

Chef Demonstrates Pastry Making

GAY BROWNLEE
Somerset Co. Correspondent

CHAMPION (Somerset Co.) — Pittsburgh chef Ted Martz taught a pastry class at the Penn-Jersey Equipment Dealers Convention held recently at the Seven Springs Mountain Resort. Martz served dainty confections such as apple strudel, a filled pastry called Bull's Tongue that had a red raspberry filling, and a cream-filled pastry topped with chocolate frosting.

Martz stresses using real ingredients such as butter, cream and dozens of eggs in his recipes. He said using these ingredients make a great difference in the flavor of the final product. He prefers to use powdered cocoa rather than melted chocolate.

To produce the perfect cheese-cake, Martz said, "Keep the oven temperature no higher than 300 degrees. If you have trouble with cracking, it is because you baked it at too high a temperature."

Another important process is to mix it at the lowest speed to prevent over-aerating the batter. He said, "Too much air in the batter will cause it to crack."

Cream puff pastry should come out of the oven feeling light as a feather, according to Martz. "If it isn't light, it hasn't been baked long enough so leave it in the oven," he said.

Martz makes a lot of wedding cakes. To keep them moist, he brushes them with liquor using a regular paint brush. Martz never uses a pastry brush because the bristles tend to come out. Dark paint brushes are better because a stray bristle is easy to spot.

Although Martz told the guests that edible flowers are used often as a garnish, he admits that he doesn't eat them.

Patti Cosnell was the chairperson of the committee for the activities for women. She had collected recipes from the women and had the recipes printed in a cookbook.



Ted Martz is poison for those who want a trim waistline. The pastry chef breezed through demonstrations with elan that obviously evolved over many years of experience.

Donkey Association

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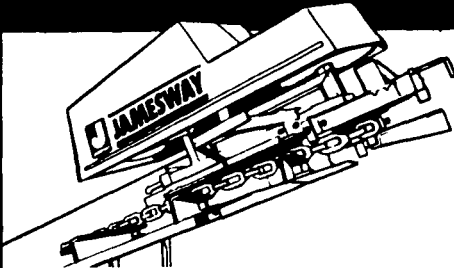
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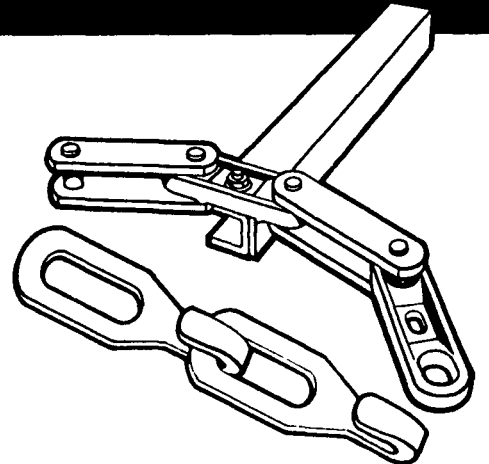
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