

Kids' KOrner

Kids In The Kitchen

Kids of all ages love to cook. To help kids learn to cook, the American Dairy Association and the American Egg Board has leaflets they will send you.

If you like the recipes that appear on this page, send for the following leaflets. The "Kids in the Kitchen" leaflet is available by sending a self-addressed business-sized stamped envelope to IEE #28, P.O. Box 755, Park Ridge, IL 60068-0755.

Order the "Make-it-yourself Fun Food for Kids" by sending a self-addressed business envelope to Mid East UDIA, 3592 Corporate Drive, Ste. 114, Columbus, OH 43231.

BEFORE YOU START TO COOK

- * Wash your hands.
- * Wear an apron if you have one.
- * Read the recipe and get out the food and utensils you will need.
- * Be sure to use only microwave-safe dishes when you cook in the microwave.
- * Use pot holders to move hot pans or dishes.
- * Don't forget to clean up.

FROZEN FRUIT POPS

3 cups grape juice or fruit punch
1 can (14-ounces) sweetened condensed milk

1/4 cup lemon juice
12 three-ounce paper cups
12 wooden sticks

You will need measuring cups, large mixing bowl, wire whisk, measuring cup with spout, 8-inch square pan, freezer, timer.

Mix juices and sweetened condensed milk in bowl using wire whisk. Carefully pour some of the mixture into measuring cup with a pouring spout. Put paper cups into a square pan. Fill paper cups almost to the top. Put in freezer for 1 hour. Remove from freezer and put wooden stick in center of each pop. Return to freezer for 5 hours.

To serve, carefully peel off paper cup. To keep, put frozen pops in a plastic bag and freeze up to 2 weeks.

American Dairy Association

FUNNY FACE PIZZA

1 English muffin, split in half
2 tablespoons prepared pizza sauce

10 slices pepperoni OR salami
2 slices Mozzarella cheese
2 slices ripe olive

You will need: toaster, measuring spoons, knife, cutting board, cookie sheet, hot pads, timer, wide metal spatula, oven.

Turn on oven. Set at 375 degrees. Toast English muffin halves in the toaster. Carefully remove and put on a cookie sheet. Spread each with 1 tablespoon pizza sauce. Top each with 5 slices pepperoni or salami. Cut a face out of each slice of cheese. Use and olive slice for the nose. Put cheese over pepperoni or salami. Put pizzas in oven and bake 8 to 10 minutes, or until cheese is melted. Carefully remove from oven with hot pads. Lift off cookie sheet with spatula. Eat right away.

American Dairy Association

For a special treat, ask your mother to help you make a "Teddy Cottage." Although it looks complicated, it can be quickly assembled.

TEDDY COTTAGE

1 (16-ounce) package pound cake mix

1 cup chocolate TEDDY GRAHAMS Graham Snacks

2 cups prepared white frosting

21 sugar wafers

5 chocolate-covered graham crackers

Small sugar gumdrops, for garnish

18 Chocolate TEDDY GRAHAMS Graham Snacks

1 tube red decorator gel

Prepare pound cake mix batter according to package directions; fold in 1 cup graham snacks. Spoon batter into greased and floured 9x5x3-inch loaf pan. Bake according to package directions, cool.

Reserve 3 tablespoons frosting; frost cake with remaining frosting. For roof, arrange 16 sugar wafers on top of cake as pictured. Cut remaining sugar wafers in half for shutters and cut 2 graham crackers in half for windows; press into frosting on sides of cake as pictured using another graham cracker for a door. For chimney, sandwich remaining graham crackers together with 1 teaspoon frosting; attach to cake. Slice between sugar wafers roof to serve.

Garnish with reserved frosting, gum drops, remaining graham snacks and red decorator gel as pictured.

CHOCO YUM PUDDING

Here's an easy dessert to make for your family. You can use any kind of bread but raisin bread's the best!

2 slices bread, cut into halves

2 eggs

1 cup milk

1/2 cup chocolate-flavored syrup

1 teaspoon vanilla

*Set the oven for 350 degrees. Tear each half slice into little pieces and put them into four small custard cups.

*Put the rest of the ingredients into a medium bowl. Beat with a fork or an egg beater until well mixed.

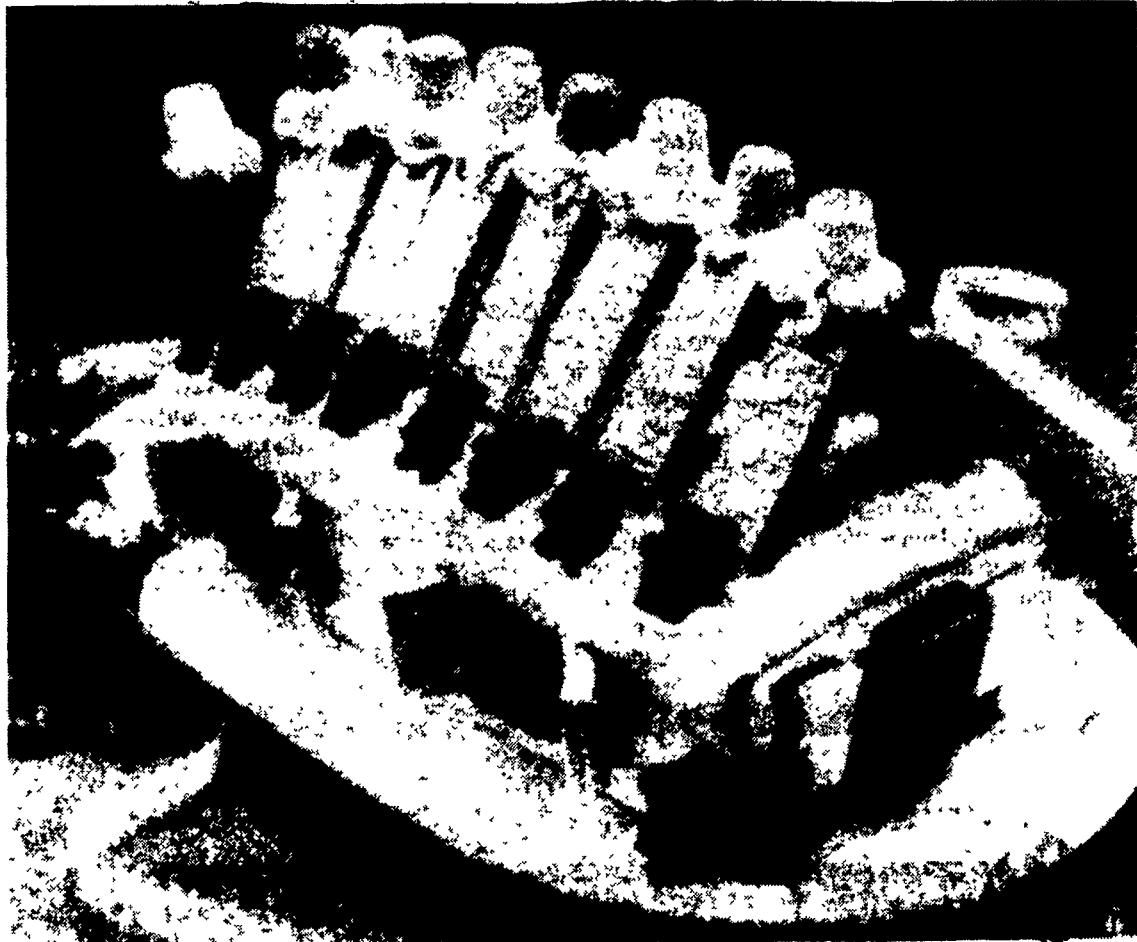
*Pour 1/2 cup of the mixture over the bread in each cup. Push the bread down into the mixture.

*Let the puddings stand 5 minutes to soak up the liquid.

*Set the dishes in a shallow baking pan. (The pan will make it easier to take the hot dishes out of the oven). Put the pan in the oven.

*Bake the puddings 25 minutes. Pull out the oven rack with the pan on it and insert a knife into the puddings halfway between the middle and the edge. If the knife comes out looking clean, the puddings are done. If they're not done, bake them 5 to 10 minutes longer.

American Egg Board



Every one will love this teddy bear cottage.



Surprise your mother with this breakfast.

Readers Write

Dear Readers,

My name is Joanne, age 9, grade 3. My parents' names are Henry and Alta Eberly. I have one sister and three brothers. Their names are Nathan, 13; Anthony, 11; me, 9; Janet, 1; Nelson, 3.

We live on a 20-acre farm. We have two cats and three rabbits.

My chores are to clear the table and wash the dishes. I sometimes need to dry the dishes and sweep.

I go to Brunner's Grove School. My teacher's name is Edna Hoover and her helper is Phebe Burkholder.

My hobbies are cooking, baking, and helping my mom clean.

I would like a girl pen pal with about the birth date of October 28, 1980.

Joanne Eberly
520 Galen Hall Rd.
Reinholds, PA 17569

Dear Readers,

My name is Rachel Lapp. I am eight years old. My birthday is July 8. I go to Irishtown School. My parents' names are Jesse and Barbie Lapp. I have six brothers and one sister. Their names are Alvin, 18; Sam, 17; Jesse Jr., 14; Gideon, 13; Marian, 10, Me, 8; David, 6; and Amos, 2.

We have 8 work horses and 5 drivers. We have three dogs. We have about 40 cows. I like to roller skate and play doll. I got a doll for Christmas.

Rachel Lapp
Gordonville

Dear Readers,

Greetings! Hello, my name is Marian Lapp. I am 11 years old. My birthday is February 5. My parents' names are Jesse and Barbie Lapp. I have six brothers and one sister. Their names and ages are Alvin, 18; Sam, 17; Jesse Jr., 14; Gideon, 13; Me, 10; Rachel, 8; David, 6; and Amos, 2.

We have cows, horses, cats and dogs. We have 8 work horses, 5 drive horses. We have 3 dogs and a lot of cats.

I go to Irishtown School. We have 38 pupils. My best friends are Barbie Rosc King and Lena Ruth Fisher. My subject in school is spelling. I like to roller skate and read.

Marian Lapp
Gordonville