

Martin Wears Clinton Dairy Princess Crown



Clinton County Dairy Princess Christine Martin, left, is assisted in dairy promotion by Alternate Brenda Seyler.

JERSEY SHORE (Clinton Co.) — Christine Martin, daughter of Ron and Mary Ann Martin of Mill Hall was crowned Clinton County Dairy Princess on May 22 by Ivy Seyler the 1992-93 Dairy Princess.

Martin, a member of the junior class of the Bald Eagle Nittany High School, plans to pursue a career in elementary education. School and community activities include being in the National Honor Society, School Year Book, School SADD chapter, and a member of the varsity basketball team. Martin is the secretary of her youth group at church.

Martin is also a ventriloquist. At the pageant, held at the Nittany Grange in Lamar, Martin performed a ventriloquist act with a cow puppet as her partner.

Martin will be assisted by Alternate Brenda Seyler, daughter of Gerald and Amy Seyler of Jersey Shore. Seyler is a sophomore member of the Jersey Shore Senior High School where she is active in FBLA and Student Council. Miss Seyler is also a member of the Rauchtown Mixers 4-H Club and has served as youth page for Farmers Union State and National Conventions.

Angela Beck, daughter of Ron and Bonnie Beck of Mill Hall, will serve for her third year as Dairy Maid. Miss Beck is a student at Bald Eagle Nittany High School, a member of the Windy Acres 4-H Club, president of the County 4-H Teen Club, and is in the school chorus. She shows animals at both the Clinton County Fair and Farm Show.

Dairy Misses for the county are Amanda and Candace Dotterer,

daughters of Larry and Joyce Dotterer of RR #3 Mill Hall; Julie Schenck, daughter of Richard and Dottie Schenck of RR #3 Mill Hall; and Lauren Daubert, daughter of Dean and Brenda Daubert of McElhattan.

Lee Gillette, morning host and program director of WWPA and All Oldies 3-W-D, was Master of Ceremonies. Judges were Helen Barto, past co-chairman for Lycoming County Dairy Promotion; Judy Corl, 1984-85 Centre County Dairy Princess; and Carolyn Moyer, editor of "The Farmers Friend."

Ivy Seyler, the outgoing 1992-93 Clinton County Dairy Princess, gave a tearful farewell as she reflected on her year's reign and all the support she received from committee members, individuals, her school, and family members. She especially noted the difference that one year of being a dairy princess has made in her life and values the many experiences she has had.

All girls received flowers and gifts from the dairy promotion committee and numerous businesses throughout the area.

Food-Drug Interaction

More and more people seem to be affected by allergies and there are no clear answers why. Allergies often require a prescription to relieve the symptoms. Doctors also prescribe a host of medication

to treat infections. As useful as these medications are to restore normal body functions, they can be dangerous when taken without concern for the doctor's instructions. Potentially serious food-drug interactions include;

- Antihistamines, for cold and allergy symptoms, mixed with alcohol cause drowsiness.
- Bronchodilators, for asthma relief, mixed with caffeine stimulate the nervous system.
- Sulfa drugs, for digestive and

urinary infections, mixed with alcohol cause nausea.

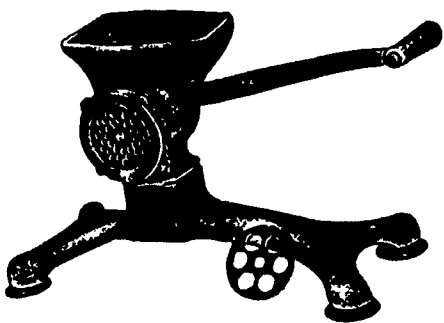
• Tetracyclines, for fighting general infections, mixed with dairy products produce negative side effects.

• Penicillin, for fighting general infections, mixed with food reduces its effectiveness.

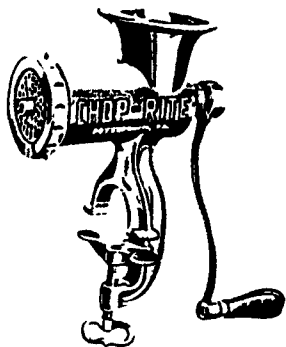
Follow your doctor's prescription instructions carefully. If you notice side effects, don't drive or operate any moving vehicle. Call your doctor or druggist and pinpoint the problem before it results in a serious accident.

Also, if you need prescription drug information and can't reach your doctor or pharmacist, call the Physicians Drug Reference Information Hotline at (900) 680-7771. The cost is \$1.50 per minute.

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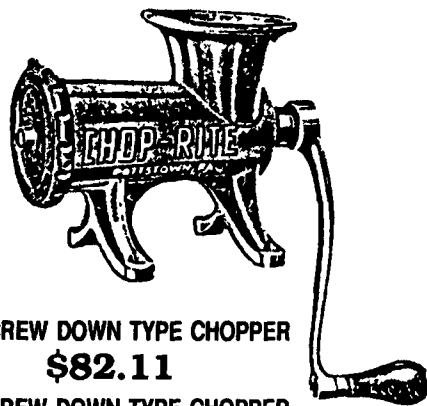


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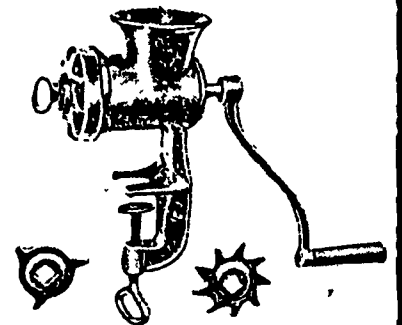
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