

Dutch Food Celebrat



Four-year-old Millie Herr talks with the Pennfield chicken during her visit to the Pennsylvania Dutch Food Festival. Millie is the daughter of Raymond and Brenda Herr of Baltimore, Md.

LANCASTER (Lancaster Co.)

— During the past week, the Pennsylvania Dutch Festival highlighted the agricultural heritage of the county and the many ways food adds fun to visits here.

The celebration coincided with the announcement that Pennsylvania Dutch Fare is "in for 1993."

Editors of Cooking Light magazine view recent societal trends towards creating more family time and a return to "scratch" cooking as contributing factors to the popularity of Pennsylvania Dutch cooking.

Mary Rankin, public relations specialist for Pennsylvania Dutch Convention and Visitors Bureau, said that it is not surprising that Pennsylvania Dutch food is predicted to be "in" food.

She said, "While viewed in some corners as heavy, the food is wholesome. It relies on fresh, non-processed ingredients. The recipes are down-to-earth, relying on recipes handed down from generation to generation as an expression of love for family."

Visitors from near and far tasted Pennsylvania Dutch specialties at the many different sites during the festival. An array of Amish foods such as grape mush, creamed celery, whoopie pies, homemade root beer, banana pickles, pickled watermelon rind, chow chow,



New York tourists Ronnie and Steve Cohen with daughters, Joanne, 9, and Sara, 7, taste Pennsylvania Dutch foods at the Country Market, Intercourse. At first, the family was hesitant to taste the creamed celery, but it turned out to be one of their favorites along with corn relish. The girls prefer whoopie pies and peaches.

stuffed peppers, corn relish, and spiced canteloupes were available for tasting at the Country Market in

Intercourse. Donations for the food benefitted the Lancaster Farmland Trust, an organization dedicated to saving farmland.

Cook's Question

(Continued from Page B8)

ANSWER — A reader wanted recipes using butterscotch morsels. Thanks to Ivamae Love, East Waterford, and others for sending recipes.

Butterscotch Brownies

Cream together:

- ½ cup peanut butter
- 1½ cups sugar
- ½ cup butter
- 3 eggs
- ½ teaspoon salt

Add:

- 1 teaspoon vanilla
- 1 cup flour
- ½ teaspoon baking powder
- 6 ounces butterscotch morsels

Pour into oblong pan and bake at 350 degrees for 35 minutes.

Hopscotch

- 12 ounces butterscotch morsels
- 1 cup peanut butter
- 4 cups mini marshmallows
- 5-ounce can chow mein noodles

Melt butterscotch morsels. Stir in peanut butter. In bowl, mix marshmallows and noodles then stir in butterscotch mixture. Mix well. Drop from spoon onto wax paper. Chill.

ANSWER — Linda Horning, Narvon, wanted a recipe for crab cakes. Thanks to Janice Witmer, Carlisle, for sending a recipe that is well liked by her family.

Crab Cakes

- 1 pound canned crab meat
- 1 medium onion, chopped fine
- 1 teaspoon dry mustard
- Salt and pepper to taste
- Butter to saute onion
- 1 teaspoon celery seed
- 1 tablespoon parsley
- 2 eggs
- ½ cup cracker crumbs

Saute onion in butter. Beat 1 egg and add crabmeat, onions, mustard, salt and pepper, celery seed and parsley. Add enough cracker crumbs to form cakes. Beat the other egg and dip the cakes in the egg. Roll in cracker crumbs. Fry slowly in oil.

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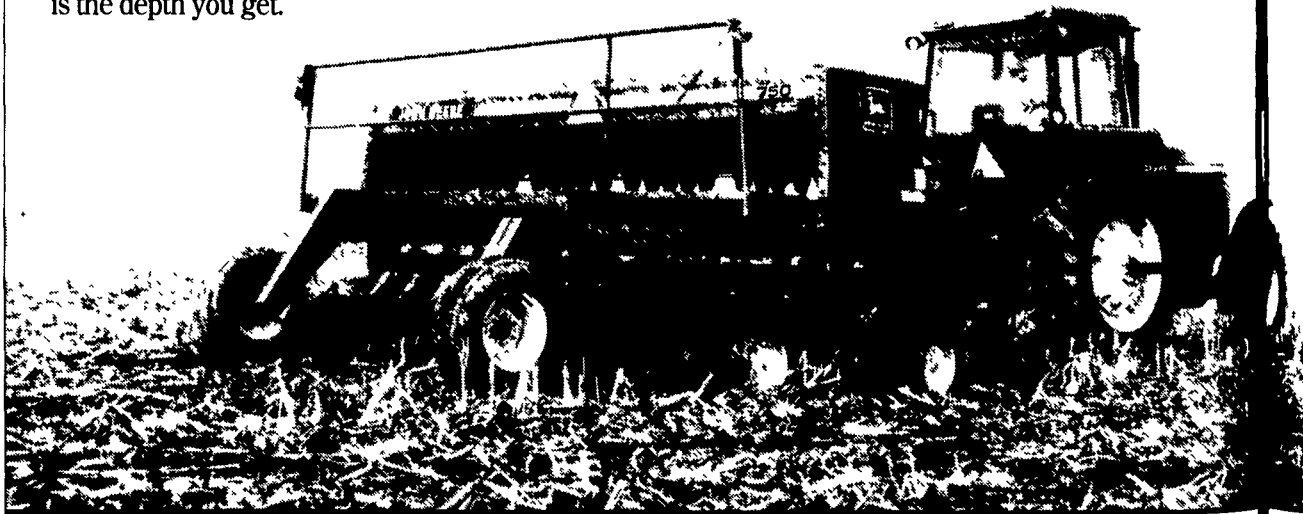
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