



## Have You Heard?

By Doris Thomas  
Lancaster Extension  
Home Economist

### Holiday Stain Removal Tips

In the excitement of the holidays there's bound to be a spilled liquid or a dripping candle that needs attention immediately. Check your basic stain removal kit. Do you have clean absorbent materials, a sponge, oxygen bleach such as Snowy or Chlorox II, chlorine bleach such as Chlorox or Purex, dry-cleaning fluid such as Carbona, enzyme presoak, white vinegar, rubbing alcohol and liquid detergent such as Wisk?

The key to stain removal is immediate treatment. When company is present and a spill occurs, use paper towels to absorb as much of the liquid as possible. Soak a sponge in cool water and

use it to remove further traces of the spill. Later, you can get down to the business of final stain removal.

Test any stain remover on a corner of fabric first to see how it reacts. Treat spots from the back of the fabric. Place the spot down on paper towels so that the stain will come off the fabric instead of going through it. After treatment, regular laundering will usually remove the last traces of the stain.

Here are some special methods for treating the most common holiday stains.

Fruit stain, including cranberries - sponge immediately with cool water. Rub liquid detergent into stain, and rinse. Launder with detergent and bleach that is safe

for fabric being treated.

Tea and coffee - soak in cold water. Rub in liquid detergent. Allow to stand for 10 minutes. Rinse. If greasy stain remains from cream or milk, sponge with dry cleaning fluid or apply pre-wash soil and stain remover.

Candle wax - rub with ice cube to harden. Scrape off excess with dull knife. Place stain between paper towel and press with a warm iron. Sponge with dry-cleaning fluid if necessary.

Alcoholic beverages - Sponge with cool water. If stain remains, soak 15 minutes in a solution of lukewarm water, detergent, and a small amount of white vinegar.

Gravy or meat juice - Use enzyme presoak as directed. Or, soak in cool water, rub liquid detergent into stain and rinse.

Ice cream - Rub detergent into stain. Rinse. Sponge with dry-cleaning fluid or apply a prewash soil-and-stain remover. If stain remains, add a few drops of household ammonia.

Soda - Treat as soon as possible. Sponge with cool water. If stain remains, sponge with a solution of lukewarm water, detergent, and a small amount of white vinegar.

## Should Services Be Integrated?

UNIVERSITY PARK (Centre Co.) — "Social service systems are often too specialized for rural areas," says Dr. Allan Brawley, director of the Social Work Program at Penn State. "Frequently, the result is duplication of effort and waste of human and financial resources."

The Penn State Social Work Program has embarked on a new program titled "Human Service Delivery in Rural Counties of Pennsylvania: Barriers to Integration and Implications for Legislative Action."

The project directors, staff and Penn State students are helping an expert panel of county commissioners, social service agency directors and citizens study how rural counties in Pennsylvania provide social services to a range of families, children, the elderly and others.

The panel will then identify obstacles to effective service and will develop appropriate rural service delivery models.

"Existing systems of public and voluntary social services are rarely designed for rural settings," says Martinez-Brawley.

"For example, most social services are funded and targeted for specific problems such as child abuse or neglect, mental illness and homelessness. This causes a high degree of specialization, which is often inappropriate for rural areas and results in a frag-

mented, overlapping and frequently unmanageable system."

The typical social service delivery models ignore rather than capitalize on rural social relationships. No single worker or agency addresses the total and usually interwoven problems of the entire family or assumes overall responsibility for its welfare, according to Martinez-Brawley.

## EFNEP

(Continued from Page B14)

Gonzalez, Maria Feliciano, and Krista Marrero.

Two out of the five full-time workers with EFNEP, Ellie Brower, nutritional advisor; and Brenda Stallman, unit coordinator; received 10 year pins for their work with the program.

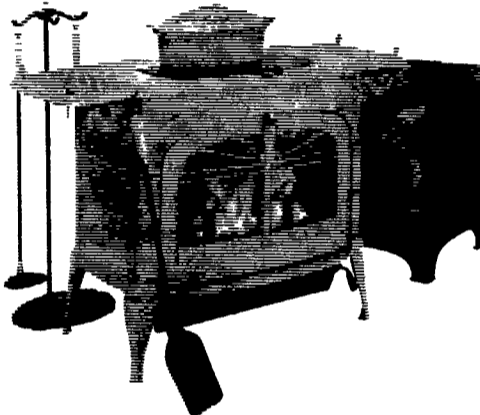
Ford said, "We couldn't make this such a special time if the graduates, church groups and interested individuals didn't help with the program. It's so rewarding to see smiles on the faces of those who gave and on those who receive."

Those who donated time and gifts include John Martin's Meats, Inc., Weaver's Market, L.I.F.T. of Manheim, Arlene Frey, Ruhl's United Methodist Church, Farm Women Society 26, Helen Rohrer, Joan Hershey, Dottie Slote, Ephrata Area Social Services, and Brenda Stallman.

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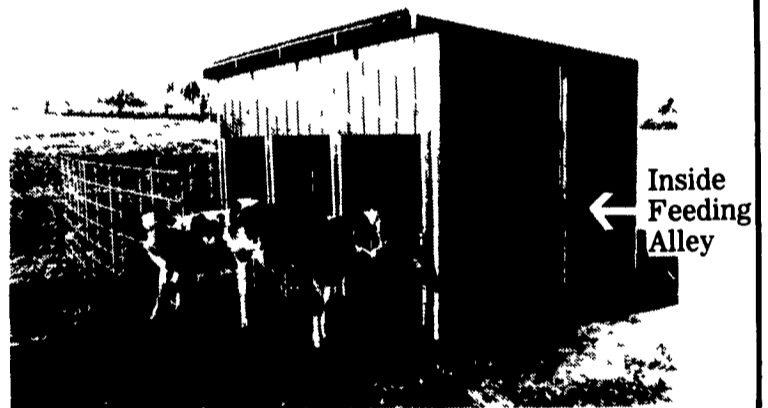
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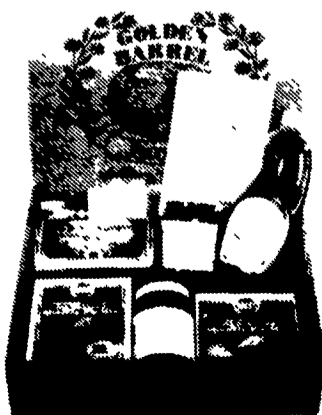
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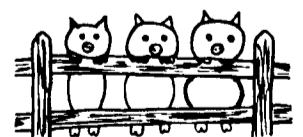


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