#### Estimated Daily Livestock Shipphter

Unter Federal Inspection

WED., 8/9/89 (EST)
WEEK AGO (EST)
YEAR AGO (ACT)
WEEK TO DATE (EST)
SAME PD LT WK (EST) SAME PD LT YR (ACT)



### (Continued from Page A3)

Acres Cattle Update: Live cattle and feeder cattle futures settled mixed today with the fats ending the day from 35 lower to 27 higher on the spot August option, while feeders settled from 3 lower on the March to 33 higher on the August. Front month support was tied to firmer cath fundamentals, notably heavy fed cattle movement yesterday at higher prices. An increase in cut-out values and expectations for further strength provided further support. Some sales were tied to rcial hedging. Feeders were higher on reports of higher prices paid at auction barns for replacement feeders. Some short covering was featured late in the session. CME PEBDER SETTLEMENT PRICE:

Aug. 7, 1989 - \$84.45 up \$ .10 NEXT DAY OUTLOOK: CASH PRICES steady FUTURES - steady

August 9, 1989 CATTLE CALVES HOGS SHEEP 125,000 9.000 314.000 23,000 125,000 9.000 307,000 22.000 127,000 10.000 305,000 20.000 365,000 25,000 906.000 63,000 369,000 24,000 \$89.000 60,000 371,000 31,000 894.000 57,000

> Acres Hog Update: Live hog futures settled lower today from \$.33/cwt on the spot option to as much as \$1.23/cwt on the April. Session long selling was tied to commission house fund minted transactions tied to long liquidation and weaker cash fundamentals, Reports of heavier than anticipatati receipts added further pressure along with sharply lower midday product quotes. The lack of deliveries posted against the August kept losses in that option at a minimum coupled with its discount to cash. Bellies were sharply lower as declining park product prices pressured along with expectations for larger supplies. New contract lows were set in the February through July options.

King's Hay Kirkwood, Pa. Tuesday, August 8, 1989 Report Supplied by Auction TOTAL LOADS: 29. ALFALFA: 131.00-199.00.

ALFALFA MIX: 125.00-146.00. GRASS HAY: 71.00. TIMOTHY AND TIMOTHY MIX 74.00-120.00. MIXED HAY: 50.00-119.00.

#### New Wilmington Livestock N. Wilmington, PA August 7, 1989

CATTLE 253 ... PDA ... Compared with last Monday's market: Slaughter cows \$1 to \$1.50 higher. Few Choice slaughter ers 70.00-73.00, one Select 67.50, Standard 55.50-63.50. One Choice al, heifer 68.00, one low yielding 64.75, one Select 61.00, few Standard 54.00-58, few low yielding 46.25. Breaking Utility & Commercial sl. cows 48.00-52.75, few 53.50-54.50, Cutter & Boning Utility 46.00-50.50, few high dressing 52.50, Canner & Low Custer 38.00-45.75, Shells down to 15.00. Yield Grade No. 1, 1325/2215 lbs. al. bulls 57.00-61.00, couple 64.504:65.25, one No. 2, 945 lbe. 55.00. Feeder Cattle: Few Medium & Large Frame No. 1, 280/415 lbs. steers 89.00-98.00, 600/930 lbs. 63.00-70.00, Medium & Large Frame No. 1, 400/675 Ibs. heifers 64.00-73.00, Large #2, 500/750 lbs. Holsteins 53.00-65.50. Large Frame No. 2, 550/900 lbs. Holstein bulls 52.00-65.00.

CALVES 275 ... Few Choice vealers 103.00-110.00, Standard & Good 90/120 lbs. 70.00-80.00, 65/85 lbs. 60.00-75.00,

## Utility 50/90 lbs. 30.00-42.00. Parm Calves: Hol. Bulls 90/135 ibs. 102:50-121, Ne. 2, down to \$6.00, \$0/85 lbs. 70.00-\$0.00; Hoi. Haifers 95/125 lbs. \$0.00-125.00. Beef cross \$0/125 lbs. bulls

& heifers \$0.00-144.00; HOGS 372...Barrows and gilts steady to strong. US No. 1-2 210/225 lbs. 46.00-46.75, 1-3 215/265 lbs. 45.50-46.25, 1-3 160/200 lbs. 36.50-42.50. Sows Boars

30.00-33.00. FEEDER PIGS 39 ... Lot US No. 1-3 20 lbs. feeder pigs 9.00, 40/60 lbs. 17.00-31.00 --- all per head.

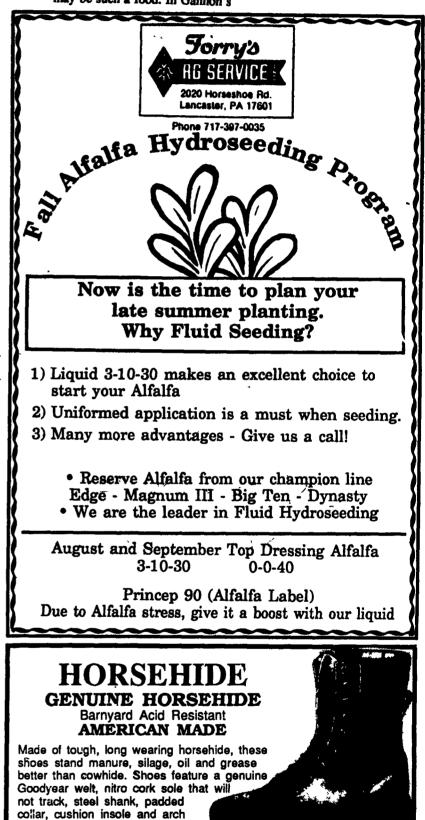
Lancaster Farming, Saturday, August 12, 1989-A17

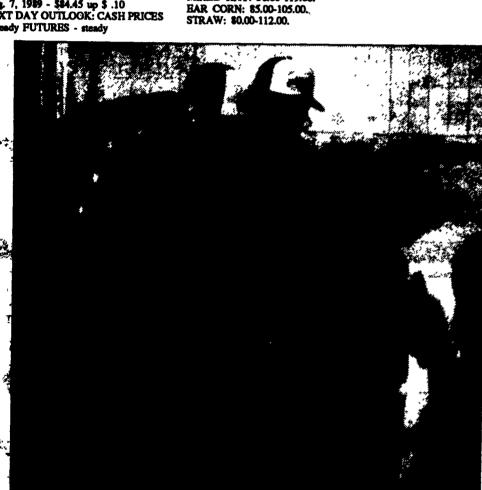
SHEEP 152.,.High Choice & Prime 80/100 lbs. spring sl. lambs 66.00-74.00, few 65/75 lbs. 78.00-84.00, Choice 65/95 lbs. 55.00-65.00; Good & Choice 55/85 lbs. feeder lambs 47.00-58.00. Slaughter ewes 6.00-24.00.

# Milk May Help Diabetics

ROSEMONT, IL. -- Drinking milk may help diabetics manage their blood-sugar levels, according to researcher Mary C. Gannon, Ph.D., at the VA Medical Center in Minneapolis. Since the goal in the treatment of adult-onset (Type I) diabetes is to prevent high glucose levels, preferably by dietary means, the best foods for diabetics may be those that increase blood insulin without causing a substantial rise in blood glucose. Milk may be such a food. In Gannon's

research, blood insulin was better (i.e., higher) after subjects consumed test "meals" consisting of milk compared with other meals of glucose in water or the milk sugar, lactose, in water. In another experiment, seven different highprotein meals were compared for their effects on blood insulin levels. The high-milk-protein meal (cottage cheese) was among the three most effective protein sources in raising insulin levels.





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