

Building Happy Children

WEST CHESTER (Chester Co.) — All parents work hard to raise happy, healthy children. This process begins by fine tuning communication skills. Gain tips on building a child's positive self-esteem, expressing family values, discussing sexuality openly, and improving family communications by attending Building Healthy Children, a seminar to be held by the Chester County Cooperative Extension, 235 W. Market Street, West Chester, on Thursday, October 22, 7:00-9:30 p.m. Although there is no charge for this program, registration is required before the deadline date of October 14. To register or receive further information, contact the Chester County Cooperative Extension at (215) 696-3500.

Cook's Question

(Continued from Page B8)

ANSWER — Mary Jane Heidlebaugh, Stewartstown, requested a recipe for molasses cookies that are very dark large ginger cookies brushed with egg yolk. Thanks to Belinda Myers, Dallastown, for sending a recipe.

Soft Molasses Cookies

- 1/4 cup butter
- 1 cup baking dark molasses
- 1 cup sugar
- 2 eggs, well beaten
- 4 cups flour
- 1 teaspoon salt
- 1 teaspoon baking soda (combine with buttermilk)
- 3/4 cup buttermilk
- 2 teaspoons ginger
- 2 teaspoons cinnamon

Heat and stir molasses and butter in saucepan over low heat until butter melts. Add sugar and eggs. Mix well. Add dry ingredients alternately with milk. Drop onto cookie sheet. Sprinkle with sugar or brush with beaten egg. Bake at 350 degrees for 10 minutes.

ANSWER — Mrs. Ronald Arbogast, Millerstown, would like a recipe for pumpkin fudge.

Pumpkin Fudge

- 2 cups sugar
- 3 tablespoons pumpkin
- 1/4 teaspoon cornstarch
- 1/2 teaspoon pumpkin pie spice
- 1/2 cup evaporated milk
- 1 teaspoon vanilla

Combine first 5 ingredients in saucepan and heat until the mixture passes the "fudge test," which involves dropping a small amount into cold water; if it forms a ball, the test is passed. Add vanilla and beat with mixer until smooth. Pour onto buttered cookie sheet and cut when cool.

ANSWER — Joan Small, Greene, NY, wanted a recipe for making creamed corn. Thanks to Roseanna Klim, Dorrance, and to Laurie Donaldson, for sending recipes.

Cream Style Corn

- 18 cups corn
- 1 pound butter
- 1 pint half and half cream

Husk, wash, and cut corn from cob. Do not blanch. Bake at 350 degrees for 1 hour, stir every 10 minutes. Cool and place into containers. Freeze.

Creamed Corn

Husk corn and remove silk. Wash. Cut tip ends from kernels. Scrape out pulp. Add 1/2 teaspoon salt and 1 1/4 cups boiling water to each pint of corn. Boil 3 minutes. Pour hot into hot jars leaving 1-inch headspace (pint jars only). Cap and process in pressure canner for 85 minutes at 10 pounds pressure.

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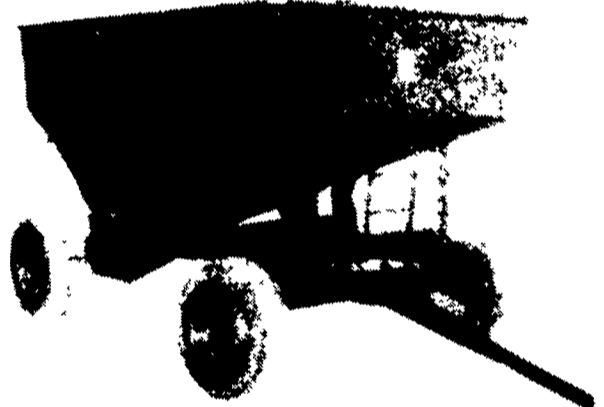
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