

Farmland Dairies Bring Ultra Slim-Fast To The Dairy Case

WALLINGTON, NJ — Slim-Fast Foods Company, makers of ULTRA Slim-Fast, one of the country's most popular weight loss programs, and Farmland Dairies have just introduced ULTRA Slim-Fast ready-to-drink refrigerator cartons in the Northeast. The innovative cartons are fresh as milk and available in the dairy case of Metro New York and New Jersey supermarkets in both 12- and 24- ounce sizes.

These convenient ready-to-drink cartons fit perfectly into the ULTRA Slim-Fast weight loss program. The 12-ounce rich,

creamy Chocolate Royale and French Vanilla containers equal a complete 220 calorie ULTRA Slim-Fast meal while the 24-ounce carton holds enough for two handy meals. Both cartons allow room to shake the delicious mixture to create a frosty, frothy milkshake.

Those following the weight loss program have an ULTRA Slim-Fast milkshake daily in place of breakfast and lunch and a third shake as an optional snack. A sensible, low-fat dinner supplements the milkshakes and completes the 1,200 to 1,300-calorie-a-day plan.

Each carton of ULTRA Slim-Fast is enriched with fiber and contains 17 essential vitamins, minerals and protein. Three shakes a day provides 100% of the U.S. Recommended Daily Allowance of these 17 essential nutrients. ULTRA Slim-Fast is a nutritious, delicious way to lose weight.

"Farmland Dairies is proud to

bring ULTRA Slim-Fast to the dairy case in the Northeast," says Marc Goldman, president of Farmland. "The convenient refrigerator cartons make it easy for those on the ULTRA Slim-Fast program to lose weight and stay slim at home, at the office, and on the go." Last year, over 23 million people used Slim-Fast products.

ULTRA Slim-Fast has enjoyed tremendous success since it is effective, great-tasting and affordable to the general public. Refrigerated ULTRA Slim-Fast is available in the dairy case at Waldbaums, Pathmark, Sloans, Kings, Krauszer's, D'Agostinos, ShopRite, Grand Union and Foodtown supermarkets.

Berks Executive Board

The Berks County Farm Women Executive Board met recently at the Agricultural Center with 24 members in attendance. President Joan Loeb opened the meeting. Devotions were led by Mary Fizz of Group 4. Roll call was answered by answering the question: "Why did you join Farm Women?"

Janet Schlegel reported that the next Agri-business meeting will be held at the Berks County Food Bank. Farm Women groups were invited to attend for a tour of the Food Bank.

The Farm Women will play

bingo with the residents of Berks Heim on April 4 at the main building.

The Berks Heim volunteer dinner will be held at the 4-H building on April 18.

The Farm Women will man the hamburger stand at the Berks Heim picnic on June 1.

Marion Batz volunteered to be the chairlady for the Berks County Farm Women Convention in October.

Doris Brown is the chairlady for the Scenic River Festival in July. The next county board meeting will be held on May 6 at the Ag Center.

D.S. MACHINE SHOP

238B Old Leacock Rd., Gordonville, PA 17529

- CUSTOM BUILT COAL STOVES
- HIGH PRESSURE WASHERS
- HIGH-TENSILE FENCING
- PEQUEA & PEERLESS BATTERIES
- DISTRIBUTOR FOR BEARINGS
- SPROCKETS, PULLEYS, BELTS
- KENDALL & DRYDENE OILS & LUBRICANTS



**Kendall
Drydene**



UPS Service



FARM BUILDINGS NEED PAINTING?

Let Seal Crete Make Those Buildings **SHINE**

"The Farm Painting Specialist" Since 1961



**We Are
The
Fussy
One's**

"NO JOB WE CAN'T HANDLE"

We Have The Equipment To Do Your Job

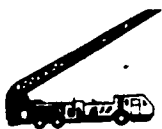
COATINGS FOR:

- Roofs • Wood, Steel and Masonry Structures

OUR SPECIALTIES ARE:

- AGRICULTURE - COMMERCIAL - INDUSTRIAL - CHURCHES
- Barn Painting • Milk House • Roof Coating
 - Water Proofing Silos • Stucco Farmhouses

For FREE Estimate CALL

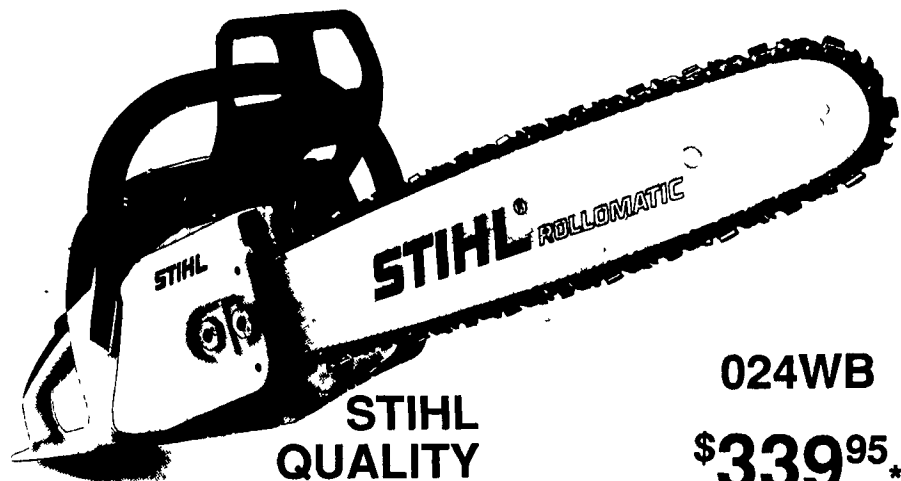


Seal Crete Inc.

PAINTING & WATERPROOFING

20 Cocalico Creek Rd., Ephrata, PA 17522
717-859-1127

STIHL® #1 WORLDWIDE



STIHL
QUALITY

024WB

\$339⁹⁵*

2.82 HP / 10.4 Lbs.

* Includes 16" bar & chain.

- * Made in the U.S.A.!
- * Anti-Vibration Handles!
- * Lifetime Electronic Ignition!
- * Quickstop™ Inertia Chain Brake!
- * Oil-Saving Ecomatic™ Lube System!

Available at these servicing dealers

Bechtelsville

PASSMORE SERVICE
CENTER, INC.
RD 1, Rt. 100
215-367-9084

East Earl

GOODS LAWN & GARDEN
CENTER
Route 23
717-354-4026 Ext. 34

Elizabethtown

MESSICK FARM
EQUIPMENT, INC.
Rheems Exit-Rt. 283, Elizabethtown, PA
717-367-1319, 717-653-8867

Elm/Lebanon

BOMBERGER'S LAWN
& GARDEN
Elm: 717-664-4663
Lebanon: 717-272-4155

Ephrata

WES STAUFFER
ENGINES & EQUIPMENT
23 Pleasant Valley Rd.
717-738-4215

Ephrata, Hershey, Lancaster

HOLLINGER'S LAWN &
GARDEN EQUIP.
Ephrata, PA 717-738-1131
Hershey, PA 717-533-4060
Lancaster, PA 717-656-2710

Gap

GAP POWER EQUIPMENT
Corner of Rt. 30 & Rt. 897
717-442-8970

Hamburg

SHARTLESVILLE
FARM SERVICE
RD 1, Box 1392
215-488-1025

Jonestown

BLUE MOUNTAIN
ENTERPRISES, INC.
Rt. 72 South
717-865-2994

Myerstown

EBLING LAWN &
GARDEN SERVICE
898 E. Lincoln Ave.
717-866-8720

Ono

SHUEY'S SALES & SERVICE
Jonestown Rd.
717-885-4915

Oxford

OXFORD GREENLINE, INC.
1100 Limestone Rd.
215-932-2573

Peach Bottom

WAKEFIELD SAW SHOP
742 Nottingham Rd

Ronks

A & B SALES & SERVICE
370 Newport Road
2 Miles South of Rt. 23 Along 772
Thru Monterey

Somerset, PA McCoole, MD

LINCOLN SUPPLY &
EQUIPMENT CO.
Somerset, PA 814-443-1691
McCoole, MD 301-786-6800

Tamagua

CHARLES S. SNYDER, INC.
RD 3
717-386-5945

Watsonstown

BEILER'S REPAIR
1 Mi. W. of Turbotville
On Rt. 44
RD 2, Box 54

West Chester

M.S. YEARSLEY & SONS
110-120 E. Market St.
215-696-2990

York Springs

LONG LANE ENT. INC.
220 Bateman Rd.
717-528-4557

Chestertown, MD

PARDOE'S LAWN & TREE
SERVICE, INC.
301-777-2018

Oakland Md.

VALLEY VIEW
COUNTRY STORE
RD 2
301-334-4381

Whiteford Md.

ENFIELD EQUIPMENT INC.
720 Wheeler School Rd.
301-879-5090

Distributed By Keystone Stihl