

## PA Farm Women To Gather For Convention

HARRISBURG (Dauphin Co.) — The Society of Farm Women of Pennsylvania will meet for their annual convention held during Farm Show week.

The two-day convention will convene at the State Forum on Monday, January 8, at 10 a.m.

According to Arlene Whitman, vice president of the state organization, the theme is patriotic and will focus on history. During the afternoon session, Jean Moyer of Mount Joy will portray Emma Lazarus, the woman who wrote the sonnet that appears on the Statue of Liberty: "Give me your tired and your poor."

For the Monday evening banquet held at the Penn Harris Motor Inn, Pattee Miller, a social worker from Reading will give an inspirational talk on "Using Our Given



Pattee Miller

Gifts." Romaine Bridgette and Jeryl Metzler will provide musical entertainment. The Tuesday morning business session will begin on Tuesday, January 9, at 9 a.m. in Room E of the State Farm Show Building.

Members will elect a new state secretary and two directors.

Members will vote also on the following:

- whether or not to change the annual two-day convention to a one day convention.

- decide if county presidents should vote at state board meetings. If county presidents are given that opportunity, the state board director positions would be eliminated as terms expire.

For more information, call (717) 653-4689.



Tanya Barr (left) of Fawn Grove, Kendra Miller (center) of Dover, and Carly Kelly of Wellsville were selected as the York County 4-H ambassador team.

## York County 4-H Ambassador Team Named

YORK (York Co.) — York County 4-H proudly announces the 1990 York County 4-H Ambassador Team which consists of Tanya Barr, Kendra Miller and Carly Kelly. The goal of the Ambassador program is to familiarize the public of the many opportunities 4-H has to offer youth between the ages of 7 and 19. Tanya, Kendra and Carly were interviewed and chosen to represent the York County program based on their knowledge and enthusiasm for the 4-H program, their public speaking ability, their experience and participation in local, county, state and national activities and their winning personality.

Tanya is a junior at Kennard-Dale High School and is currently president of the Airville 4-H Club and vice president of County Council. She also was chosen as the outstanding senior 4-H member this year. Tanya is involved with the 4-H Seeing Eye Puppy program in which a puppy is trained in basic obedience and then is returned to the program to be placed with visually impaired persons. She also volunteers her time to the Saddle-Up Therapeutic Horse Riding Program for handicapped youth. In school, Tanya is involved in FFA, drama club, art club and was a finalist in the Pennsylvania's Governor's School for the Arts.

Kendra is a senior at Dover Area High School and a nine-year veteran of 4-H. She is vice-president of the Wellsville 4-H

and Saddles Horse and Pony Club and secretary of Senior Exchange. Kendra has given demonstrations since her first year in 4-H and was able to travel to Michigan and place first in a national competition with her demonstration. Kendra also won state competition with the Junior Air Pistol Team. In school, she is a member of the varsity field hockey team, student forum and was involved with the school's exchange program.

Carly is a sophomore and a six-year member of 4-H. Carly holds offices in the York County Lamb Club, County Council and Wellsville Community Club. This past

year she was a delegate to Citizenship Washington Focus which she considers to one of the most beneficial programs of 4-H that she has been involved with. Carly has completed projects in the areas of cooking, stenciling, cross-stitch and cake decorating. She is a member of her school's national honor society and enjoys applying what she learns in 4-H to her school activities.

If you would like more information about 4-H, would like to be a volunteer leader, or if your group or organization is looking for dynamic young speakers contact the 4-H office at 757-9657.

## Substance Found To Extend Shelf Life Of Cooked Beef Products

CHICAGO, IL — As the number of new, ready-to-eat, ready-to-heat beef products increases, consumers will have convenience at their fingertips. And with convenience, issues like product freshness and stability attract the interests of both the scientist and the consumer.

In a checkoff-funded study, researchers at Texas A & M University may have found a new way to solve the problems of bacterial contamination, shelf stability and product freshness. By using a substance called sodium lactate, they have been able to improve color, flavor and freshness of cooked roast beef products.

Sodium lactate is the salt of the organic acid, lactic acid. Organic acids are used in the meat industry to control microbial growth on carcasses and retail meats. But little is known about the counterpart salts, like sodium lactate, and their effects on cooked meat products.

"Sodium lactate has been used in the bakery industry to decrease staleness in breads and cakes," said Dr. Rhonda Miller, Texas A & M University. "Its only use in the meat industry presently is for flavor enhancement and shelf-life extension, primarily in poultry products. But little is known about how it might further enhance a cooked beef product."

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