

Workshops Teach Sewing Skills For Crafts, Clothing

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LANCASTER (Lancaster Co.)**

— How often have you admired an intricately pieced wallhanging or a tailored suit and declared, "I could never make that."

"You can if you take a workshop at the Lancaster Extension office," said Donna Lucidi-Nachwostach, a former home economist who has been teaching workshops at the Extension for 10 years. "Many people don't realize how many different workshops are offered through the Extension and how much they can learn."

Lucidi-Nachwostach is best known for teaching pieced quilts and wallhangings. Participants in her classes learn color placement, and the speed method of cutting and quilting as well as traditional quilting.

Another Extension workshop teacher is Mary Alice Fyock, an accomplished seamstress in tailoring as well as sewing crafts. She offers workshops for both beginners and experienced seamstresses in custom fitting, tailoring, serging, and gift making.

The workshops listed on this page are held at the Lancaster County Cooperative Extension Office, 1383 Arcadia Rd., Lancaster. A variety of workshops are offered by Extension offices in other counties. Contact your local Extension Office for a complete listing of workshops offered. Addresses and telephone numbers for county Extension offices are listed in telephone directories under Penn State Cooperative

Extension.

To enroll in one of the workshops described in this article, send your name, address, phone number and the workshop or meeting you plan to attend with your check or money order made payable to Agricultural Extension, 1383 Arcadia Road, Lancaster, PA 17601. No registration will be accepted without payment.

Registration deadline is one full week before the meeting or the first of a series of workshops. Registration will be accepted on a first come basis. Unless you hear from the Extension, go to the meeting or the first class scheduled for the

machine and learn the basic maintenance procedures, including tension and pressure adjustment.

Participants are requested to bring the following items to class: sewing machine, sewing machine oil, tweezers, brush for cleaning machine parts, screwdrivers (The tiny ones which came with your machine, and one medium size), threaded bobbin, spool of thread and small piece of scrap fabric to test thread tension, and your user manual. **Class Limit: 15. Instructor: Donna Lucidi-Nachwostach. Cost: \$8.00. Workshop #1- 6:30-8:30 p.m. on October 5.**

(Turn to Page B3)



Frustrated with a sewing project that you can't figure out? Mary Alice Fyock offers Sewing S.O.S. for those who have an unfinished project. If you have a question about fitting, about how to remedy a sewing mistake or how to put the garment together, bring the question and problem to class and find a solution. This is your chance for one-on-one instruction to get that project finished. Cost is \$8 for Workshop #15 held December 2, from 7:00-9:00 p.m., and Workshop #16 held on December 3, from 9:30 to 11:30 a.m.



A fun and easy project for beginners or experienced sewers is this strip-pieced table runner, which measures 17x44-inches. The design is adapted to placemats and pot holders. Register for Workshop #3, taught by Donna Lucidi-Nachwostach on November 4, 6:30-9:30 p.m. and November 11, from 7:00-9:00 p.m. Cost is \$20.

workshop in which you are enrolled. Call the Extension office (717) 394-6851 if you are unable to attend a class.

Upcoming workshops include those pictured and those listed as follows:

Clothing and Textiles Workshops

Sewing Machine Maintenance

•When was the last time you serviced your machine, as recommended in the owner's manual? Sewing machines are sensitive to accumulations of lint, dust and thread pieces which collect in the moving parts of the machine. Lack of proper oiling and lubricating can also interfere with optimum machine performance. If your machine starts sluggishly, is noisy, makes loose or skipped stitches, maybe it's time for a thorough cleaning. Why not bring in your



Work with color placement and learn quick-piecing techniques to stitch a miniature Jacob's Elevator, left. The quilt, which Donna Lucidi-Nachwostach is holding, is made with larger-in square blocks to provide visual impact. This class is suitable for beginners as participants learn tricks for quick cutting and piecing of four patches, Flying Geese, and Puss-in-the-Corner units. Cost is \$28 for Workshop #3 scheduled for November 23, from 7-9:00 p.m. and December 5, from 10 a.m.-3:00 p.m.



This jumpsuit shows the creative use of using a serger for piping, lettuce leafing, applying elastic, etc. There will be samples to inspire and copy. For this workshop, Serging Ahead, you must be able to thread and make simple tension adjustments on the serger machine. Mary Alice Fyock teaches Workshop #19 on November 11, from 7:00 to 10:00 p.m., and Workshop #20 on November 12, from 9:00 a.m. to noon.



Mary Alice Fyock will teach you to make this versatile sewing grainboard that is one of the favorite pieces of equipment for sewers and home crafters. If you wish your ironing board was wider and things didn't slip off or wished for a cutting surface that didn't allow fabric to slip and slide, consider investing in a grainboard. In this four-hour class, you will construct a padded gridded board, which makes straightening, cutting, pressing, and tailoring faster and easier. Supplies cost between \$30 to \$40. Cost for Workshop #8, held October 24, from 9:00 a.m. to 1:00 p.m., is \$16.



Gifts for the Holiday Workshop demonstrates ideas for handmade gift giving such as these placemats and purses. Mary Alice Fyock will teach Workshop #13 on November 4, from 7:00 to 9:00 p.m. and Workshop #14 on November 5, from 9:30 to 11:30 a.m.

Homestead Notes