

# Cooks' Question

(Continued from Page B8)

**ANSWER** — Lewis Berkenstock of Emmaus asked how to make homemade scrapple. Thanks to Mary Watkins, Clarksburg, Md. and to Josephine Matenus, Dallas, for answering.

## Philadelphia Scrapple

- 2 pounds lean boneless pork
- 2 quarts boiling salted water
- 2 teaspoons salt
- 1½ cups of corn meal
- ½ cup flour
- 2 cups water, cold
- ¼ teaspoon pepper
- ¼ teaspoon savory and sage, mixed
- Salt to taste

Simmer pork in boiling salted water until meat is tender, about 2 hours. With fork, shred the cooked pork into fine pieces. Bring to a boil 1 quart of the stock. Mix corn-meal, flour, and cold water. Stir into boiling stock. Cook stirring until thickened. Add the seasoning. Stir the meat into corn meal mush and cook 5 minutes. Pour into buttered loaf pans. Chill until firm. Slice ½ -inch thick. Brown on each side (for crispness first dip slices in flour). Serve hot, plain with butter and syrup. Can be frozen for six months.

## Scrapple

- 8 to 10 pound pork butts
- 1¼ pound liver
- 1½ pound onions
- 4 tablespoons salt
- 4 tablespoons pepper
- 3 pounds pure buckwheat flour

Use a canning kettle. Cut pork into cubes, cover with water 3-inches over meat and boil until tender.

Cut liver into pieces. Add to meat and boil for 10 minutes.

Remove meat from kettle. Grind with a coarse meat grinder and place back in the kettle with the liquid.

Grind onions and boil with meat 10 minutes. Add pure buckwheat flour, small amounts at a time, mixing until the meat mixtrue pulls away from the kettle sides. Pour into bread pans.

# Two 4-H Volunteers Honored For Work

**WEST CHESTER** (Chester Co.)— This year, two Chester County 4-H leaders have been identified as having made out-

standing contributions to the county.

Lois K. Parker of Chadds Ford, 4-H key leader for the Chester

County history program and Dilworthtown 4-H country crafters has developed a "living" history program in addition to countless volunteer hours for other Extension and 4-H programs. Pat Taws of Chester Springs, leader of the Northern Chester County 4-H Horse and president of the Chester County 4-H Center, Inc., has been involved as a 4-H leader for 18 years and has volunteered for other 4-H and Extension programs.

Penn State Cooperative Extension has 50,000 volunteers that give their time and talent to carry out various educational programs. In 4-H, more than 1,500 adult and teen volunteer leaders are working directly with young people 8-19 years old to help them develop skills that will be useful to them throughout life.

If you would like to volunteer for the 4-H Program in your area, contact Laurie Sandow, 4-H Coordinator, Chester County Cooperative Extension, 235 W. Market Street, West Chester, PA 19382 or call 696-3500.

## New 4-H Dairy Club To Meet

**NEW BLOOMFIELD** (Perry Co.)— The Perry County 4-H Dairy Club will meet on January 23, 1990 at 7:30 p.m. in the Extension office in New Bloomfield.

The educational portion of the meeting will deal with reading dairy cattle pedigrees and interpreting production and type proof information on bulls from A.I. catalogs. All individuals aged 8-19 are welcome to attend.

For more information on this meeting or upcoming monthly meetings, call club leaders Logan Bower, Blain; Peggy Raub, Duncannon; or Brenda Hummel, Duncannon. For more information about the 4-H Program, call Perry County Cooperative Extension at 582-2131 ext. 243.

**ANSWER** — Diane Cruzan, Bridgeton, NJ, wanted a recipe for chicken corn soup. Thanks to Fern Leinbach of Narvon for the following recipe.

## Chicken Corn Soup

- 1 whole chicken, cooked, deboned and chopped
- 2 chicken bouillon cubes
- 1 pint corn
- 2 tablespoons carrot, shredded
- 1 stalk celery, chopped
- Salt and pepper to taste
- 2 cups uncooked noodles

Combine chicken and corn with reserved broth in 6-quart kettle. Bring to a boil. Add carrots, bouillon, celery and seasonings. Stir in noodles. Simmer until soft.

**ANSWER** — Bob Sullivan, North Wales, requested a recipe for pumpkin butter. Thanks to Carla Lange, Malvern for sending a recipe. She also included a recipe for pumpkin cream.

## Pumpkin Butter

- 2 cups cooked pumpkin
- ½ cup brown sugar
- ½ cup white sugar
- 1 teaspoon cinnamon
- 1 tablespoon lemon juice
- ¼ cup molasses
- ¼ teaspoon cloves

Combine all ingredients and bring to a boil. Cook for 15 to 20 minutes, stir frequently. Refrigerate or freeze.

## Pumpkin Cream

- 2 pounds pumpkins
- 2 lemons, juice and grated rind
- 2 pounds sugar
- ¼ pound butter

Cook pumpkin until tender and clean. Drain and add lemon juice, sugar, butter and grated rind. Stir and simmer over low heat for 15 to 20 minutes. Pour into containers and seal.

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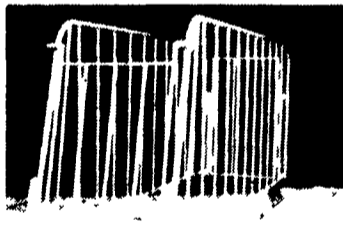
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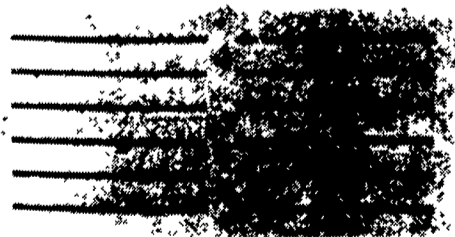
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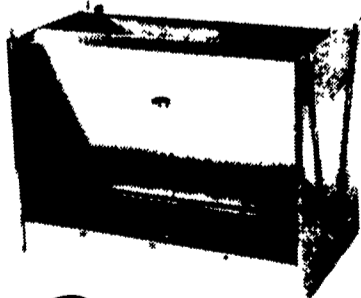


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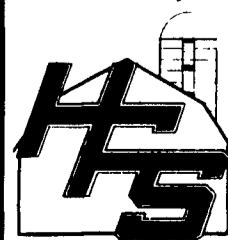
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