



MARCH 8-14, 1993

FULL WORM MOON, MARCH 8.

**THE BLIZZARD OF '88.**

One hundred and five years ago the Northeast experienced a blizzard worthy of the name. From March 11-14, 1888, ten states were battered by a collision of two massive storm fronts, leaving the area buried under three to five feet of snow. Four hundred people died in the storm, and an estimated \$20 million worth of damage occurred in New York City alone. Telephone and telegraph lines were down, and trains were at a standstill from Washington, D.C., to Maine. In Hartford and New York and other cities, incredible snow tunnels were constructed to get through the 40-foot drifts. No storm in over a hundred years had brought more snow. And no storm since has broken the record.

*In March much snow  
To plants and trees much woe.*



— German proverb

**TIP OF THE WEEK**

Wash your scrub and bottle brushes in the top rack of the dishwasher.

**EARTHWISE**

Last week we mentioned that microwaves are an energy-efficient way to cook moderate amounts of food. The good news is they're also "vitamin-efficient!" A recent study done at Cornell University found that using microwaves to cook vegetables better preserves water-soluble vitamins (such as vitamin C and the B vitamins) than other methods using more water and longer heating. Researchers found final levels of the nutrients were higher in the microwave-cooked food.

**CREAMY CABBAGE**

- 1 medium head cabbage
- 2 tablespoons water
- 1 3-ounce package cream cheese, cubed
- 2 tablespoons milk
- 1/2 teaspoon salt
- 1 teaspoon chives
- dash pepper
- paprika for garnish

Shred cabbage into 2-quart microproof casserole. Add water, cover, and cook on high power for 7 to 9 minutes, stirring once. Add next 5 ingredients. Cover and cook on high for 1 minute. Stir well to mix. Garnish with paprika.



Makes 5 to 6 servings.

**THE OLD FARMER'S WEATHER FORECAST**



**NORTHEAST:** Cold then sunny and mild, cold nights; heavy snowstorm north and west, rain north.

**SOUTHEAST:** Rain, heavy coast and Florida; mild then cold

**MIDWEST:** Sunny and mild then cold wave with snow; blizzard in the northwest.

**NORTHWEST:** Sunny and warm, heavy rain coast, some snow mountains; then colder, light rain and snow.

**SOUTHWEST:** Sunny and warm, cool and showers California; then clear and turning seasonable.

**Eighty-Four Livestock**

Eighty-Four, Pa.

Monday, March 1, 1993

Report Supplied by Auction

**CATTLE 255. STEERS, STANDARD 62.00-70.00; UTILITIES 60.50 AND DOWN.**

**HEIFERS: STANDARD 61.00-68.50; UTILITIES 60.00 AND DOWN.**

**COWS: UTILITY AND COMMERCIAL 49.00-54.00; CUTTERS, BONERS AND UTILITIES 46.00-50.00; CANNERS AND LOW CUTTERS 41.50-45.50; SHELLS 39.50 AND DOWN.**

**BULLS: #1 62.00-72.00; #2 52.00-63.00.**

**FEEDER STEERS: 200-300 LBS. 70.00-94.00; 300-500 LBS. 60.00-87.00; 500-800 LBS. 58.00-78.00.**

**HEIFERS: 200-300 LBS. 68.00-85.00; 300-500 LBS. 56.00-84.00; 500-800 LBS.**

55.00-77.00.

**BULLS: 200-300 LBS. 71.00-92.50; 300-500 LBS. 60.00-85.00; 500-800 LBS. 52.00-75.00.**

**CALVES: 202 HEAD. VEALERS CHOICE 95.00-110.00, GOOD 86.00-94.00; STANDARD AND GOOD 70.00-84.00; UTILITIES 61.00 AND DOWN.**

**FARM CALVES, HOLSTEIN BULLS #1 137.50-175.50; #2 100.00-125.00; BEEF BULLS 90.00-167.50.**

**HOLSTEIN HEIFERS: 95.00-177.00. BEEF X HEIFERS 85.00-150.00.**

**HOGS: 72 HEAD. #1&2 200-260 LBS. 43.00-46.00.**

**SOWS: UNDER 500 LBS. 35.00-41.00; OVER 500 LBS. 38.00-38.75.**

**BOARS: 28.00-30.25.**

**FEEDER PIGS: #1&3 40-50 LBS. 17.00-22.00; 75-100 LBS. 31.00-49.00; 100-150 LBS. 26.00-41.00, ALL BY THE HEAD; UTILITIES 16.00 AND DOWN.**

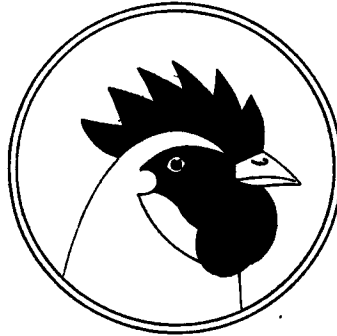
**SHEEP AND LAMBS: 64 HEAD. HIGH CHOICE AND PRIME, NEW CROP, 85.00-95.00; CHOICE 50-75 LBS. 76.00-81.00; 75-100 LBS. 76.00-85.00; FEEDER LAMBS GOOD AND CHOICE 60.00-79.00; UTILITIES 60.00 AND DOWN; EWES 22.00-34.00.**

**GOATS: 7 HEAD. LARGE 63.00-72.00; MEDIUM 34.00-44.00.**



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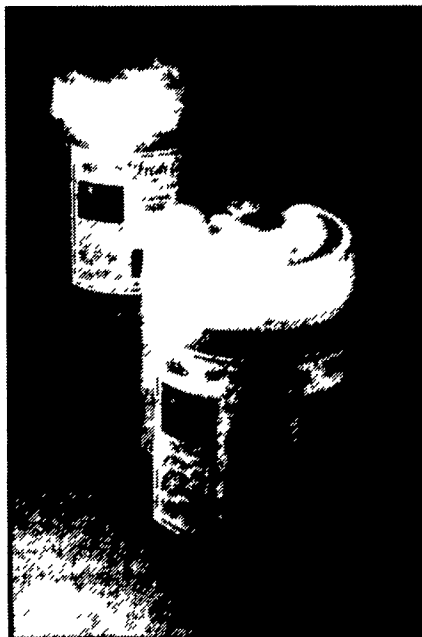
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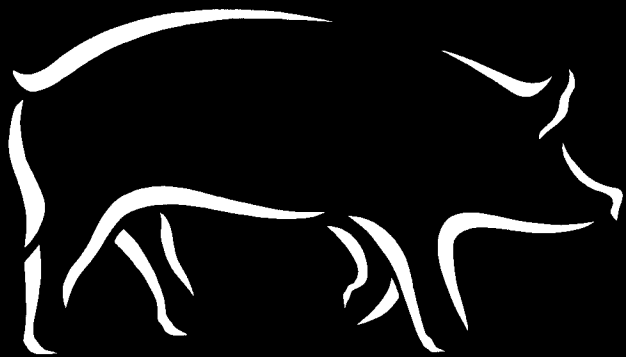
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