

Fastnacht Maker

(Continued from Page B3)

Here is Jane's recipe just in time for Fastnacht Day on February 23.

JANE'S FASTNACHTS

Step 1:

2 1/2 cups mashed potatoes, warm

5 egg yolks

1 1/2 cups granulated sugar

2 1/2 tablespoons yeast dissolved in

1 1/2 cups warm water

1 1/2 cups bread flour

5 egg whites, beaten stiffly

Cook potatoes until soft. Mash by hand; let some lumps remain. Combine yeast and water. Separate eggs; add sugar to egg yolks; stir in potatoes. When potato mixture is cool enough to touch, add yeast mixture. Add flour. Beat egg whites and fold into potato mixture. Let set about 1 hour.

Step 2:

1/2 cup margarine

1 cup butter

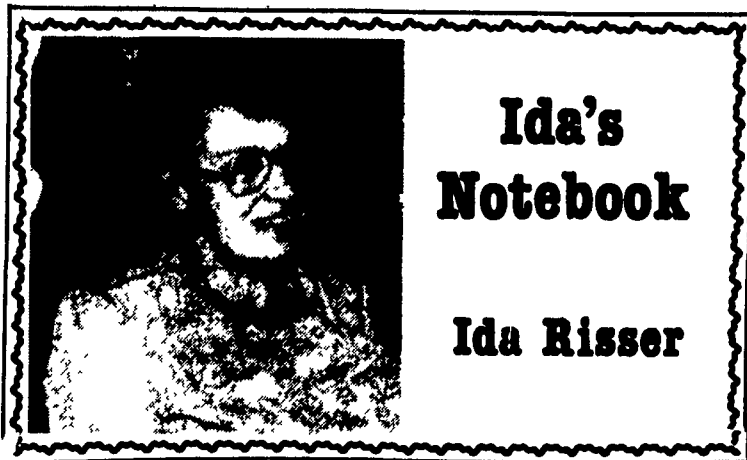
1 1/2 cups granulated sugar

1 1/2 cups potato water

1 teaspoon salt

10-11 cups flour

Combine butter, margarine, sugar, potato water, and salt. Combine with yeast mixture. Stir in flour gradually until dough is not too sticky to handle with hands but not too stiff either. Divide dough in half and place each half in a greased bowl. Let dough rise for 3 hours. Roll each half of dough to 1/2-inch thickness. Cut into squares. Place on flat surface to rise until doubled in size. Fry in 375 degree canola oil. Drain. Cool on tea towels. Makes 7 dozen.



Ida's Notebook

Ida Risser

When I look at the calendar and realize February is almost gone, then I know that I had better prepare for spring. I've barely glanced at the many seed catalogs that arrive in our mailbox. Usually I try something new from the "Heirloom Catalog" that is put out by "The Landis Valley Museum." Other years I've tried their Mostoller wild goose bean, flax, citron melon, pennyroyal and Jobs tears.

But for now my days are filled with small jobs. I'll try a new apple-cranberry dessert or an unusual casserole. In the spring it is hard to find the time to experiment and so I simply cook the dishes that I've made for years.

One job that takes time is mending rips in overalls and sewing buttons on coats, sweaters and shirts. And, I am ripping old woolen clothes to try and braid a new rug.

Writing letters is another time consuming occupation. In addition to this kind of writing, I recently went through my 1962 diary and wrote four pages of notes so that my son can compare his life when he was two to what his two-year-old son is now doing. The similarities are astounding. Things like pulling a wagon around the barn, getting in a negative mood, holding your hand

when walking together and watching his father work at the barn. I was surprised to read that Bradley's favorite toy when he comes

to our house is the same one that his father, Philip, got for Christmas when he was two. It is a metal barn with lots of plastic animals. I

do not remember which child the toy belonged to.

Now I had better water my 110 houseplants as this afternoon I'll

be helping to prepare a meal at our church for some 100 people. There is always something to keep me busy.

'Back To Bed' Features Quilt Exhibit

LANCASTER (Lancaster Co.) — Try a new twist on a traditional theme during the the sixth Annual Quilters Heritage Celebration, March 25-28, at the Lancaster Host Resort and Conference Center, Lancaster.

"Back To Bed" is this year's Quilters Heritage Celebration theme. "Back To Bed" features a remarkable exhibit of quilts displayed on beds of various designs as well as miniature quilts on miniature beds.

Fairfield Processing Corporation's annual fashion show/luncheon will be held on Friday, March 26 at 12 noon. "International Diamonds" features today's newest quilted, wearable art designed by quilt artists from America and 14 foreign countries. "International Diamonds" fashion show is presented by Fairfield Processing Corporation, makers of POLY-FIL brand polyester fiber products, commented by Donna Wilder.

Another special feature will be the first East Coast showing of

Quilt National '91, which includes forty-five quilts created by artists from across the globe. This exhibit is produced and circulated by the Dairy Barn Southeastern Ohio Cultural Arts Center, Athens, Ohio.

Other special exhibits will include "Miniatures From the Heart," the Hoffman Challenge, the Silver Dollar Challenge and quilts from those teaching the many classes, lectures and demonstrations throughout the Celebration.

The Lancaster Host Resort and Conference Center is located east of Lancaster on Route 30.

For a Quilters Heritage Celebration brochure and Map & Visitors Guide to Pennsylvania Dutch Country, call 1-800-735-2629, ext. 2399 or write to Dept. 2399, PA Dutch Convention & Visitors Bureau, 501 Greenfield Road, Lancaster, PA 17601.

To register for any Quilters' Heritage Celebration event, contact Rita Barber at Route 3, Box 119, Carlisle, IL 62626.

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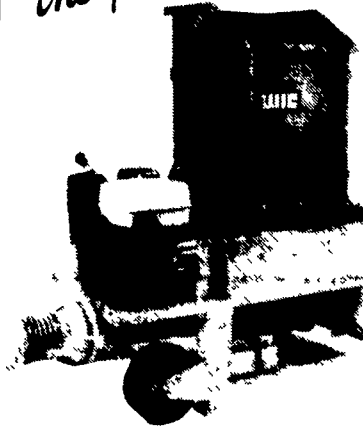
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