



Cook's Question Corner

(Continued from Page B8)

ANSWER — Barbara Gaugler, Mansfield, requested a recipe for canning garden salad mix. Thanks to Mary Lehman, Pine Grove, for sending a recipe.

Garden Salad Mix

- 1 cup vinegar
 - 2 cups water
 - 1 teaspoon salt per quart
 - 2 to 3 stalks dill per quart
 - ¼ teaspoon alum, optional
 - 1 teaspoon pickling spices
 - Garlic, optional
 - 1 grape leaf, placed in bottom of jar
- Use 1 cup vinegar to 2 cups water. Add salt; add salt and dill. Heat to boiling. Add to mix or green tomatoes. The green tomatoes should be cold packed no more than 6 to 8 minutes. Green peppers can be added. Precook and pack in jars: celery, carrots, sweet peppers, small onions, cucumbers, cauliflower, and 1 hot pepper per quart. Put in boiling water bath for 8 to 10 minutes.

IT'S FITNESS YOU CAN DRINK.

ANSWER — For the person who wanted a recipe for granola bars, here is one from Marian Hoover, Ephrata, who said these are delicious.

Granola Bars

- 1½ cups granola cereal
 - ¼ cup flour
 - 1 teaspoon baking powder
 - ¼ teaspoon salt
 - ¼ teaspoon baking soda
 - ⅔ teaspoon vanilla
 - 1 egg
 - ⅔ cup butter
 - ¼ cup molasses
 - ¼ cup sugar
 - Nuts, dates, or raisins, optional
- Mix dry ingredients. Add the remaining ingredients. Spread mixture evenly in pans ¼ -inch thick. Bake at 350 degrees for 15 minutes.

ANSWER — Sonja Zehr, Croghan, NY, would like a Jewish rye and a pumpernickel bread recipe. Thanks to an anonymous reader for sending a recipe.

Pumpernickel (Rye)

- 1½ cups warm water
 - 3 packages active dry yeast
 - ½ cup molasses
 - 4 teaspoons salt
 - 2 tablespoons soft shortening
 - 2 tablespoons caraway seeds
 - 2¼ cups rye flour
 - 3½ to 4 cups flour
- In a bowl, dissolve yeast in water; stir in molasses, sugar, salt, shortening and seeds. Add flour until dough is smooth and easy to handle. Turn onto floured board. Knead. Let rise for about 2 hours in warm place. Shape into 2 round, slightly flattened loaves. Place on opposite corners of greased baking sheet. Sprinkle with corn meal. Cover with cloth. Let rise about 1 hour. Heat oven to 375 degrees. Bake 30 to 35 minutes.

Christmas

Trip Planned

TOWANDA (Bradford Co.) — Seats are still available on the bus for a trip from Towanda to the Pennsylvania Christmas Show in Harrisburg, on Dec. 5.

Sponsored by the Bradford County Cooperative Extension Home Economics Advisory Committee, the bus trip will take participants to the show is held at the Farm Show Complex.

The show includes 400 specialty shoppes with gifts priced from \$2 to \$500. There are also professional ice shows, choral and musical groups, and make and take craft demonstrations. Persons attending the show will see 35 decorated trees, decorated mantles and displays, and the Olde Christmas Village with its 17 life-size buildings and tents.

The bus will depart from the A & P parking lot in North Towanda at 7 a.m. and from the Acme Market parking lot in Canton at approximately 7:30 a.m.

On the way to the show there will be a stop at a McDonald's. The bus should arrive at the show at approximately 11 a.m. and will depart at 4 p.m.

On the return trip a dinner stop will be made at the Country Cupboard in Lewisburg. The bus will arrive back in Canton at about 8:30 p.m. and in North Towanda at about 9 p.m.

The bus trip and ticket into the show will cost \$24. Additional money will be needed for meals, which are on your own, for make and take craft demonstrations, and for purchasing gifts.

Those interested in going on the trip should contact the Bradford County Cooperative Extension Office, 701 S. Fourth St., Towanda, PA 18848. Phone (717) 265-2896.

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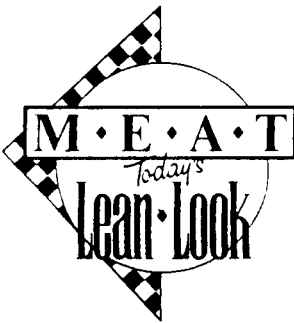
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