquito-borne malaria and yellow fever. About 500,000 cases of yellow fever are reported each year in Africa and South America. Worldwide cases of malaria are estimated at more than 157 million annually.

Also covered in the course is sleeping sickness, a tropical disease transmitted by the tse tse fly. "Sleeping sickness has really restricted the development of Africa," said Pitts. "It's had as great an impact on one continent as any disease."

Diseases transmitted by insects in the U.S. may not be as exotic, but they can be just as serious. "We usually think of plague as a disease from the Middle Ages," said Pitts. "But there are several cases of plague each year in the U.S., mostly in the mountains of Colorado and Utah."

Plague is spread by fleas that feed on rodents. "It's easy to treat, but hard to recognize," Pitts said. "If it's not caught early, it can be fatal."

Other insect-borne diseases that occur in the U.S. are Lyme disease and Rocky Mountain spotted fever, transmitted by ticks, and encephalitis, which is carried by mosquitos. Reported Lyme disease cases in the U.S. have risen from 29 in 1986 to 988 in 1992.

The course covers how diseases related to the insects that carry them and how the diseases survive in nature. Treatment is not discussed, but prevention measures such as vaccination are covered.

"These diseases may be rare, but you can't just forget about them," Pitts said. "Those

receiving medical training or planning to be in high-risk areas need this kind of information."

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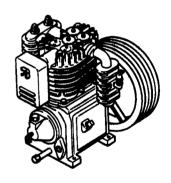
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