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Maybe A Home Run

If it's not one thing, it's another. Cholesterol. Avian Flu. Salmonella.

The curve balls, as well as the sinkers and sliders, keep on bean-balling the poultry industry. But now may be the time to swing at something more positive.

Last year, great publicity was properly given to the revision of cholesterol values of large eggs. The USDA Handbook lowered the readings on cholesterol values from 274 to 213 milligrams. That's good news. But in addition, the fat content was lowered from 5.45 to 5.01 grams, an eight percent reduction. According to Dr. W. J. Stadelman, an even more important fact is that the reduction is all in saturated and monounsaturated fatty acids. This is especially important because both the American Heart Association and the American Medical Association have put more emphasis on total fat and shifting to a higher percentage of polyunsaturated fatty acids. To have these associations support what's good about eggs, is good news.

Maybe this positive but not publicized attibute of eggs should now be brought to bat for the egg industry. Who knows. We may get a home run out of this.

Farm Calendar

Saturday, August 18

Bucks Co. Middletown Grange Fair, Grange Fairgrounds, Wrightstown.

Eisenhower's 100th birthday celebration, Gettysburg, thru Aug. 19.

Adams Co. Angus Field Day, Ramada Inn and Eisenhower Farm, thru Aug. 19.

Montgomery Co. Ag Fair, thru Aug. 25.

Central Championship Show, Huntingdon, Pa., 6:30 p.m. N.E. 4-H Dairy Show, Troy Fairgrounds.

Huntingdon Co. Fair, Huntingdon. McKean County Fair, Smethport. Montgomery Co. 4-H Fair, Creamery.

Cameron Co. Fair, Emporium, thru August 25.

Ram Reproductive Evaluation Clinic at Willow Creek Animal Hospital, 9:00 a.m.-4:00 p.m.

Sunday, August 19 Eisenhower's 100th birthday celebration, Gettysburg.

Adams Co. Angus Field Day, Ramada Inn and Eisenhower Farm, thru Aug. 19.

Montgomery Co. Ag Fair, thru Aug. 25.

Cameron Co. Fair, Emporium, thru August 25.

Monday, August 20

Berks Co. 4-H Debate on Land Preservation and Wrap-Up Session, 4-H Center, 7:00 p.m. Harford Fair, Harford Fairgrounds, thru August 25. Erie Co. Field Day (potato

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Farm Forum

Editor:

If you are a person that loves new challenges and opportunities then chances are the grange has something for you. Recently I had the chance to listen to President Bush at the White House and this never would have happened if not for the Grange. The talk was part of a conference for youth leaders and consisted of White House staff talking to us about different problems facing America today.

Judge Reggie Williams, the National Drug Control Policy. was our first speaker and he gave us an update on the drug problem in America and what we can do to rid this poison from our country. Lewis S. Crampton, Associate

Administrator of the Environmental Protection Agency was our next speaker and he reminded us that the environment is a global problem that needs a lot of hard work to turn around. He urged everyone to take action now including precycling, thinking before you buy, and reminding us that the solution to pollution is not

During Crampton's talk Secret Service agents filled the room and the national press corp started to arrive and everyone knew was about to happen. A few seconds later President George Bush entered the room and you then knew that the president was very

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To Be Alert For Silo Gas

We are fast approaching silo filling time; in fact many farmers are servicing their equipment now. This is one of the best methods of harvesting the corn crop to obtain maximum feed nutrients. With our large tower silos, the danger of poisonous gases becomes more important. We urge our farmers to discuss this hazard with their employees and all family members. These gases can develop from one day to 14 days after the silo is filled. Most of the gases have a chlorine laundry bleach odor and irritate the eves and respiratory system. Some are yellow and some are colorless. Don't take any chances warn all your people of this danger.

Never enter a partly filled silo without running the blower for at least 15 minutes. These gases are heavier than air and will come down the chute and into the barn. Be careful around recently filled silos. For more information on how your lungs are affected, contact the local American Lung Association.

To Be Aware Of Nitrates In Feed

Two main sources of nitrates for animals are feed and water. Nitrates in water seems to get the most attention, but the greatest risk of nitrate toxicity generally is from feed, according to Glenn Shirk, Extension Dairy Agent.

The level of nitrates in feed is affected by a number of things: Soil nitrogen levels, weather conditions and stressors that affect plant's ability to metabolize nitrates and convert them to plant

Our soils are well fertilized and high in nitrogen, so we are more vulnerable. Crops growing on these soils take up large quantities of nitrates, especially plants such as many weeds, and annual crops such as corn, grasses and small grains. Levels of accumulated nitrates in plants can be high a few days after a drought recovery rain. keep in mind, it takes time for plants to metabolize these nitrates and convert them to plant protein. It takes even longer if plants are stressed and plant metabolism is impaired by cloudy days, drought and injury.

To Apply Lime When Seeding Small Grain

Preparation is being made for fall wheat and barley seeding. This is an excellent time to apply lime. A soil test will indicate how much per acre, if needed. This is doubly important if you plan to seed a grass-legume mixture next spring.

Many times a clover or alfalfa producer will wait until spring to have lime applied to his field. This is not the best way to obtain a good stand. Lime needs up to six months to react in the soil and correct the acidity.

If soil needs lime, it should be worked into the topsoil when the small grain seedbed is being prepared. Legume seedings are costly; be sure the soil is between 6.8 to 7.0 pH so they have a good chance to survive.

To Prepare For Local Fairs

We are rapidly approaching the time for local fairs. These times should be happy events - but once in a while they are not because

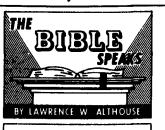
planning was not done ahead of time. This is the time to take necessary precautions to help prevent the possibility of your taking disease to the fair with your animal or bringing infection home to your farm.

Many fairs require health charts and specific tests or vaccination for animals and poultry. Be sure to read the health requirements carefully. And, it doesn't hurt to be more strict then what the regulations may require.

Animals or poultry with any form of ailment should be left at

When animals or poultry leave the fair and go home, it is important to have a place where you can isolate them and observe them closely for a period of time before returning them to their herdmates. If in doubt, consult your veterinarian for advice.

The Penn State Cooperative Extension is an affirmative action, equal opportunity educational institution.



WHO'S THE **WISE GUY?** August 19, 1990

Background Scripture: James 1:1-8; 3:1 through 4:12 **Devotional Reading:** Isaiah 40:1-11.

Recently, we were vacationing in Puerto Vallarta, Mexico. I was looking for a particular program on satellite television. By chance, I picked up a program from the USA featuring a well-known television evangelist ministry. The host of the program was in the process of introducing a man he described as "a very learned, knowledgeable and wise scholar of religion." I decided to linger on this channel for a few moments to hear this man. The speaker, a distinguished man with several important academic degrees, read a passage of scripture and then launched into a tirade of abuse directed at the followers of some other religious groups and persuasions. He seemed to delight in finding obscure passages from the Bible upon which to skewer these people, their beliefs and practices, which he scorned.

HOW LEARNED?

So, when I read the designated passages from the Epistle of James, I couldn't help remembering this man and his billing as "a very learned, knowledgeable and wise scholar of religion," for he seemed to violate everything that James says. For example, this man completely overlooked the good things that were done by those whom he criucized.

James wrote: "Every good endowment and every perfect gift is from above, coming down from the Father of lights...." (2:17). It is one thing to be critical of what others say and do, but to write

them off as worthless in God's sight is a dreadful mistake. One cannot be all that wise if he or she cannot recognize good in whomever and wherever it may appear. To do so would be to deny the presence of God in this world. As James says, God is the source of all good. The Apostle James also gives

us another guideline: "Who is wise and understanding among you? By his good life let him show his works in the meekness of wisdom" (3:13). If a person's "wisdom" is arrogant and haughty as ours so often is — then it cannot be true wisdom. If anyone is truly wise, then they will be meek and humble. True learning does not puff us up with what we know, but makes us humble in the face of what we realize we do not know. That doesn't keep me from thinking that I have discovered something, so long as I don't assume I have discovered it all and that you have discovered nothing. Once again we measure a person's wisdom by the way he or she treats other people.

REALLY WISE

James goes on to make it even clearer: "But the wisdom from above is first pure, then peaceable, gentle, open to reason, full of mercy and good fruits, without uncertainty or insincerity" (3:17). The wise person is one in whose relations with other people are manifest the qualities of peacefulness, gentleness, reasonableness, mercy and good works toward others. No person, regardless of how many degrees he holds, can be wise unless this wisdom is manifest in a spirit of reconciling love. When wisdom divides people and sets them against each other, it is not

"And the harvest of righteousness is sown in peace by those ' (3:18). the difference between the wise guy and the person who seeks God's wisdom.

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