



Experience with working in a fabric store gave Georgia an eye for color and a knowledge of fabric that enables her to design award-winning quilts and wall hangings.

Clearville Woman Accumulates Fair Ribbons

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Following are two of the recipes which won first and second place ribbons at the farm show.

The "Texas Hospitality Cake," is a favorite and the icing recipe is one usually used for gobs. "It's good for cakes because it is not as sweet as some icing," Georgia says.

Texas Hospitality Cake

Put in large mixing bowl:
2 cups sugar
2 cups flour
Bring to a boil and pour over sugar and flour:

1 cup water
2 sticks margarine
4 tablespoons Hershey Cocoa
Beat well and add:

2 eggs
1 teaspoon vanilla
1 teaspoon baking soda
½ teaspoon cinnamon
½ teaspoon baking powder
Dash of salt

½ cup buttermilk
Beat well and pour into greased and floured layer pans. Bake 35 minutes at 350 degrees.

Cake Icing

1 cup milk
5 tablespoons flour
Cook over medium heat (stirring constantly) until thick. Remove from heat and cool. Add:
1 cup sugar
½ cup shortening
½ cup margarine
1 teaspoon vanilla
Beat with mixer until fluffy and you are certain sugar is completely dissolved.

Chocolate Chip Carrot Cake

1½ cups unsifted all-purpose flour
¾ cup sugar
½ cup packed light brown sugar
1¼ teaspoons baking soda
1 teaspoon cinnamon
½ teaspoon salt
3 eggs
¾ cup vegetable oil
½ teaspoon vanilla
2 cups grated carrots
2 cups (12-ounce package) semi-sweet chocolate mini chips
½ cup chopped walnuts

Combine flour, sugar, brown sugar, baking soda, cinnamon and salt in large mixer bowl. Beat eggs, oil and vanilla in small mixer bowl; add to dry ingredients. Blend well. Stir in carrots, mini chips, and walnuts. Pour into greased and floured 13x9-inch pan. Bake at 350 degrees for 35 to 40 minutes or until cake tester comes out clean. Cool completely before frosting.

Dairy Farmers Promote Dental Health Month

HARRISBURG (Dauphin Co.) — February is Dental Health Month and dairy farmers have joined dentists to help promote good dental health to children. The Pennsylvania Dairy Promotion Program and Pennsylvania Dental Association have created a "Dental Health Activity Booklet" for distribution in schools across Pennsylvania.

The booklet is available to school children as part of the Dental Association's Speaker's Bureau. Dentists and dental hygienists are visiting schools to promote good dental health during this recognized month of celebration and throughout the year.

The "Dental Health Activity Booklet" reminds children that they need to eat a healthy diet of foods. This includes dairy products which provide two neces-

sary minerals, calcium and phosphorus, for strong teeth.

Snacking is another critical issue addressed by the activity booklet. Several ideas of "good" snacks are described by the publication. These snacks include cheeses, fruits and vegetables. Research has shown that several cheeses can actually improve dental health because they provide a coating to the teeth which protects them from other harmful elements.

Parents, teachers and others are encouraged to take note of their children's dental health. For a complete presentation about dental health along with the "Activity Booklet," contact your local dentist. Or, contact the Speakers Bureau of the Pennsylvania Dental Association, (717) 234-5941.

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