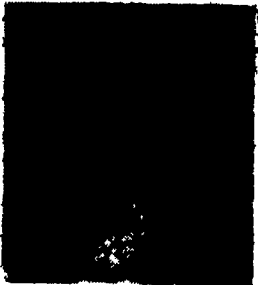


TAKING TIME

by Rebecca Escott

Extension Home Economist



In 1991, more than one million children under the age of five were exposed to potentially poisonous substances according to the American Association of Poison Control Centers (AAPCC). Thirty-one children died. The week of March 21-27 has been designated "National Poison Prevention Week." This year's theme is "Children Act Fast . . . So Do Poisons!"

As I read over the materials for this year's educational efforts, I learned some new information. Did you know that "button" batteries that are often used in watches, calculators and hearing aids can cause poisoning if swallowed? They can cause severe internal burns if they become lodged in someone's intestine or esophagus. Each person who uses these batteries should store the new batteries in a safe place. Wrap the old

batteries securely and throw them away.

I think most of us believe that as long as parents take precautions to make their own home poison-proof, that young children are protected. The AAPCC's research breaks that myth. Twenty-three percent of the oral prescription drugs that were ingested accidentally by children under the age of five actually belonged to other people. This happens because youngsters visit homes where no children live — aunts, grandparents, neighbors. The other risky situation is when older persons carry medicines into homes where young children live and play. Have you ever left your purse unattended at a friend's home, when you volunteered at a church nursery or child care program?

Poisonings also happen with household cleaning products.

Children can easily tip over a bottle of cleaning liquid or taste some great lemon-smelling product in the time it takes an adult to answer the doorbell or telephone.

Another misconception is that poisonings happen only with young children. While children under the age of five are probably at the most risk because they are investigating and exploring their world by touching and tasting, older adults are potential victims, too. Adults should remember to:

- ✓ Turn on the light at night and put on glasses before taking any medicines. This prevents someone from opening the wrong container.

- ✓ never mix medicines and alcohol. Some cold and cough medicines have alcohol in them. Check with your doctor before combining over-the-counter products with prescriptions.

- ✓ never "borrow" a friend's medicine or take old medication.

All of us should follow some basic precautions. First, store medicines away from other household products like spices or desk supplies. And don't store household chemicals near food products. Keep items in their original containers. For example, don't save lighter fluid in a soft-drink bottle for later use. We should call medicine "medicine" and not "candy." Drug companies have

greatly improved the taste of many products. We don't want to confuse the issue for children by presenting the medicine as a treat or something fun.

Finally, post the number of your local Poison Control Center by the phone. In an emergency, be ready to give the expert as much of the following information as possible.

- The victim's age, weight and any existing health conditions.
- The substance involved —

was it swallowed, inhaled, splashed on the skin or eyes?

- Any first aid that has been given. (With medicines, call the Center or a physician immediately. For cleaners, follow first aid instructions on the label then make the phone call.)

- Your location and how long it will take you to get to the hospital.

Be part of the solution. Make this week and every week "Poison Prevention Week" in your home.

Couple's Roundtable To Strengthen Relationships

Are you engaged? Dating? Celebrating your 25th wedding anniversary? Remarried? or in a long-term relationship? Are you interested in strengthening that relationship? Then the "Couples' Roundtable" is for you.

Penn State Cooperative Extension and Bethany Counseling Ministry are sponsoring a series of workshops for couples who are interested in enhancing their relationship. The program runs for six weeks, on Mondays, starting April 5 through May 10, from 7 to 9:30 p.m., at Penn State Eastgate Center, 7th and Herr Streets, Harrisburg.

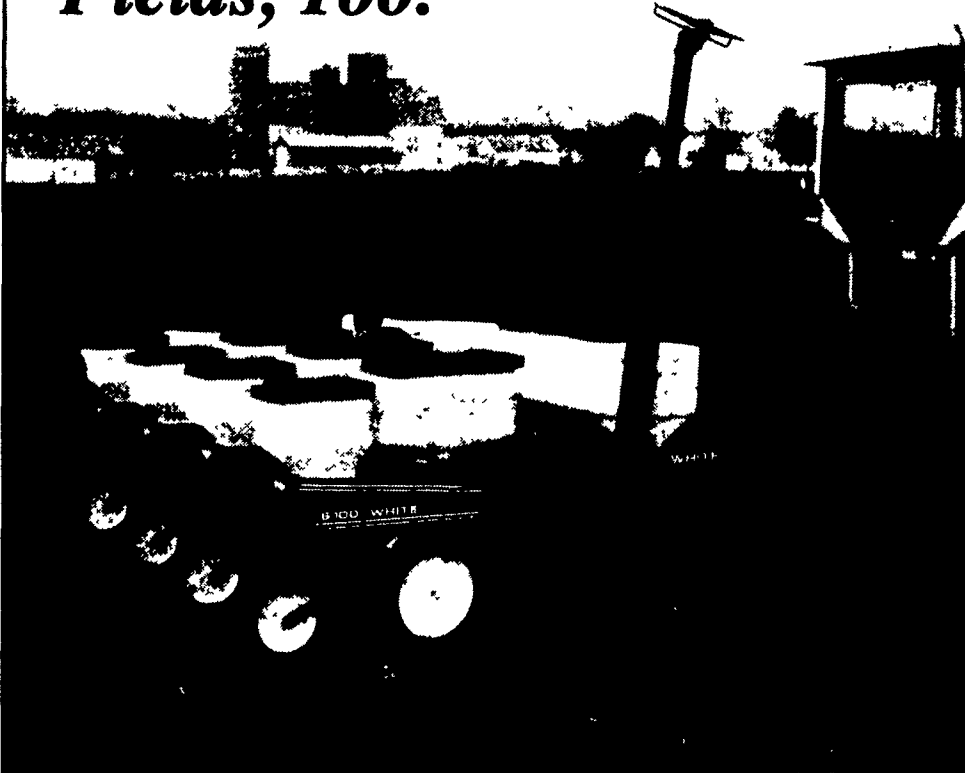
Topics to be covered include: "Life Goes On" which deals with physical and emotional changes throughout the life cycle; "Effective Communication," and "Here's Hoping You're Coping" — a stress management workshop; Financial Management; Myer's Briggs Personality Type Indicator, and sexuality. The final session, "Smiling Through The Years," is an experiential session giving couples techniques and resources to strengthen their relationship throughout a lifetime. The cost of the six-week session is \$30 per couple. For more information and to register call the Penn State Cooperative Extension - Dauphin County Office at (717) 921-8803. The registration deadline is Monday, March 29.

See Your White-New Idea Dealer Listed Below.

New Jersey
Bridgeton
Leslie G. Fogg Inc.
Columbus
Reed Brothers Equipment
Shiloh
Farm Rite Inc.

Pennsylvania
Airville
Farmers Equip. & Supply Co. Inc.
Bechtelsville
Miller Equip. Co.
Bethel
Zimmerman Farm Service
Bloomsburg
William F. Welliver
Carlisle
Carlisle Farm Service
Chambersburg
Chambersburg Farm Service Inc.
Easton
Fancy Furrow Farm Ag Equip. Inc.
Everett
Sollenbergers Equipment Inc.
Gettysburg
Yingling's Implement Inc.
Honesdale
Marshall Machinery
Klingerstown
Stanleys Farm Service
Lebanon
Umbergers Of Fontana
Mahaffey
Hutton Farm Equipment
Manheim
G & D Repair
Mercer
Ralph W Kyle Inc.
Middlebury Center
Houghtaling's Garage
New Oxford
Thomas E. Sibert Farm Equip.
Oakland Mills
Peoples Sales & Service Inc.
Ono
Shuey Sales And Service
Quarryville
A L Herr & Brother Inc
Somerset
Lincoln Supply & Equipment Co.

Accurate & Precise In Reduced-Till Fields, Too.



White 6100 planters have gained a well deserved reputation for planting with incredibly accurate spacing at precisely the right depth.

Our short 18" aerodynamically designed seed drop and independently acting walking beam gauge wheels see to it. And our low pressure, air metering system and edge drop seed disc singulates seeds to avoid doubles or skips.

Best of all, the row splitter

and wide array of attachments allow you to plant in nearly any field condition—no-till, mulch till, or finely worked—with row widths ranging from 15" to 40".



New 6600 Planter two-bar design features interplant row units

ONE
THE ONE FOR PARTS

- ✓ Renew original performance with quality Ag ONE planter parts
- ✓ Optimize planter performance with routine maintenance
- ✓ Pick up your FREE planter maintenance guide

WHITE
BY WHITE-NEW IDEA

FRANK A. FILLIPPO, INC.

- WANTED -

DISABLED & CRIPPLED COWS, BULLS & STEERS
Competitive Prices Paid
Slaughtered under government inspection

Call: Frank Fillippo -
Residence - 215-666-0725
Elam Ginder - 717-367-3824
C.L. King - 717-786-7229



HOLLAND And MECHANICAL TRANSPLANTERS



Adjustable closing guides give more time to set plants at faster speeds.

Rugged welded steel frame.

Easy feed rubber plant holders.

High-carbon steel. Furrow opening shoe.

Adjustable steel chain tighteners.

Maintains proper slack on drive chains.

Eliminating drag which causes packing wheel slippage.

FULL SERVICE & REPAIR

LESTER A. SINGER CO.

96 N. Ronks Rd.
(717) 687-6712

Ronks, PA 17572
1-800-456-5250