



OPINION

Hope Increase Gets To Producer

Late last week USDA Secretary Edward Madigan announced several steps to help alleviate the financial stress experienced by dairy farmers. "The dairy industry is experiencing difficulty, which is creating hardship for our dairy farmers. They need our help, and I'm going to do everything I can, given USDA's budgetary and legislative constraints, to ease their most pressing concerns," Madigan said.

According to the National Milk Producers Federation News Letter, USDA will take the following short-term relief actions:

- Make advance purchases this year for next year's school lunch and other domestic feeding programs.
- Temporarily suspend the resale of CCC cheese and nonfat dry milk stocks so that inventory is isolated from the market while prices are at or near the support price level.
- Make dairy products fully available for export credit or food aid donation programs.
- Expand the DEIP to include cheese as an eligible export commodity.
- Facilitate the use of DEIP by providing risk protection to private exporters who may be harmed by unpredictable future actions of the CCC to adjust the relative price support between butter and nonfat dry milk.
- Expand the use of dairy products under the Section 416 donation program by including nonfat dry milk as an eligible product for donation.

We hope the increase in price expected from USDA's action gets to the producer and is not all absorbed by the handlers and retailers in the milk marketing chain.

Farm Calendar

Saturday, May 18
Armed Forces Day
 Mid-Atlantic Herding Stock Dog Club herding clinic, McVeytown.

Bedford Co. Sheep and Wool Field Day, Bedford Fairgrounds, Bedford, 10 a.m.-6 p.m.

Pa. Hampshire Sheep Association annual Field Day, Tom Nicke-son Farm, Wellsboro, 11 a.m.
 Pa. Young Dairyman's Association, central district, meeting, Morrow Farm.

Bradford-Sullivan Forest Land-owners Assoc, Stoll Resource Center, 10 a.m.

Sunday, May 19

Monday, May 20
 Clearfield Co. estate planning, Multiservice Center, 7 p.m.-9:30 p.m.
 PennAg 1991 Government Reg-ulations Conference, Eden Resort Inn, Lancaster, 9:30 a.m.-3:30 p.m.

Tuesday, May 21
 Christmas Tree pest management workshop and tour, McCurdy Tree Farm, Dillsburg, 9:30 a.m.-3:30 p.m.

Wednesday, May 22
 Clinton Co. Expo '91, Lock Haven University, 9 a.m.-9 p.m.

Thursday, May 23
 Lancaster Co. Home Horticulture Seminar, Simple Garden Chem-istry, Farm and Home Center, 7:30 p.m.-9 p.m.

Milk Producers Voluntary Ag Association annual meeting, Baron's Inn, Greene, N.Y., noon-4 p.m.

Friday, May 24
 Centre Co. Dairy Princess Pageant, Logan Grange Hall, Pleasant Gap, 7:30 p.m.

Saturday, May 25
 Northwest Keystone Junior Beef



NOW IS THE TIME
 By John Schwartz
 Lancaster County Agricultural Agent

To Vote
 Tuesday, May 21 is Primary Election Day in Pennsylvania. This is the election to determine the candidates for this fall election. Many key local officials will be elected this year. School board members, county commissioners, and judges are a few of offices to be elected this year. These local

Classic, Crawford Co. Fair-grounds, Meadville, thru May 26.

Sunday, May 26

Monday, May 27
 Memorial Day

Tuesday, May 28
 Snyder Co. farmland preservation meeting, Middleburg High School, 8 p.m.

Wednesday, May 29

Thursday, May 30
 EAYFA Ag Issues, "Food Safe-ty," Kreider's Restaurant, 7:30 a.m.

Friday, May 31

Saturday, June 1
 Chester Co. Dairy Princess Pageant, Herr Foods Auditor-ium, Nottingham, 7:30 p.m.
 Bucks/Montgomery Co. Dairy Princess Pageant, Richland Mall, Quakertown.
 Wayne Co. Dairy Princess Pageant, Belmont Fire Hall, Pleasant Mt., 8 p.m.

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Farm Forum

Editor,

We appreciate the article you wrote in your newspaper regard-ing the National Corn Yield Con-test that we run at the National Corn Growers Association. enclosed is a copy of an article we received anonymously from someone in Harrisburg, that had a few questions about the contest. The only way we know to get an answer back to this person is by another article in your newspaper.

Hoffer entered a fifteen acre plot in the contest and harvested 1 1/4 acres. The contest rules

require a continuous plot of at least 10 acres of corn to enter and 1.25 acres of corn must be harvested. He also entered his field in the irrigated class with the intentions of having an irrigated plot. It just happened to be a good year and mother nature was on his side and irrigated the field for him. The irrigated class is defined in the rules as "Mechanical or man-made irrigation must be entered in an irrigated class."

David R. Drennan
 Field Services Director
 National Corn Growers Asso.

officials have a big influence on agriculture. Their policies, alloca-tions of resources, views on devel-opment, environment, consumer rights and agriculture will effect the future of your business. Take time to become familiar with the candidates and then vote for the candidates that will best represent your interests.

To Use Pesticides Wisely

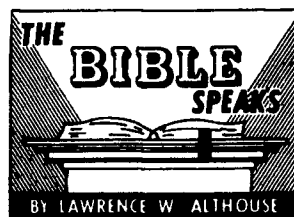
Spring planting season is one of agricultures heavy use period of pesticides. We use them to protect our crops and increase yields. However, to achieve best results while protecting the environment, pesticides must be used correctly. First, always read the label and follow label directions. This must be done every time you use a pes-ticide because labels maybe change by the government. Atrazine is one example. Labels are developed to meet EPA regula-tions and protect the applicator, the public and the environment.

Secondly, protect your farms underground water. Never fill your sprayer near a well or spring. Avoid spills when mixing pesti-cides. Move the location of your mixing site periodically. When

cleaning the sprayer, rinse it at least three times. Always spray the rinse water back on the field where the product was used. By properly using pesticides, we will improve crop performance, pro-ject people and the environment and insure the future use of pesticides.

To Check Standby Generators

The recent storms remind us electricity maybe interrupted any-time. If have not been routinely checking your standby generators, you should start now. Make sure they will self start when the electri-city goes off. Make sure you have adequate fuel to run the generators for several hours. Call the electric company to see if your farm may receive a priority rating for restor-ing the electricity in case of an outage. Make adjustments on electrical usage in your operation to fit the electrical output of your generator. Finally have someone stay close to the operation when severe weather and thunderstorm watches and warnings are issued. Remember, a watch indicates con-ditions are suitable for a thunder-storm and a waring indicates thun-derstorms are present in the area.



WHO'S PUSHING YOUR BUTTONS?
 May 19, 1991

Background Scripture: 2 Cor-inthians 5:6-20.

Devotional Reading: 2 Timothy 1:8-14.

That is the title to one of the chapters in our book, *What You Need Is What You've Got*. In it, my wife Valere and I say: "If you are married to an alcoholic, if you're the parent of a problem child or the child of domineering parents, if you are a hen-pecked husband or an abused wife, you are likely allowing someone else to press the buttons that control your life — both without and within."

It doesn't matter what we call it — "pulling your own strings," let-ting others manipulate you, sur-rendering to your fate — you are permitting someone or something else to run what God put into your hands alone — your life, your self. In counselling others I have often found that many people feel that they have little or no control over their lives. They are what they are because someone made them that way — God, parents, teachers, etc. Other people are powerful, while they feel weak and helpless.

LEARNED HELPLESSNESS
 But none of us are born helpless or hopeless; that is something we learn, according to Professor Martin E. P. Seligman of the Universi-ty of Pennsylvania. And we tend to learn these better than almost anything. The good news is that if we have learned to be helpless, we can also learn to be the opposite.

The difference lies in what or who we let "push our buttons." For we were not created — not any of us! — to be manipulated or controlled by anything or anyone. Paul says to the Corinthians: "Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom" (3:17). All of us need to make a declaration of independence from our manipulating habits, our imprisoning ways and attitudes, and our enslaving emotions. There isn't anyone who cannot do that, if they really want to!

Sometimes, particularly if our bondage has been a long-term experience, it seems our bonds are too powerful for us to break. So, instead of gritting our teeth and struggling against these negative powers, we need to focus on a positive that is stronger than all the negatives. For example, if right now I command you not to think of strawberry shortcake, I suspect that, no matter how much you might want to comply, you have strawberry shortcake on your mind. You can't defeat a negative with a negative — "Don't!" But you can defeat it with a stronger positive — "Do!" So, if I ask you to please think of your favorite food, the strawberry shortcake will be gone.

IMMERSED IN LOVE

That's how we can free ourselves of being controlled — by concentrating on a positive that is stronger: the love of Christ. Paul says to the Corinthians, "For the love of Christ controls us..." (5: 14). If we immerse ourselves in the love of Christ we will find the negatives will not be able to push our buttons. We will be motivated by it and that will overpower everything else. If we choose to let the love of Christ at the center of our lives, we cannot be victims — only victors.

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