**BONNIE BRECHBILL** Franklin Co. Correspondent

KAUFFMAN STATION (Franklin Co.) — "If you measure yourself, and examine your life, you can begin to change. You can change as long as you're breathing," Dr. Kenneth Markley told

the audience at the 72nd annual meeting of the Franklin County Cooperative Extension Associa-

Markley shared six marks of the mature person in his speech at the Kauffman Community Center January 26. A marriage and family counselor and assistant to the president of the Narramore Christ-



Total Mossellem of Mercersburg, left, Gerald J Reichard of Waynesborp, and H. Lee Showalter of Chambersburg are elected to three-year terms on the extension association's board of directors.



Capital Region Director Dr. Paul Wangsness encourages Franklin County residents to "keep the nest of the old and include the new," in their Extension Association.

ian Foundation, Markley encouraged his listeners to measure their level of maturity and to institute change in any area of their life where they fell short.

His six marks of maturity are: The person who is mature is realistic about himself, neither



Retiring from the board of directors and receiving recognition for six years of service are Elizabeth Brown, Chambersburg, and Joe Middour, Waynesboro.

under- nor over-estimating his talents, status, education, etc.

The person who is mature is able to accept frustrations and disappointments without lashing out at others or losing his temper. "Everybody has frustrations," Markley said. "The rain falls on the just and the unjust."

The person who is mature is able to cooperate with others. "If one thing was clearly better, such as whether to drive a Ford or a Chevy, or to be a Democrat or a

Republican, everyone would take it. Hardly anything in this life really matters, except spiritual things. Since most things don't matter, give in," Markley advised.

The person who is mature is able to make decisions. "The immature person wrings his hands a lot. You never have all the facts on which to base a decision. You have to live on partial information and move on," he said.

The person who is mature neither demands nor expects perfection. While each person must have standards, no one has perfection to give. Markley paraphrased the Bible as, "Don't provoke your children to wrath by demanding too high a standard."

The person who is mature will care about others. "The Extension service is a good example of caring about others," he said. "The United States is reputed all over the world for our charity. When there are natural disasters, or a barn burns down, or there is a tragedy in the coal regions, people give from the heart, not because the government says they have to. The United States has problems, but we have maturity in this aspect," he said.

**Capital Region Director** 

Also speaking at the banquet was Dr. Paul Wangsness, capital region director of the Penn State Cooperative Extension Service. Wangsness recently spoke with Congressmen in Washington, D.C. about such topics as food safety, the environment, drug and alcohol abuse, and animal welfare. "The Congressmen get more letters on the subject of animal welfare than on any other topic," he

## **Commodity Queens**

Four commodity queens attended the event. Franklin County Honey Queen Hope Mackey, Franklin County Dairy Princess Jenny Gloss, Franklin County Lamb and Wool Queen Kelly Boyd, and Pennsylvania Apple Queen Crystal McKenrick served refreshments at the social hour and gave brief presentations about their agricultural industries.

## **Election Results**

Newly elected to three-year terms on the Franklin County Cooperative Extension Association's Board of Directors were H. Lee Showalter, Quincy Township; Robert Kriner, St. Thomas Township; and Tom Mossellem, Warren Township. Re-elected to the board were Jeff Grove, Southampton Township; and Gerald J. Reichard, Washington Township.

Michael A. John, president of the board of directors, served as moderator for the program.

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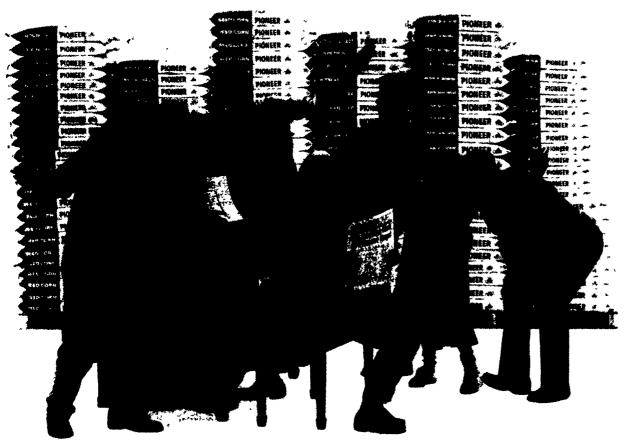
## These are the days, my friend

The savings soon will end, And just make sure that you don't miss your share!

So here's the seed corn news. You know you just can't lose, Those Pioneer Days! Oh yes, those Pioneer Days!

So save a big six percent. Before these days are spent, These days will end on February 24!

You buy your hvbrids there, And other seeds from Pioneer Those Pioneer Days! Oh yes, those Pioneer Days.



PIONEER DAY FEBRUARY 20-24



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