

Ida's Notebook



Ida Risser

are all necessary occurrences. But at that time in our lives, we are energetic and more flexible.

As we become older we become set in our ways and change is not welcome. In the morning after a breakfast of cereal and fruit, I read the newspaper a bit and then plan my day's work in familiar surroundings. I've grown accustomed to the view of the river and the wild geese from the front porch and of a sweeping view of the meadow from the sink window. From the north window I look into a secluded backyard with a picnic table surrounded by blueberry bushes, a mock orange bush and a forsythia bush. These are such familiar sights and as I contemplate leaving for a new house -- I despair.

Oh, I realize that limitations will come into our lives and we should appreciate a one-story house. We can no longer run as fast or jump into and get out of a car as fast as before.

It is just that change seems devastating as we think of the future. I've accumulated so many little things over the years and it

will be hard for me to part with them. But, one shouldn't carry a lot of baggage along to a new home.

In my mind I cannot imagine moving this fall but I guess we will survive by living a day at a time. There is no other way but that we must accept change.

It is not easy to accept change in our lives and the older we are the harder it seems to be.

There are so many changes from being an infant to being a

kindergartener and from being a teenager to being an adult. The food we eat changes, the things that interest us change and the gradual separation from our parents

Baseball food beyond peanuts and Cracker Jack.... At Anaheim Stadium, baseball fans are standing in line for the Italiano Potato—a giant tuber stuffed and baked with Provolone, Italian sausage,

marinara sauce and Parmesan cheese. And, for dessert, an ice cream sundae topped with hot fudge sauce and served in a small Angels baseball helmet is a top-selling choice.

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