Just Keep Going

(Continued from Page B16)

Karen Esbenshade; Dauphin counuan Crystal Oellig, and York countians Patricia Bupp Bacha and John Brenneman.

The fund was established in 1960 for the children and grandchildren of Farm Womem members, who pursue a degree in home economics or a related field.

Joyce Bupp told how her daughter Patricia Bupp Bacha appreciated the scholarship, which allowed her to get a home econom-ICS degree from the University of Idaho. She is now working on her master's degree in vocational education and ag business and teaching college classes in home economics.

The inspiration speaker during the afternoon session was Jeffrey Batzer, who told of his rock climbing experience that happened 11 years ago. He was then 20 years old and a 17-year-old friend attempted 10 climb Mt. Washington, New Hampshire. Through a series of events, the two men lost their backpacks and became trapped in weather with a wind chill factor of -110 degrees below 0. The men crawled for many hours over ice and snow in an effort to reach shelter, but could not. After three days. they expected to die as the one had already become delirious from the cold and their limbs had turned a deep blue. In what Batzer terms a miracle, they were rescued by heli-

copter. However, severe hypothermia and gangrene eventually caused Jeffrey to lose one leg below the knee, several toes on the other leg, and several fingers. His friend lost both legs.

Batzer said that it was a pivotal point of his life. "God used this grievous thing to get my attention,' he said. He considers his spiritual rescue a greater deliverance than the physical one that he had experienced.

During the evening banquet, Michelle Rodgers, assistant cooperative extension director of the Capitol Region, gave ideas on how to make birthdays special.

Joanne Hershey, a Farm Women member, gave an inspiration talk on Celebrate Life.

She wrote a book, Happiness, Hollyhocks, and Heaven, which promotes ways to celebrate life. "Flexible living means every time life gives you a punch, kneel the whole way down and get right back up again."

She likened the troubles in life to an opal, which is made of dust and desert sand. "It owes its beauty not to perfection but to some defects. It will lose its luster when it becomes cold, but the luster is restored when held in a warm hand," she said.

"Laughter is like jogging on the inside," she said.

Joanne encouraged members to live 1993 to fullness. "Celebrate with laughter, develop a new image and have increased faith,"

Use Treated Lumber Home Gardens

LEESPORT (Berks Co.) — With the availability of pressuretreated lumber in the last decade, home landscape design and construction has changed remarkably. Chromated copper arsenate (CCA) is the most common preservation in use today. In the treating process CCA chemicals are applied under pressure and the chemicals are driven deep into the wood cells. Done properly, pressure-treated wood can last up to 40 years, compared to the three to seven year life span of similar untreated posts.

CCA works by making the wood poisonous to the fungi and insects that use it as a food source. The copper component of CCA is the main toxin for fungi, and arsenic poisons the few species that are copper-tolerant. Insects

she said.

The 1993 Farm Women's Spring Rally is scheduled for May 26, in Hagerstown, MD. Franklin County will host the event.

such as termites are poisoned by the arsenic that is digested out of the treated wood they feed upon.

Chromium is the agent responsible for binding the arsenic and copper to the molecules that make up wood. This process renders the toxic principals water-insoluble, and they can't leach out of the wood. Environmental Protection Agency and U.S. Department of Agriculture studies have shown that CCA-treated lumber is safe used in the presence of plants and animals. Plants do not absorb the chemicals and animals that chew on the wood cannot digest out the arsenic. However, these chemicals can be released as toxic gases if the wood is burned. There is also the possibility of skin and lung irritation from contact with surface residues or sawdust created during construction.

Although studies have indicated CCA-treated wood is safe for direct contact with food, the Food and Drug Administration has not approved its use for structures or containers such as beehives, feed bins, or silos, where the feed or food would come into direct contact with the wood.

Home gardeners can enjoy the economy, beauty, durability and usefulness of wood planters, greenhouse benches, and raised beds for ornamentals, fruits and vegetables. Be sure to follow these safety tips:

✓ Dispose of treated lumber scraps through burial or household trash collection, not by burning.

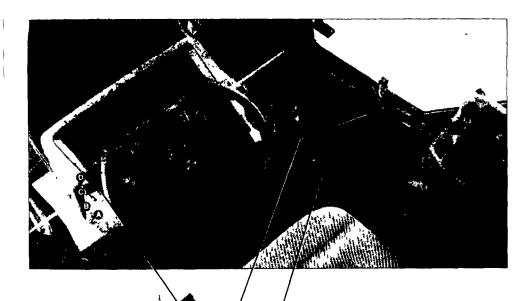
✓ Wear protective clothing including dust mask, goggles, and gloves during construction.

Saw or machine outdoors whenever possible to avoid indoor accumulations of airborne dust.

✓ Wash exposed skin thoroughly after contact, and before eating, drinking, smoking or using the toilet.

✓ Launder work clothes separately from regular family laundry.

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