



The Munchsters Talk About Food

"The Munchsters Talk About Food" is a new program to help children learn about eating nutritious food.

Included in the Munchsters program are five full color postersized drawings of the funny Munchsters. Teachers or parents can help children play games, color pictures, answer riddles, and cook the same food that the Munchsters eat.

The Pennsylvania Beef Council distributes these programs to preschools and day care centers to encourage children to develop good eating habits.

For a free copy of the program, write to "Munchsters Talk About Food," Pennsylvania Beef Council, 4714 Orchard St., Harrisburg, PA 17109 or call (717) 545-6000. Like the Munchsters, we also use spoons, forks, our fingers, and sometimes chopsticks to eat our food.

Here is a funny song about a meatball.

ON TOP OF SPAGHETTI Sing to the tune of "On Top of Old Smokey

покеу

On top of spaghetti, all covered with cheese,

- I lost my poor meatball when somebody sneezed. It rolled off the table and onto the
- floor. And then my poor meatball rolled
- out of the door.
- It rolled through the garden and under a bush,
- And then my poor meatball was nothing but mush.
- So when you eat spaghetti, all covered with cheese,

Hold onto your meatball, and don't ever sneeze!

RIDDLES

1. I am red and round. You can slice me. I am juicy and I go in salads or on hamburgers. What am I? (tomato)

2. I am raw when you buy me. You can make me into meatballs, meat loaf, or hamburger. I must be cooked before you can eat me. What am I? (ground beef)

3. I am small, brown, and wrinkled. I used to be a grape. What am I? (raisin)

I come in a shell. When you break me open you will see a yellow yolk inside. People like to scramble, fry, and boil me. What am I? (egg)



Readers Write

Dear Readers, My name is Erma Newswanger, age 9, grade 4. My parents names' are Allen and Lena Newswanger. I have three sisters and five brothers. Their names are Eugene, 24; Allen, 21, Cleason, 20; Mark, 18; Marie, 15; Lloyd, 13; me, 9; Lena Mae, 7; Mabel, 10 months. I also have one nephew. His name is Leroy, age 1. We have sheep, pigs, horses, cows, steers, chickens, cats, dogs and a puppy. My chores are to help clear the table and dry the dishes. I sometimes have to wash the dishes. I go to Center Grove School. My teacher's name is Emma Burkholder. My favorite lesson is German. My hobbies are reading and roller skating. Erma Newswanger New Holland

What do you think these friend-

ly creatures called Munchsters are doing? How many Munchsters are having a picnic?

What is the big furry Munchster eating?

How is the small Munchster eating?

How is the Munchster cating the spaghetti and meatballs?

How is the Munchster eating his chili?

What is the little Munchster with pointy ears and whiskers eating?

How is the Munchster eating the beef and broccoli?

This kitty found a resting place on top of a cow. Another cow gives the kitty a curlous lick.