

Cook's Question

(Continued from Page B8)

ANSWER — Eileen Newcomer, Mount Joy, requested a recipe for Banana Whoopie Pies. Thanks to Sharlene Martin, Chambersburg; Laura Horst, Lebanon; and others for sending recipes.

Banana Whoopie Pies

- 4 cups flour
- 1 cup shortening
- 3 teaspoons baking powder
- 1 teaspoon vanilla
- 3 eggs
- 1 cup buttermilk or sour milk
- 1 cup mashed bananas
- ¼ teaspoon salt
- 2 cups sugar
- 1 teaspoon baking soda

Cream shortening, sugar, eggs, and vanilla. Add dry ingredients and milk. Mix well. Add mashed bananas. Drop by teaspoonfuls onto greased cookie sheets. Bake at 350 degrees for 10 to 12 minutes or until lightly browned.

Whipped Cream Icing:

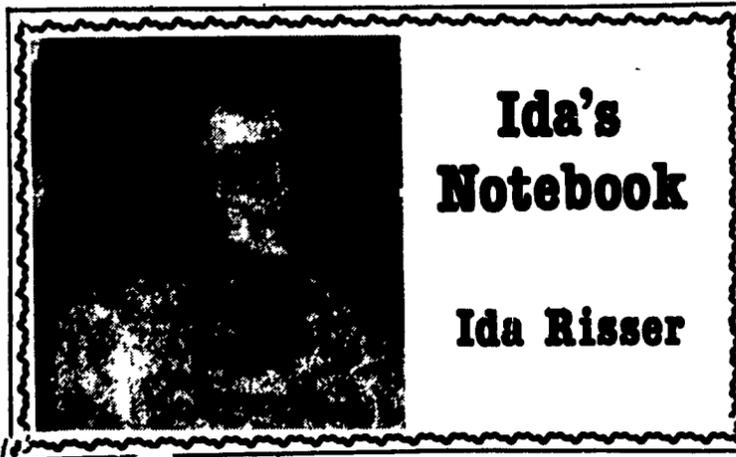
- ½ cup butter
- ½ cup shortening
- 3 cups confectioners' sugar
- 4 tablespoons milk
- 1 teaspoon vanilla or almond extract

Mix together all ingredients. Beat for 5 minutes. Fill whoopie pies with mixture.

ANSWER — Georgia Bond, Gandeeville, W. Va., wanted a recipe for canning strawberries with epsom salts. No one sent in a recipe using epsom salts, but Miriam DeLong, Quarryville, writes that she has a better idea for preserving berries.

Frozen Strawberries

Mix strawberry pie glaze according to package directions, but add ½ cup extra water. Put in as many strawberries as can be mixed into the glaze. Fill pint-size freezer boxes and freeze. After thawing, strawberries stay firm in refrigerator for several days.



Ida's Notebook

Ida Risser

Why do people collect things? Is it because they have time on their hands due to early retirement or just because some things remind them of their childhood?

I am a saver of many things including string, buttons, thimbles, stamps — you name it and I probably have it stashed somewhere. But, mostly I collect paper such as old letters and cards.

Just now I'm going through big boxes of old mail from the 1940s, 1950s and 1960s that was addressed to me. I am separating them into packages for my sisters and children. For my sisters it will be like a diary of their children's growing-up years. And, for my children these letters will remind them of their college days.

Our oldest daughter broke the

family circle by going to Alfred University in New York state. She wrote many, many letters home in which she detailed her activities. I reread the letters telling me about her roommates, her studies and her joining a sorority. I had forgotten that her blue, wool winter coat was stolen at college.

Some of my ancestors collected things too. One had a big collection of stamps and coins. Another kept printed programs of different organizations. I find it interesting to read my grandfather's graduation program from a business college in Ohio. The business records that a great, great grandfather kept of his mill business has been preserved by caring relatives.

The dusty boxes stored in attics often yield records of life long ago because someone else cared enough to save them.

Public Speaking Contest

DAUPHIN (Dauphin Co.) — For the second consecutive year, a Public Speaking Contest for Dauphin County students in grade 9 through 12 will be conducted by the Dauphin County Conservation District on February 25. The highest scoring contestant will receive a cash award of \$150. The second and third place awards are \$100 and \$50.

The contest is to serve the dual purpose of helping students develop good communication skill while learning more about our natural resources. Accordingly, contestants will be required to deliver 5 to 7 minute informative or persuasive speeches on the topic of pesticides; their use in and around the home.

Students and teachers from any public or private Dauphin County High School may obtain applications and more information by calling the District office in Dauphin at (717) 921-8100.



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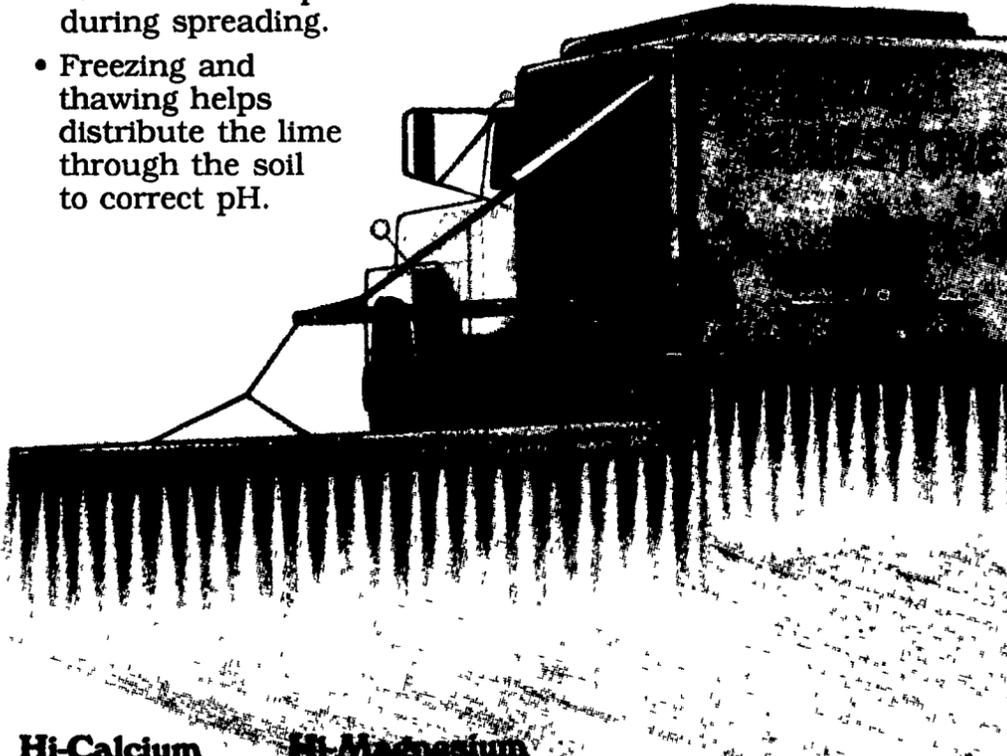


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