

ADC Announces District Meetings

SOUTHAMPTON (Bucks Co.) — Several districts of the Atlantic Dairy Cooperative have announced annual dinner meetings.

Although no specific events have been announced in commemoration, ADC marks its 75th anniversary as a milk marketing cooperative this year.

Elections for officers, delegates and alternate delegates are to be

held during the meetings. Also there are a couple of directorships open.

District 4

The Princess Anne Local of District 4 is to hold its annual dinner meeting at 7 p.m., Sept. 24, at the English Family Restaurant near Westover, Md.

Robert Dever, ADC assistant general manager is to be the guest speaker, discussing the coopera-

tives 1991-92 year and dairy industry issues.

Current director William Hopkins is retiring from the board in the fall after 19 years of service. Nominations for the position are to be taken during the meeting.

District 20

District 20's fall business meetings have been scheduled, according to director William England. The Curryville-Roaring Spring

Local is to meet at 8 p.m., Sept. 21 at the REA Building in Martinsburg.

The Hollidaysburg-Williamsburg Local is to meet Sept. 22 at 8 p.m. in the Woodbury Township Building in Williamsburg.

The Woodcock Valley-Shirleysburg Local is to meet 8 p.m. on Sept. 23 at the Lincoln Grange in Marklesburg.

District 13

The meeting schedule for ADC District 13 has also been announced and nominations will be taken for director. The term of office for current Director Charles Schilling expires this fall. The Warriors Mark Local is to

meet at 7:45 p.m. on Sept. 21 at the Warriors Mark Fire Hall.

The Alexandria-Shavers Creek Local is to meet Sept. 23 at 7:45 p.m. at Bethel Church in Petersburg.

The Clearfield Local is set to meet at 7 p.m. on Sept. 29 at the Harbor Inn in Philipsburg.

District 15

Norman Sollenberger, ADC District 15 director, announced the schedule of meetings for its locals.

The Chambersburg Local is to meet Sept. 21 at 7:45 p.m. at the Franklin County Extension office in Chambersburg.

The Mercersburg Local is set to meet Sept. 28 also at 7:45 p.m..

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Dear Golden Pride/Rawleigh:

In 1970, I had coronary vein graft surgery at age 45. Then in 1984, I had a massive heart attack with four vein grafts at age 59. In 1988, the blockage in my right carotid artery was 95%. Surgery was done on the right side only. The left side also showed 95% (blockage) with surgery to follow later on. At this time, I was dizzy and would fall to the floor when I raised my head and arms upwards to reach the first shelf in a cupboard.

In June 1990, I was introduced to Golden Pride's Formula #1. Almost one year later, the left side artery improved to 65%. The ultrasound test showed that no surgery was required.

While I was taking this formula, everyone noticed I had a pink color to my flesh. I could now walk 3 miles every morning plus ride 5 miles on an exercise bike, bend and stoop to do yard work, all of which I was unable to do prior to taking Formula #1. Since age 45, I had been told by my physicians that I had severe coronary artery disease through my entire body. Now at age 66, I feel my arteries are clearing and I have more mobility in all parts of my body. I can raise my head and arms upward without dizzy spells. My blood pressure is on the low side and I have more stamina than in the past 20 years.

I feel Formula #1 has helped me as I now take only two heart medications as compared to 6-8 during the past 20 years.

George Morey

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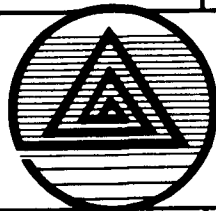
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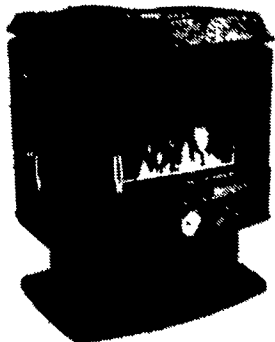
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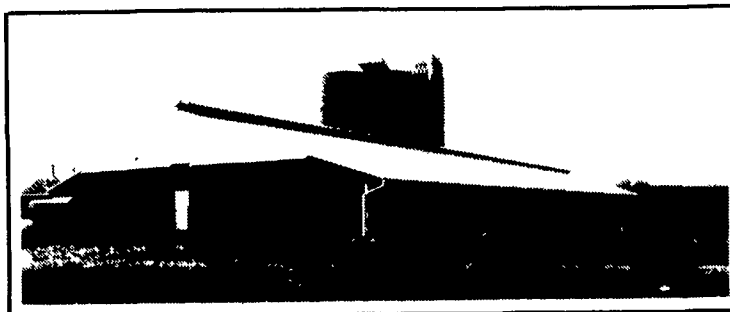
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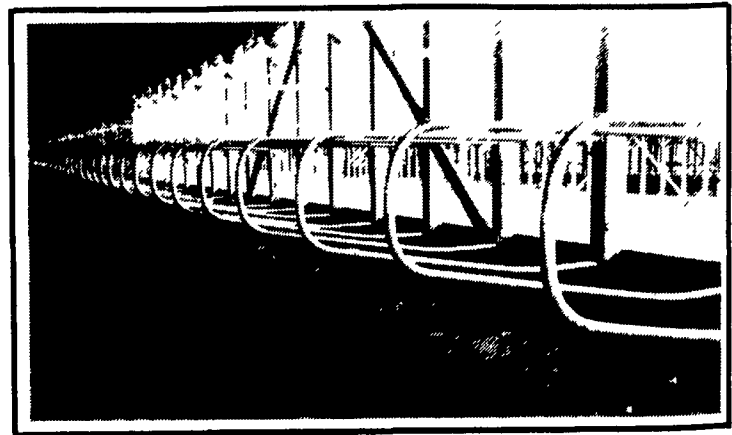
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